





12 September 2025



Please do take the time to read the whole newsletter so that you don't miss any important notices relevant to your swimmer - especially training time changes highlighted in RED



County Relays

Good Luck to our Relay Teams competing at Dover Leisure Centre on Sunday. Live Results here: Results



MONSON CLUB KIT

We were hoping to be in a position to have new kit ready to order for the start of the new season. Unfortunately we have experienced delays in decision making, due to a number of factors including supply issues with one company, that has led us to consider if this option remains viable.

We will keep members updated, but intend to have kit in place by January 2026



CLUB AWARDS NIGHT

We are looking forward to welcoming you at the awards night this evening - Friday 12th September at the Masonic Hall on St. John's Road, Tunbridge Wells.

Arrive 7pm for a 7.30pm start. There is plenty of parking (free) and a bar, where members can buy their own drinks.

What to wear - You can wear what you like, dress up and sparkle or casual, it's your choice as there is no dress code.

After the awards there will be a disco so the swimmers can enjoy their event, whilst parents can chat. The evening goes on as long as you wish, but most are heading off by 11pm.

Are you willing to help set up tables or help clear up at the end, we would welcome the help.

Don't forget to bring a "tupperware" box, so you can take some left overs with you at the end of the night!



Performance Pathway Selections 2025-2026

Congratulations to the following swimmers who have been selected for County, Regional and National Performance Pathways. Well done to all of those selected!



Kent County Development Pathway



Jax Marshall

Joe Broyden Prior

Safia Chaturverdi





South East Regional Development Pathway



Gabriel Marsh

Gabriel had his first camp last Sunday at Cobham, Surrey.

Gabriel says "I thought it was a good day. I learnt about the importance of warm up before training and race days. We also talked about mindset and how to move on if a race doesn't go as you want. I am grateful for the experience."



National Youth Development Pathway



Olivia Quiller
Julia Elvidge
Bella Jones



DiSE – Diploma in Sporting Excellence

Maddie Hind





National Youth Performance Squad



Amalie Smith
Imogen Myles





DiSE – Year 2 Swimmers

Jess and Aubry attended a day in Manchester last weekend with DiSE (Diploma in Sporting Excellence) for athletes aged 16-18. It is funded by Sport England and managed by SportsAid. It is open to the following aquatic sports:

Swimming, Artistic Swimming, Water Polo & Diving

Applications usually open in the summer, to start in the Autumn of each year.

Jess and Aubry in our performance squad are now in year two of the programme.

'On Saturday we went up to Manchester to spend the day listening to talks about careers and finance as part of the DiSE programme. This included post 18 years options, how to manage finances with a monthly budget and listening to athletes who had already gone through this to tell us about their own experiences. It was a really useful day and I now feel that I have a better idea of how to plan the next few years, especially being able to balance swimming with university life and student loans. We also covered a bit on writing personal statements and researching potential career paths. This included listing skills that would benefit our future aspirations, and how to write and talk about these in our personal statements to give us the best chance at receiving offers from our top universities.'

Jess Gable

'As part of the DiSE programme, I had a great opportunity to swim at the Manchester Aquatics Centre alongside the Loughborough Performance team. It was an excellent session where I focused on improving and refining small technical details that can make a big difference in performance. I also had a brilliant tour of the University campus, where I learned about top swimmers like Jaime Ingram and Ed Mildred, gaining insight into their journeys and achievements. The visit provided valuable information about the UCAS application process and gave me a better understanding of how university swimmers successfully balance their academic studies with high-performance training.'

