





24 October 2025



Please do take the time to read the whole newsletter so that you don't miss any important notices relevant to your swimmer - especially training time changes highlighted in RED

Good Luck to our swimmers competing at the Kent Junior Meet this weekend



Monson AGM

Please note the following details for this year's Monson Annual General Meeting, all members are welcome

AGM Date: Tuesday, 25th November 2025 @7:30

Location: TSC, Tonbridge School Centre @The View



IMPORTANT – PLEASE READ

Due to a number of other events taking place on the same weekend, it was proving difficult to find officials for the Autumn Blast. As this is an event aimed at our younger, novice swimmers it means that we don't yet have many officials amongst those parents. It was made even more difficult by the visiting clubs being unable to source officials too.

As such we are so grateful for those who attended - providing a team made up of almost entirely Monson officials; where some supported without having a swimmer participating, some stepped back into officiating having not done so for a few years, and some brought their entire families to be poolside! So a huge thank you to Matt Edwards, Jan Annan, Kate Elliott, Amelia Robertson, Sharon Sneddon, Olivia Tang, Ellen Hill, Diana Hind, Dean Styles, Vicky Turton, Joan Wong, Andrew Elliott and Freddie Martin-Young.

If a gala does not have enough officials then it is not viable to run with a licence - as such we really need new officials from the parents of our younger squads, so please step up. If you've got a swimmer in any of the younger squads (especially Academy, Junior or Fitness), then please contact Kate at officials@rtwmonson.org to help. The first step is to join as a Timekeeper, which consists of a 30-minute online course that you can do in your own time, followed by a short poolside practical - this level of qualification means you can attend galas like the Autumn Blast. Then, if you like it, you can look at further official training - but we definitely need timekeepers first to make sure that these smaller galas for our new swimmers remain possible to run.

Our Club Champs are coming up soon and this would be a great opportunity to sign off some of the practicals. Please don't just assume someone else will step forward.



Junior Autumn Blast

Last Saturday Monson hosted the Autumn Blast, where swimmers from 8 years and over were able to swim 25m and 50m races in all four strokes as well as a 100m Individual Medley.

It is a wonderful opportunity for some swimmers to attend their first ever Swimming Open Meet. We were also very lucky that Bromley and Folkstone also attended and provide us with some great competition.

There were some great swims and lots of PBs. Della, Sarah and Max were in attendance and were very proud to see the hard work in training put into racing practice, good skills and lessons to learn from.

All results can be found on Meet Mobile, this is a useful app to Download.



Now it's time to make yourselves available and sign up to Club Champs, we encourage all swimmers from Academy up to Performance to enter. Please email your coach, if you are unsure what to enter. This is the one meet where we like you to enter as much as you can. This is a great start to their competitive journey, well done!

Parents are reminded to also take the step to come on down to the poolside to help, these events can't run without you!

A huge thank you to the parents who volunteered on the day and all the performance swimmers who also gave up their Saturday afternoon to come along and help as well. Another thank you also to our Team Managers Helen, Kerry and Louise and as ever to our coaches.

Last and by no means least – a MASSIVE WELL DONE to all the swimmers. We are looking forward to seeing you all back at Club Championships at the end of November.

Autumn Blast 2025 - RTW Monson Pentathlon Winners

Boys

8 years Rex Palmer

11 years Thomas Stanway

12 years Vadym Tertytskyi

13 and Over Albert Whitcomb

Girls

9 years Winter Afrifa-Stephens

10 years India Thwaites

12 years Tigerlily Thwaites

13 years Liza Hooton























Guildford County Meet

Last weekend saw some of our swimmers take part in their first County Qualifier Meet of the Season at Guildford. It was amazing to hear all of the coaches and TM's congratulating our swimmers for their efforts and achievements. Monson took home the trophy for Best Visiting Club, and the trophy for Best Senior Girl was awarded to Elsie Saffer! Congratulations to all of our swimmer that took part and started getting some of those County times under their belts.

