

Success at the National Masters

The final weekend of October saw a team of WSSC Masters swimmers head to Sheffield to compete in the Swim England Masters National Championships. The team celebrated individual success with Jake Thomas-Mansfield storming to gold in the 200m butterfly (18-24 age group) and claiming a stylish silver in the 100m event, pulling back to take the touch in second place after turning at the 50m mark in fourth place. Thomas Sarah (30-34 years) claimed a convincing bronze medal in the 200m breaststroke, nearly four seconds ahead of the fourth placed swimmer. Meanwhile, Myles Turner took a sensational gold in the 400m IM with a winning margin of 15 seconds over the next fastest time in the 18-24 age group and in the fastest time of the Championships. Myles also produced an impressive swim in the 200m freestyle and was unlucky to be pipped to fourth position.

Also just missing out on a medal were the quartet of Charles Whyte, Jake Thomas-Mansfield, Myles Turner and Thomas Sarah who took fifth place in the open 4 x 50m freestyle relay but brilliant bronze medal winning finishes in both the open 4 x 100m freestyle relay and the 4 x 100m medley relay, the latter beating the existing East Region record by 3 seconds.

The female 4 x 50m freestyle team of Molly Peacock, Charlotte White, Shannon Dalligan and Maya Harris were also tantalisingly close to a podium finish, taking fourth place in this event and fifth in the 4 x 100m freestyle relay. The foursome pulled out all of the stops for their 4 x 100m medley event, claiming a stunning silver medal with Charlotte leading out on backstroke, Maya taking the breaststroke leg, Molly the butterfly and Shannon bringing it home on freestyle with a near six second margin over the bronze medal winning team. The quartet also claimed bronze in the 4 x 50m medley relay.



Thomas Sarah, Jake Thomas-Mansfield, Shannon Dalligan, Charlotte White, Molly Peacock, Maya Harris, Myles Turner and Charles Whyte with some of their medals!

Charlotte and Shannon joined forces with Jake and Myles to beat the Royal Navy swim team and Nottingham Leander to the bronze medal in the mixed 4 x 50m medley relay, behind swimming titans Derby Excel and Portsmouth and were unlucky to miss a medal in the mixed 4 x 100m freestyle relay, finishing in fourth place (with Molly replacing Charlotte in this event).

Congratulations go to all of the athletes for their other individual swims, including Megan Cassidy who was swimming in the competitive 30-34 years age group.