

The Neate Meet 2023

Held under Swim England Technical Rules - Level 3 Licence 3ER232039

Programme of Events



Friday 29th Sept | Session 1 Warm-up: 5.45pm Start: 6.50pm Est Fin: 8.45pm

Event No.	Female	Event No.	Male/Open
1	50m Backstroke	2	50m Backstroke
3	100m Breaststroke	4	100m Breaststroke
5	100m Freestyle	6	100m Freestyle

Saturday 30th Sept | Session 2 Warm-up: 12.15pm Start: 1.25pm Est Fin: 3pm

Event No.	Female	Event No.	Male/Open
7	50m Butterfly	8	100m Backstroke
9	100m Individual Medley	10	50m Breaststroke
11	50m Freestyle	12	100m Butterfly

Saturday 30th Sept | Session 3 Warm-up: 3.30pm Start: 4.40pm Est Fin: 6.15pm

Event No.	Female	Event No.	Male/Open
13	100m Backstroke	14	50m Butterfly
15	50m Breaststroke	16	100m Individual Medley
17	100m Butterfly	18	50m Freestyle

Sunday 1st Oct | Session 4 Warm-up: 11.30am Start: 12.25pm Est Fin: 2.30pm

Event No.	Female	Event No.	Male/Open
19	200m Individual Medley	20	200m Individual Medley
21	200m Butterfly	22	200m Butterfly
23	200m Backstroke	34	200m Backstroke
25	200m Breaststroke	26	200m Breaststroke
27	200m Freestyle	28	200m Freestyle

All timings are provisional and subject to confirmation