



22 August 2025



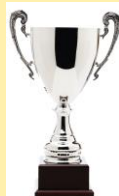
RTW monson NEWSLETTER

Please do take the time to read the whole newsletter so that you don't miss any important notices relevant to your swimmer - especially training time changes highlighted in **RED**



WELCOME BACK!

Hope you all had a wonderful summer break



AWARDS NIGHT - Friday 12th Sept

Masonic Hall, St Johns Road

Tickets are now available for Monson Awards Night via the following link: [Tickets](#)

There is no charge, this is used to gauge numbers, so please do sign up if you are planning on attending

If you have pictures to share for our slideshow please contact [Mark](#) (please don't just send pictures, contact him first)



WORLD
AQUATICS

World Junior Championships 2025



Amalie Smith got off to a flying start in the World Aquatics Junior Champs this week, securing her place in the final for the 400IM, a sensational breaststroke leg drew her up the field into second position and after a nail biting final 50 she took the silver medal in a new PB time which also places her 4th on the GB all time rankings

Amalie swims again on Friday where she will take on the 200IM – best of luck for this event

Congratulations Amalie!



Aquatics GB Next Gen Championships 2025

Aquatics GB





An amazing week of racing saw our swimmers fight hard and swim many PBs against the best swimmers in the Country, the following were our medallists and finalists:

Amalie Smith – 100m Back (Gold), 400m Free (Bronze), 200m Free (Gold), 50 Back (Gold)

Bella Jones – 400m Free (9th), 200m Free (4th), 100m Free (4th)

Callie-Ann Warrington – 50m Free (Gold), 400m Free (6th), 100m Fly (4th), 100m Free (Silver)

Chengze Duan - 100m Fly (9th), 50m Fly (5th)

Emilia Oliver – 200m Br (7th)

Hayden Annan - 200m Free (Gold), 800m Free (4th), 100m Free (6th), 400m Free (Gold)

Julia Elvidge – 100m Back (Silver), 200m Back (Gold)

Maddie Hind – 50m Fly (5th), 100m Fly (4th)

Olivia Quiller – 100m Br (Bronze), 200m Br (Gold)

Women's 14-16 Relay Teams

Amalie Smith, Bella Jones, Lilly Deller, Maddie Hind - 4x100m Free (Silver) – New SE Regional Record

4x200m Free (Gold) – New SE Regional Record

Amalie Smith, Bella Jones, Julia Elvidge, Maddie Hind - 4x100m Medley (Bronze) – New SE Regional Record

A special mention goes to head coach Karen who was nominated coach of the day and was interviewed for the live stream! Thanks also to Richard for his support and encouragement and also to the team of swimmers who unwaveringly supported each other throughout the week which was just fantastic to see #teammonson



Following on from the successes at GB Next Gen Champs, English Nationals didn't disappoint!

Monson swimmers were on fine form once again and performed brilliantly under the pressure of the national competition spotlight

Many congratulations to all of our swimmers who competed, the following were our finalists and medallists:

Aubry Armada Bennett	400IM (Silver)
Chloe Edwards	100m Back (7 th)
Joshua Hill	50m Back (Silver), 100m Back (Silver), 200m Back (Silver)
Julia Elvidge	400m Free (Gold)
Lilly Deller	50m Fly (6 th), 100m Fly (Bronze)
Maddie Hind	100m Free (6 th)
Olivia Cooley	50m Br (5 th)
Olivia Quiller	800m Free (10 th)
Reese Huckle	100m Fly (4 th)

Special mention goes to Billie Marie Ballach who entered a swim off for reserve position in the 200m Breaststroke final and absolutely smashed her PB achieving a time that would have seen her straight into the final! Fantastic achievement in her first nationals competition

A huge shout out goes to all of the parents who supported not only their swimmers, but all of the competing Monson swimmers – we definitely had the loudest supporters!

