

Nine WSSC swimmers travelled to UEA Sportspark in Norwich on Saturday 8 June to compete in the Norfolk Masters Masters & Senior Age Group Short Course Meet, hosted by Swim England Norfolk.

The female relay team of Molly Peacock (22), Shannon Dalligan (23), Maya Harris (29) and Phoebe Mousley-Hastings (21) swam magnificently to take the silver medal in both the 100m medley relay and the 100m freestyle relay, pipped by an impressive team from City of Norwich Swimming Club in both events.



Shannon Dalligan, Molly Peacock, Phoebe Mousley-Hastings and Maya Harris

There were individual medals too, with Shannon Dalligan striking silver in the 100m individual medley (senior age group – 18-24 years), ahead of Molly Peacock in fourth place and Phoebe Mousley-Hastings in eighth. Megan Cassidy (30) won a super silver in the 30-34 years category. In the open seniors 100m IM event and in a strong field, Sam Wortley (23) and Harry Smart (22) took fourth and fifth place respectively.

Megan Cassidy went one better in the 50m butterfly race, claiming gold in this event, with Molly Peacock finishing in fifth place in the seniors. Harry Smart took the bronze medal in the open senior class, just ahead of Ciaran Riches (21) in fourth place.

Molly Peacock was unlucky to complete the 50m freestyle female senior event just 0.01 seconds off the medals in fourth place, with Phoebe Mousley-Hastings in a creditable seventh place. Maya Harris claimed silver in the 25-29 years category. In the open 50m freestyle event, Ciaran Riches and Alistair Peagram (46) were unlucky to be beaten into fourth place in their respective competitions, with Sam Wortley and Harry Smart coming sixth and seventh in the senior age group.

The 50m backstroke brought silver success for both Alistair Peagram and Molly Peacock, with Phoebe Mousley-Hastings two spots behind in fourth place and the 50m breaststroke helped the team to add another silver and bronze to their tally, with silver for Maya Harris and bronze for Harry Smart. Molly Peacock rounded off a successful meet with bronze in the 100m freestyle.

Molly and Shannon both qualified for the Skins competition as two of the fastest eight female competitors, with Molly finishing in fourth place. Sam Wortley also did well to qualify for the open Skins competition.



Harry Smart, Molly Peacock, Shannon Dalligan, Sam Wortley, Alistair Peagram, Maya Harris and Phoebe Mousley-Hastings