



Code of Conduct for Swimmers

As a member of Repton Swimming we understand you have the right to:

- Enjoy the time you spend with us and know that you are safe.
- Be told who you can talk to if something is not right.
- Be listened to.
- Be involved and contribute towards decisions within the club or activity.
- Be respected by us and other team members and be treated fairly.
- Feel welcomed, valued and not judged based on your race, gender, sexuality, faith or ability.
- Be encouraged and develop your swimming, para-swimming and open water swimming skills with our help and support.
- Be looked after if there is an accident or injury and have your parents / guardians and houseparents (if a Repton Pupil) informed.

As a member of Repton Swimming we expect you to:

General Behaviour

- Help make our swimming club a fun, happy and welcoming place to be.
- Treat all people with due dignity and respect.
- Treat everyone equally and never discriminate against another person on any grounds including that of age, sexual orientation, gender, faith, ethnic origin or nationality or ability.
- Understand that the use of inappropriate or abusive language, bullying, harassment, or physical violence will not be tolerated and could result in action being taken through the disciplinary or child welfare policies. Any behaviour which may be a criminal offence will be reported to the police by the club.
- Display a high standard of behaviour at all times.
- Always report any poor behaviour by others to an appropriate officer or member of staff.
- Recognise and celebrate the good performance and success of fellow club and team members, and be there for them when they are struggling.
- Respect the privacy of others, especially in the use of changing facilities.
- Not use any device in the changing rooms or cubicles at any venue, home or away. Repton Swimming has a zero tolerance approach to the misuse of devices in changing rooms, cubicles and on the poolside (see Changing Room Policy).
- Not use any device taking photographs or footage of yourself or others either in the changing rooms, over or under cubicles, or on poolside. This is particularly relevant in situations where the subject of any image or video is not aware of the image or video being taken.
- Report any concerns I have about others taking photographs or footage of others in the changing rooms, cubicles or poolside.
- Recognise that as a member of Repton Swimming you have a responsibility to represent the club with the highest standards of conduct throughout your time in the club, including in any written or

- electronic communication. These standards extend to your relationships with peers and those in positions of responsibility.

Training

- Treat your coach and fellow members with respect.
- Make your coach aware if you have difficulties in attending training sessions as per the rules laid down for my squad.
- Arrive in good time on poolside before the training session starts to complete poolside warm up as directed by your coach.
- Understand that if you arrive late, you must report to my coach before entering the pool.
- Ensure that you have all of my equipment with you, e.g. paddles, kick boards, hats, goggles, etc.
- Inform your coach before leaving the pool for any reason during training.
- Listen to what your coach is telling you at all times and obey any instructions given.
- Always swim to the wall as you would do in a race, and practice turns as instructed.
- Not stop and stand in the lane or obstruct others from completing their training.
- Not pull on the ropes as this may injure other members.
- Not skip lengths or sets – to do so means you would only be cheating yourself.
- Think about what you are doing during training, and if you have any problems, you will discuss them with your coach at an appropriate time.
- Report any problems with the behaviour of fellow members at the time to an appropriate adult.

Competitions

- Always behave in a manner that shows respect to your coach, officers, teammates, officials and volunteers and the members of all competing organisations, whether the competition is an open meet, national event or club gala.
- Understand that I will be required to attend events and galas that the Chief Coach has entered/selected me for, unless agreed otherwise by prior arrangement with the relevant official and coach.
- Understand that I must wear appropriate swimwear, tracksuits, T-shirts / shorts and hats as per the rules laid down by the organisation.
- Report to my coach and/or team manager on arrival on poolside.
- Warm up before the event as directed by the coach in charge on that day and ensure you are fully prepared for the race.
- To be part of the team. This means you will stay with the team on poolside.
- Inform and in some cases get the consent of the team manager / coach if I have to leave poolside for any reason.
- Report to your coach for feedback after your race.
- Support your teammates. Everyone likes to be supported and they will be supporting you in return.
- Swim down after the race if possible, as advised by your coach.
- Behave appropriately and respectfully to other users in the swim down facility.
- Never leave an event until either the gala is complete, or you have the explicit agreement of the coach or team manager.



Breaches of this Code of Conduct may result in disciplinary action being taken against you by the club committee.

Signature of swimmer:

Signature of parent / guardian:

Date:

Version Control:

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