Aubry Amada Bennett





Swim England Club Affiliation

The committee is pleased to announce the successful completion of our annual club affiliation. Swim England Club Affiliation is a formal process where clubs demonstrate they meet high standards of safety, governance, and effective practice to operate as a Swim England affiliated club. This annual process involves submitting evidence of things like <u>risk assessments</u> and welfare officer training to ensure clubs are well-run, personnel are appropriately checked, and members can train and compete safely. Affiliation offers benefits such as insurance, training opportunities, and access to Swim England's resources and programmes



Edward G Maples Memorial Trophy 2025

Please submit a nomination for the Edward G Maples Memorial Trophy 2025 to Kent Swimming

This is your chance to nominate someone in your club who regularly goes beyond the call of duty. For more information and to make a nomination, use this <u>link</u>

Last year's recipient was our very own Club President, Mark Leman in recognition of his contributions and commitment to swimming!



New Role - Administrator

Administrator - A new role is being established on a self-employed employed basis. This role will support the Treasurer, chair, and head coach.

We expect we will need 10 hours a week and, as a minimum, to work a few hours on Mondays, Wednesdays and Fridays. This is a remote position.

If you would like to find out more please contact Jan Annan



Sprint with the Stars - LAC

Last Sunday some of our swimmers took part in the Sprint with the Stars at the London Aquatic Centre, accompanied by Coach Paddy and TM Nichola Evans. This is an exciting event where swimmers can meet and compete with their favourite swimming superstars! The following swimmers competed - (f) denotes top 10 finish

Billie Ballach : 50Fr(f), 50Fly(Gold), 50Br(Bronze)

Eleanor Godbold: 50Fr

Felicity Thompson: 50Bk(f), 50Fr(f)

Harper Joyce: 50Bk (f), 50Fr(f), 50mBr(f)

Isabella Watmough: 50Fr, 50Br(f)

Jasper Yau : 50Bk(f), 50Fr, 50Fly(f), 50Br(f)

Jax Marshall: 50Bk, 50Fly(f)

Jessica Evans: 50Bk (f), 50Fr(f), 50Fly

Joshua Allan: 50Fly, 50Br(f)

Joseph Bryson Prior: 50Fly(f), 50Br(f)

Julia Elvidge: 50Fr(Gold), 50Fly (Silver)

Matilda Palmer: 50Fr(f)

Sophia lovtcheva: 50Bk (f), 50Fr(f), 50Br(Bronze)

Thomas Stanway: 50Bk, 50Fr, 50Fly, 50Br

William Coles: 50Fr(f), 50Br(f)











Monson AGM

Please note the following details for this year's Monson Annual General Meeting, all members are welcome and more details will follow

AGM Date: Tuesday, 25th November 2025 @7:30

Location: TSC, Tonbridge School Centre @The View



Officials Sign Up & Training Courses

Please see below the links for Officials sign up for the following events

Saturday 18th October - Autumn Blast - Autumn Blast

Sunday 12th October - CC 800m - Club Champs 800m

Tuesday 18th November - CC 1500m - Club Champs 1500m

Sat 22nd/Sun 23rd/ Sat 29th/Sun 30th November - Club Champs - Club Champs

New training sessions have been organised for officials to further their qualifications:

- **J2** Please email <u>matthieu.huille@kentswimming.orq</u> to secure a space on the session:
- * For those starting a new journey as a J2 -Tuesday 30th September 7:00pm to 9:00pm

Eric Liddell Sports Centre - SE9 4QF - and please also register via Sign Up

* For those who have already completed the first session of J2 - Tuesday 23rd September 7:00pm to 9:00pm

Eric Liddell Sports Centre - SE9 4QF

J2S - Please email <u>john.burdett@kentswimming.org</u> to secure a space on the session:

* For those starting a new journey as a J2S - Monday 15th September 7:00pm to 9.00pm

Medway Park - ME7 1HF

* For those who have already completed the first session of J2S - Wednesday 10th September 7:00pm to 9:00pm

Medway Park - ME7 1HF

If you have any questions or queries, or just want to let us know that you have signed up then please email <u>Kate Elliott</u>



Monson Club Records

We are pleased to confirm that the long course and short course club records for 2024 have been updated and are now available to view on our Monson Website

Our apologies that these have been published later than planned.