Huge Thanks as always to our Coaches, TM's, Officials and supporters

Full results are available on Meet Mobile











Officials Sign Up

Please see below the links for Officials sign up for the following events

Tuesday 18th November - CC 1500m - Club Champs 1500m

Sat 22nd/Sun 23rd/ Sat 29th/Sun 30th November - Club Champs - Club Champs



Winter Short Course Regionals 2025

The 2025 Short Course Championships will be held at Winchester Sports & Leisure Park over the weekend of 1st / 2nd November 2025. A full List of accepted entries is here: Entries

Merchandise is now available to pre order here: Swimpath Merchandise

Tickets are now on sale: Tickets

Please consider signing up to be an event maker: <u>Event Maker</u> Pease consider signing up to be an official: Officials



Swim England Winter Nationals 2025

The event information and qualifying times for the Swim England Short Course Winter Nationals to be held 11-14 December 2025 at Ponds Forge in Sheffield are now available. Please use the following links:

Event Information

Qualifying Times

Draft Schedule



Kent County Qualifying Times 2026

Please see below the Kent County Qualifying Times for 2026, the relevant age for your child is the age that they will be on 31 December 2026. They can be found <u>here</u> Please do note that the majority of swimmers who qualify for Kent's will be the swimmers in the older squads, so please do not be disappointed if your swimmer has not qualified, they may be too young or not had enough experience yet. Their time will come!

