

Additional Club Rules/Policies

This document outlines Seagulls Swimming Club's additional rules and policies for all members, staff, volunteers, parents, guardians or third parties providing services to the Club when involved or associated with Club activities. These rules supplement the existing Club Constitution and all Club & Swim England policies.

Club Rules

Consumption of alcohol is totally forbidden for athletes' underage as defined by UK law. It must not be consumed by swimmers, staff, volunteer members, or accompanying parents/guardians whilst en route, before, during, or following a competition event, training camp, or team activity without the specific consent of the Team Manager.

Smoking and vaping are prohibited by swimmers, volunteers and staff whilst en route, before, during or following a competition event, training session or team activity.

Illegal and performance-enhancing drugs and substances are strictly forbidden. Swimmers are expected to be aware of the current list of banned substances, and particular care must be exercised if anyone is on medication before or during an event.

Illegal drugs and substances: The use of these, even though they may not appear on the official banned list in respect of performance-enhancing drugs, is nonetheless prohibited.

Medication: It is important that the information on all medication being currently taken or allergies to medication should be reported to the membership secretary, who will report it to the relevant personnel on a need-to-know basis.

Failure to comply with these rules could result in disciplinary action, as defined in the relevant code of conduct, available from the Club Documents section of the Seagulls website.

In the event of any inconsistency, conflict or ambiguity as to the rules above and any ancillary document in use by the Club, the above rules shall control and supersede any such inconsistency, conflict or ambiguity.

Please direct any questions or concerns about these rules to the Club Secretary.