Please note, these are for records achieved in the calendar year 2024, any records broken in 2025 will be updated and published in January 2026. If you have any queries or notice any inaccuracies, please email Paul Gable

Well done to all those swimmers who broke records in 2024, some of which have stood for many years!



Swim England Winter Nationals 2025

The event information and qualifying times for the Swim England Short Course Winter Nationals to be held 11-14 December 2025 at Ponds Forge in Sheffield are now available. Please use the following links:

Event Information

Qualifying Times

Draft Schedule



Winter Short Course Regionals 2025

The 2025 Short Course Championships will be held at Winchester Sports & Leisure Park over the weekend of 1st / 2nd November 2025. The event information and qualifying times are as follows:

Schedule of Events

Qualifying Times

Conditions (provisional)



IMPORTANT - PLEASE NOTE: PERSONAL PROPERTY

Regrettably we have had an incident where a swimmer has had some of their belongings taken from a changing room, so please do remind your swimmers to look after their belongings

This is a reminder to all our members, to please leave valuables at home or leave with parents when in the pool.

When swimming at our pools and especially the public pools, please use lockers available and secure the lockers as, unfortunately, neither the pools nor the club cannot be responsible for any losses or damage to personal belongings.



Aquatics GB

Race to Recycle Programme

Aquatics GB have launched an initiative to recycle racing suits to support athletes and reinforce their commitment to sustainability.

Athletes can donate pre-loved racing suits at selected Aquatics GB events which are then recycled and redistributed to athletes who may otherwise struggle to afford them

For more information please use the following link: Race to Recycle

The eligibility criteria for applying for a pre loved race suit is here: Eligibility



Monson OneTeam Hours

A gentle reminder that our OneTeam policy asks all families with a swimmer in a competitive squad to complete 6 hrs of volunteer time in a calendar year to avoid incurring the charge set out in the OneTeam Initiative.

Please don't forget to log your volunteering hours using the following link: OneTeam

If anyone is unsure how this scheme works please do get in touch with our membership secretary

Upcoming Timetable Changes

12th September – No evening Training due to Awards Night

14th September - Age Group 3 moved to 15.30-17.00 Somerhill

14th September - Development moved to KC 17.30 - 19.00

15th September - AG1 19.30-21.00 moving to KC

Easy Fundraising – www.easyfundraising.co.uk

We are always looking for ways to raise money for our cub and this way is simple. Please follow the link below to register, every time you shop online/via the easy fundraising app a donation is made to Monson, whether it's a £5 purchase and we get 1p, or if you buy car insurance through compare the market and we get a £12.30 donation.

It doesn't cost you anymore than your purchase and the retailers, who range from Amazon, Ebay, Halfords, M & S and 100's more provide the donation.

Easy Fundraising

Every person that registers via this link, Monson get a £5 so please share it around to aunts and uncles, grandparents etc it really does all make a huge difference to our club.

CLUB CONTACTS

In order to streamline communication, please use the following email addresses.

NEWSLETTER ITEMS

If you would like to add anything to the newsletter, please email monsonnewsletter@gmail.com. Please ensure that any content is received by midday Thursday for inclusion in that week's newsletter

For any coaching related queries:

Performance & Junior Performance - Karen Bradbury

Age Group 1 – Richard Smith

Age Group 2 - TBC

Age Group 3 - Alex Counsell

Development - Della Clout

Academy 1 & 2 - Sarah Williams

Youth Squad 1 - Richard Smith

Youth Squad 2 - Vicky Turton

Junior Squad 1 - Jan Annan

Junior Squad 2 - Jan Annan

Water Polo - Tim Price

For any other queries

General Club enquiries - Sueli Armada Bennett

Membership - Amanthi Tollit

Billing & Finances – Ala El-Kour

Kit - TBC

Hats - Rhodri Joyce

Event Hats - Kerryn Smith

Officials - Kate Elliott

Welfare - Jessica Nightingale-Ellis

Galas - Lorna Wright

Social Media - Ellie Lott

Newsletter - Diana Hind

Website - Julia Walmsley

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