Version 0.4 15/10/2025			Kent	t Swi	mmi	ng Ch	amp	ionsl	nips 2	2026	- Qua	alifyi	ng Ti	mes	
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		10/11		12		13		14		15		16		17+	
		Auto	Cons.	Auto	Cons.	Auto	Cons.	Auto	Cons.	Auto	Cons.	Auto	Cons.	Auto	Cons.
50 Free	SC	33.80	37.80	31.80	34.80	29.60	32.00	28.00	30.00	27.20	29.00	26.60	28.60	26.40	28.60
	LC	34.40	38.40	32.50	35.40	30.30	32.60	28.70	30.70	28.00	29.70	27.40	29.30	27.20	29.30
100 Free	SC	1:13.50	1:26.00	1:08.50	1:15.50	1:03.50	1:09.50	1:00.00	1:04.50	58.00	1:02.00	57.50	1:02.00	55.50	1:00.00
2001100	LC	1:14.60	1:27.00	1:09.70	1:16.60	1:04.80	1:10.70	1:01.40	1:05.80	59.40	1:03.30	58.90	1:03.30	57.00	1:01.40
200 Free	SC	2:39.00	3:00.00	2:28.00	2:43.00	2:18.00	2:32.00	2:11.00	2:21.00	2:07.00	2:16.00	2:07.00	2:16.00	2:02.00	2:14.00
2001166	LC	2:41.20	3:01.90	2:30.30	2:45.10	2:20.50	2:34.30	2:13.60	2:23.40	2:09.70	2:18.50	2:09.70	2:18.50	2:04.80	2:16.60
400 Free	SC	5:40.00	6:28.00	5:14.00	5:42.00	4:56.00	5:18.00	4:38.00	5:02.00	4:30.00	4:50.00	4:28.00	4:48.00	4:20.00	4:46.00
10011100	LC	5:44.10	6:31.60	5:18.40	5:46.10	5:00.70	5:22.40	4:43.00	5:06.60	4:35.10	4:54.80	4:33.20	4:52.80	4:25.30	4:50.90
800 Free	SC	No Event			11:44.00		11:00.00		10:28.00		10:04.00		9:56.00		9:56.00
800 FIEE	LC				11:52.20		11:08.70		10:37.10		10:13.50		10:05.60		10:05.60
1500 Free	SC	No Fr	No Event		22:08.00		20:40.00		20:00.00		19:04.00		18:52.00		18:40.00
1300 FICE	LC	NO EVENT			22:23.50		20:56.60		20:17.10		19:21.90		19:10.10		18:58.30
50 Back	SC	40.00	44.40	37.20	40.60	34.60	37.80	33.00	35.20	32.20	34.40	32.20	34.40	32.00	34.40
30 Dack	LC	40.50	44.90	37.70	41.10	35.20	38.30	33.60	35.80	32.80	35.00	32.80	35.00	32.60	35.00
100 Back	SC	1:24.50	1:37.00	1:19.00	1:27.00	1:12.50	1:20.50	1:10.00	1:15.00	1:07.00	1:11.50	1:06.50	1:11.50	1:04.50	1:10.00
100 Back	LC	1:25.40	1:37.80	1:20.00	1:27.90	1:13.60	1:21.50	1:11.10	1:16.10	1:08.20	1:12.60	1:07.70	1:12.60	1:05.70	1:11.10
200 D l.	SC	2:59.00	3:21.00	2:49.00	3:02.00	2:36.00	2:52.00	2:28.00	2:40.00	2:23.00	2:33.00	2:22.00	2:32.00	2:20.00	2:32.00
200 Back	LC	3:00.90	3:22.70	2:51.00	3:03.80	2:38.10	2:53.90	2:30.20	2:42.10	2:25.30	2:35.20	2:24.30	2:34.20	2:22.40	2:34.20
FO December	SC	46.00	51.60	42.60	46.40	39.40	43.40	37.00	39.80	36.40	38.80	35.80	38.40	35.00	37.80
50 Breast	LC	46.70	52.20	43.30	47.10	40.20	44.10	37.80	40.60	37.30	39.60	36.70	39.20	35.90	38.60
100 Breast	SC	1:39.00	1:54.50	1:31.50	1:41.50	1:24.50	1:33.00	1:19.00	1:25.50	1:18.00	1:23.50	1:15.00	1:20.50	1:13.50	1:19.50
	LC	1:40.30	1:55.60	1:32.90	1:42.70	1:26.00	1:34.30	1:20.60	1:27.00	1:19.60	1:25.00	1:16.70	1:22.10	1:15.20	1:21.10
200 B	SC	3:31.00	3:55.00	3:15.00	3:34.00	3:01.00	3:17.00	2:54.00	3:06.00	2:51.00	3:03.00	2:43.00	2:55.00	2:37.00	2:53.00
200 Breast	LC	3:33.50	3:57.20	3:17.70	3:36.50	3:03.90	3:19.70	2:57.00	3:08.80	2:54.10	3:05.90	2:46.20	2:58.00	2:40.30	2:56.00
FO.FL.	SC	39.00	44.20	36.40	39.80	33.60	36.80	31.40	34.40	30.00	32.60	29.80	32.00	29.40	31.80
50 Fly	LC	39.50	44.60	36.90	40.30	34.20	37.30	32.00	34.90	30.60	33.20	30.40	32.60	30.00	32.40
100 Fly	SC	1:32.00	1:51.50	1:22.50	1:32.00	1:14.50	1:23.50	1:10.00	1:16.50	1:05.50	1:12.50	1:05.50	1:10.50	1:02.50	1:10.00
	LC	1:32.80	1:52.20	1:23.40	1:32.80	1:15.50	1:24.40	1:11.10	1:17.50	1:06.60	1:13.50	1:06.60	1:11.60	1:03.70	1:11.10
200 Fly	SC	3:41.00	4:10.00	3:11.00	3:24.00	2:50.00	3:08.00	2:44.00	2:55.00	2:28.00	2:45.00	2:28.00	2:39.00	2:28.00	2:39.00
	LC	3:42.40	4:11.30	3:12.70	3:25.50	2:51.90	3:09.70	2:45.90	2:56.80	2:30.10	2:46.90	2:30.10	2:41.00	2:30.10	2:41.00
200 IM	SC	3:01.00	3:26.00	2:48.00	3:05.00	2:37.00	2:54.00	2:28.00	2:41.00	2:25.00	2:35.00	2:23.00	2:34.00	2:17.00	2:31.00
	LC	3:03.20	3:27.90	2:50.30	3:07.10	2:39.50	2:56.30	2:30.60	2:43.40	2:27.70	2:37.50	2:25.70	2:36.50	2:19.80	2:33.60
400.004	SC	No Event		6:16.00	6:42.00	5:40.00	6:08.00	5:20.00	5:42.00	5:14.00	5:36.00	5:14.00	5:36.00	5:02.00	5:28.00
400 IM	LC			6:20.70	6:46.40	5:45.10	6:12.80	5:25.40	5:47.10	5:19.50	5:41.20	5:19.50	5:41.20	5:07.80	5:33.30

