Nearly 200 swimmers and their supporters converged on Bury St Edmunds Leisure Centre over the weekend of 20-22 September for West Suffolk Swimming Club's annual Neate Meet, named in honour of the late former WSSC President Don Neate.

Ninety-five WSSC swimmers were among the athletes racing over the weekend, with the coveted Don Neate Trophy (for the top home swimmer) going to 12 year old Sybil Andrews Academy pupil India Clement for an unprecedented second year in a row. India won twelve age group gold medals, one silver and two bronze medals over the weekend, with an impressive first place standing of 7837 points at the head of the girls' competition. Congratulation also go to Jason Dalope (13) who triumphed in the boys' competition with 5831 points from eight age group gold medals, six silvers and one bronze.



India Clement (top girl and winner of the Don Neate Trophy) and Jason Dalope (top boy)

Four WSSC swimmers have been selected to represent Suffolk at the annual Swim England National County Team Championships: Samuel Chamberlain, Elizabeth Wright, India Clement and Jason Dalope will head to Ponds Forge International Sports Centre in Sheffield to compete in this annual intercounty competition to be held on 6 October.