

Head Coach Report
2021-2022 Swimming Season
AGM 2020- 23rd September 2021

Welcome

Welcome to the 2022 Leatherhead Swimming Club AGM. This is my final Head Coach report and the end of an incredible 13 years at Leatherhead Swimming Club. I could not be prouder of everything that the team achieved during my time at the club and feel very secure that the club is now under the expert guidance of Stuart McCrea as the new Head Coach.

Again, this year has shown what a strong team we are and what we can do together. I'm immensely proud to have been the Head Coach of Leatherhead Swimming club for the 2021/2022 season.

Please remember that as it is very important for the future of the club that we continue to have a club membership that gets involved and is an active part of driving the club forward. We are a club that is moving forward at a good pace, improving year after year. You are our biggest salesman out there!!

I will now outline the success that we have had over the year, both in and out of the pool.

Winter Nationals and Winter Regionals

We had 14 swimmers representing the club at Southeast Winter Regionals.

We had 8 swimmers representing the club at Winter Nationals 2021 it was an exciting start to the National events and great to be back competing in Sheffield

Open Meets in 2021/2022 season

The club attended various open meets through the season. As always it was great to see the positive attitude with the swimmers. The focus has been on process and ensuring that the swimmers bring the skills from the training pool into the racing pool.

Surrey Championships 2022

At the Surreys we can away with an impressive 57 medals that included 8 golds, 27 silver and 22 bronze. As well as coming third overall on the points table (behind Guildford and Woking).

What was most impressive was the attitude of the swimmers during the competition.

Southeast Regional Champs

Another successful year for the club. We picked up an impressive 16 medals over the championships. Only 9 clubs had a bigger overall medal haul.

Summers Nationals

It was great to have a strong representation at both British Summer Nationals as well home nation nationals. Many thanks to Clare Barras who did a fantastic write up for the event. (Stuart read through Clare's report)

British Nationals

A number of top 10 finishes our swimmers. Leila F in the 1500 free, and the 200 fly. Dominic in both the 100 and 200 fly

2 thrilling freestyle relays qualify, one in the Women's 17+yrs made up of Libby, Leila, Charlotte & Jess and one in the Men's 14/16yrs consisting of Noah & Jacob, Seb & Justin (a shoutout to Luke for helping the team to qualify)

Other notable swims came from Justin C in 100 fly and Lauren B in 200 fly, both competing in their first British championships, and Libby H in 100 free, her last outing for LSC after a brilliant career at the club before she leaves for university next season.

English Summer Nationals

Anna raced 5 finals, in 100 fly, 200IM, 50 breast, finishing off with an amazing GOLD in 50 fly

Not to be outdone there were also GOLDS for Dominic M and Sophie K, both in 50 back

Justin and Noah P hit new PBs in 400 IM and 200 back respectively with further strong performances from Lauren B in 100 free. All of which, competing in their first ever nationals

Welsh Summer Nationals

Seb H achieved SILVERs in both 200 fly and 400 free. Great PBs from Elis in the 100 & 200 breast, 200 free & 400 IM. Lucas in all the Breaststroke distances, 100, 200 free and 50 back. And more PBs with Ethan in 100 & 200 breast

Irish Summer Nationals

Across the Irish sea, Lara took part in her first ever National Competition with top 10 finishes in 50 free and 200 back and a strong performance in her 100 back

Academy

The last couple of years have opened some real opportunities for Club including more pool time. Fantastic support of the committee has allowed us to take on more pool time and expand our club program. I'm excited that we now offer more opportunities for more swimmers with more time.

We have really settled down into pool at St John's and the Academy is going from strength to strength

Team Selections

Dominic Morgan- Selected for SE National Event Camp

Justin Christie- Selected for SE National Event Camp

Ami Jones and Alex Young- Selected for the Regional Program

New Coaches

Welcome Lorna Flower as our new Development 1 coach

Growth of the club

We now sit at close to 400 members in the club. Good growth of swim Academy swimmers in the Academy. Big thanks to Lucy Ford for all her work with the trials

The start of the 2022/2023 Season

Well, it has only been a few weeks, but it is great to hear from swimmers how positive it has started. Stuart is doing a great job as Head Coach, and I am pleased to see that the strong coaching team is growing.

Future Development

- To continue to develop the club squad/Masters and Academy
- To continue to give coaches the chance to grow
- To establish more links in the community
- Develop more competitions run for the club
- To develop camps for squads below the top squads
- To continue to develop the coaching team and expanding
- To continue to develop the club workforce (officials etc)

Personal Highlights

It has been great to be back to 'normal'. The results at Summers Nationals this year were really positive, and it was great to see how swimmers stepped up over the season. The Leatherhead Open this year was also great and really had a team feel. Knowing that the club is in good hands is always a good feeling as well.

Thanks

I would like to take the opportunity to thank a few people. Firstly, the rest of the coaching staff for the hard work that they put in to all the training sessions and at competitions. The committee, for all the unseen work that is put in behind the scenes to keep the club up and

running, my wife and family for putting up with swimming talk 24/7 and finally all the swimmers for putting in all the hours of hard work and making my job as Head coach enjoyable and rewarding.

I would like to say an extra thanks for all the kind gifts and cards that I received from Leatherhead Swimming Club. It has been an amazing thirteen years and Leatherhead will always hold a special place in my heart.