Thanks also go to Karen and Richard for their continuing support and encouragement throughout both weeks



Welsh Nationals 2025 – Freddie Martin-Young



Congratulations to Freddie who qualified to compete at the Welsh Nationals over the summer.

Freddie swam well in the heats to secure his place in the 100m Backstroke final where he placed fourth with a fabulous new PB time

Well done Freddie!



Zoe has just wrapped up a busy but unforgettable five-day run at the National Aquatics Championships 2025 in Sri Lanka — her first year competing in the senior open age group.

In this championship, swimmers can enter a maximum of five individual events, no matter how many they qualify for. The shorter races — 50m, 100m, and 200m — are decided over heats in the morning and finals in the evening, while the 400m and longer distances are settled in a single heat-declared-winner format. At 14 years old, Zoe will have been one of the youngest competitions in the senior age group, facing off against national record holders and members of the Sri Lankan national team.

She fought hard against tough competition to secure top 3 placing in all 5 individual events with silver medals in the 50m Breaststroke, 200m IM, and 400m IM and bronze medals in the 100m and 200m Breaststroke.

Zoe was also fortunate to be invited to join the relay squads for her club in Sri Lanka where she added a gold medal and two more silvers to her collection.

From prelims in the 30°C+ daytime sessions to finals under floodlights over 5 days, Zoe's first senior championship was a fantastic learning opportunity and a lot of fun! Congratulations Zoe!

Congratulations to CJ who competed at the Irish Nationals over the summer.

Swimming in multiple events, CJ qualified for finals in both the 50m free and 100m free

He also swam a huge 2 second PB in the 100m fly and raced in the 200IM and 200m free

Well done CJ!



Tonbridge Summer Holiday Swimming Festival 2025





On Sunday 20th July the Tonbridge Summer Festival of Swimming, which took place at Tonbridge Swimming Pool, was an opportunity for our younger swimmers to shine

Braving the heat of the summer sun our swimmers all performed fantastically, with many swimmers earning multiple medals and PBs achieved

Huge thanks to the officials, volunteers and parents for all of their support and encouragement and a special shout out to Lorna for being our official event photographer!



Hayden Annan – Virginia Tech



Good Luck to Hayden as he flies off to the USA to start a new adventure at the Virginia Tech University. Hayden has been at Monson since he was 8 years old and in this time he has represented the club at a county, regional, national and international level winning many age group championships. Most recently Hayden was selected to represent Great Britain at the European Juniors which was an amazing achievement.

Hayden has been our club captain this year and always been a fantastic role model and ambassador for our club. I am extremely proud of the young man you have become and your swimming hasn't been too bad either. I know the whole team will miss you but we are all excited to follow your progress and look forward to seeing you in December!!



Officials Sign Up

Please see below the links for Officials sign up for the following events

Saturday 18th October - Autumn Blast - [Autumn Blast](#)

Sunday 12th October - CC 800m - [Club Champs 800m](#)

Tuesday 18th November - CC 1500m - [Club Champs 1500m](#)

Sat 22nd/Sun 23rd/ Sat 29th/Sun 30th November - Club Champs - [Club Champs](#)

Please sign up as soon as possible to aid organisation of these important events – Many Thanks



Monson Club Records

We are pleased to confirm that the long course and short course club records for 2024 have been updated and are now available to view on our Monson [Website](#)

Our apologies that these have been published later than planned.

Please note, these are for records achieved in the calendar year 2024, any records broken in 2025 will be updated and published in January 2026. If you have any queries or notice any inaccuracies, please email [Paul Gable](#)

Well done to all those swimmers who broke records in 2024, some of which have stood for many years!



Swim England Winter Nationals 2025

The event information and qualifying times for the Swim England Short Course Winter Nationals to be held 11-14 December 2025 at Ponds Forge in Sheffield are now available. Please use the following links:

[Event Information](#)

[Qualifying Times](#)

[Draft Schedule](#)



Winter Short Course Regionals 2025

The 2025 Short Course Championships will be held at Winchester Sports & Leisure Park over the weekend of 1st / 2nd November 2025. The event information and qualifying times are as follows:

[Schedule of Events](#)

[Qualifying Times](#)

[Conditions \(provisional\)](#)

Young Volunteer Programme

Are you interested in volunteering within your club, to learn new skills and support your club?

The South East Region's Young Volunteer Programme is starting this September and we are looking for clubs and young volunteers, aged 14-18 that want to get involved.

Contact [Kate Hutchinson](#) for more information about the programme and how you can get involved.



IMPORTANT - PLEASE NOTE: PERSONAL PROPERTY

Regrettably we have had an incident where a swimmer has had some of their belongings taken from a changing room, so please do remind your swimmers to look after their belongings

This is a reminder to all our members, to please leave valuables at home or leave with parents when in the pool.

When swimming at our pools and especially the public pools, please use lockers available and secure the lockers as, unfortunately, neither the pools nor the club can be responsible for any losses or damage to personal belongings.



Aquatics GB

Race to Recycle Programme

Aquatics GB have launched an initiative to recycle racing suits to support athletes and reinforce their commitment to sustainability.

Athletes can donate pre-loved racing suits at selected Aquatics GB events which are then recycled and redistributed to athletes who may otherwise struggle to afford them

For more information please use the following link: [Race to Recycle](#)

The eligibility criteria for applying for a pre loved race suit is here: [Eligibility](#)



Monson OneTeam Hours

A gentle reminder that our OneTeam policy asks all families with a swimmer in a competitive squad to complete 6 hrs of volunteer time in a calendar year to avoid incurring the charge set out in the OneTeam Initiative.

Please don't forget to log your volunteering hours using the following link: [OneTeam](#)

If anyone is unsure how this scheme works please do get in touch with our [membership secretary](#)

Upcoming Timetable Changes

Summer Timetable applies 18-31 August

Easy Fundraising – www.easyfundraising.co.uk

We are always looking for ways to raise money for our club and this way is simple. Please follow the link below to register, every time you shop online/via the easy fundraising app a donation is made to Monson, whether it's a £5 purchase and we get 1p, or if you buy car insurance through compare the market and we get a £12.30 donation.

It doesn't cost you anymore than your purchase and the retailers, who range from Amazon, Ebay, Halfords, M & S and 100's more provide the donation.

Easy Fundraising

Every person that registers via this link, Monson get a £5 so please share it around to aunts and uncles, grandparents etc it really does all make a huge difference to our club.

CLUB CONTACTS

In order to streamline communication, please use the following email addresses.

NEWSLETTER ITEMS

If you would like to add anything to the newsletter, please email monsonnewsletter@gmail.com. Please ensure that any content is received by midday Thursday for inclusion in that week's newsletter

For any coaching related queries:

Performance & Junior Performance -
[Karen Bradbury](#)

Age Group 1 – [Richard Smith](#)

Age Group 2 - TBC

Age Group 3 - [Alex Counsell](#)

Development - [Della Clout](#)

Academy 1 & 2 - [Sarah Williams](#)

Youth Squad 1 - [Richard Smith](#)

Youth Squad 2 - [Vicky Turton](#)

Junior Squad 1 - [Jan Annan](#)

Junior Squad 2 - [Jan Annan](#)

Water Polo - [Tim Price](#)

For any other queries

General Club enquiries - [Sueli Armada Bennett](#)

Membership - [Amanthi Tollit](#)

Billing & Finances – [Ala El-Kour](#)

Kit - TBC

Hats - [Rhodri Joyce](#)

Event Hats - [Kerryn Smith](#)

Officials - [Kate Elliott](#)

Welfare - [Jessica Nightingale-Ellis](#)

Galas - [Lorna Wright](#)

Social Media - [Ellie Lott](#)

Newsletter – [Diana Hind](#)

Website - [Julia Walmsley](#)

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