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Kent Swimming Championships 2026 - Qualifying Times Female

	1	10/11		12		13		14		15		16		17	+
		Auto	Cons.	Auto	Cons.	Auto	Cons.	Auto	Cons.	Auto	Cons.	Auto	Cons.	Auto	Cons.
50 Free	SC	33.20	37.60	31.40	33.60	30.40	32.40	29.80	31.80	29.60	31.60	29.60	31.60	29.00	31.40
	LC	33.80	38.20	32.10	34.20	31.10	33.00	30.50	32.50	30.30	32.30	30.30	32.30	29.70	32.10
100 Free	SC	1:12.50	1:24.50	1:07.50	1:14.00	1:04.50	1:09.50	1:03.50	1:08.00	1:03.50	1:08.00	1:03.50	1:08.00	1:02.50	1:07.50
	LC	1:13.60	1:25.50	1:08.70	1:15.10	1:05.80	1:10.70	1:04.80	1:09.20	1:04.80	1:09.20	1:04.80	1:09.20	1:03.80	1:08.70
200 Free	SC	2:38.00	2:59.00	2:26.00	2:40.00	2:21.00	2:32.00	2:17.00	2:26.00	2:15.00	2:24.00	2:15.00	2:24.00	2:12.00	2:23.00
	LC	2:40.20	3:00.90	2:28.40	2:42.20	2:23.40	2:34.30	2:19.50	2:28.40	2:17.50	2:26.40	2:17.50	2:26.40	2:14.60	2:25.40
400 Free	SC	5:32.00	6:24.00	5:14.00	5:38.00	5:02.00	5:22.00	4:52.00	5:12.00	4:48.00	5:08.00	4:48.00	5:08.00	4:42.00	5:06.00
	LC	5:36.20	6:27.70	5:18.40	5:42.10	5:06.60	5:26.30	4:56.80	5:16.50	4:52.80	5:12.50	4:52.80	5:12.50	4:46.90	5:10.60
800 Free	SC	No Event			12:45.00		11:10.00		10:22.00		10:08.00		10:08.00		9:45.00
	LC				12:52.50		11:18.60		10:31.20		10:17.40		10:17.40		9:54.80
1500 Free	SC	No Event			22:45.00		20:44.00		20:03.00		19:40.00		19:40.00		19:10.00
	LC				23:00.10		21:00.50		20:20.00		19:57.40		19:57.40		19:27.80
50 Back	SC	39.00	43.80	36.60	39.00	35.40	37.80	34.40	36.80	34.20	36.60	34.20	36.60	34.20	36.60
	LC	39.50	44.30	37.10	39.50	36.00	38.30	35.00	37.30	34.80	37.10	34.80	37.10	34.80	37.10
100 Back	SC	1:22.50	1:36.00	1:17.00	1:23.50	1:14.50	1:19.50	1:12.00	1:17.00	1:12.00	1:17.00	1:12.00	1:17.00	1:11.50	1:17.00
	LC	1:23.50	1:36.80	1:18.00	1:24.50	1:15.60	1:20.50	1:13.10	1:18.00	1:13.10	1:18.00	1:13.10	1:18.00	1:12.60	1:18.00
200 Back	SC	2:55.00	3:18.00	2:45.00	2:59.00	2:40.00	2:51.00	2:34.00	2:45.00	2:34.00	2:45.00	2:34.00	2:45.00	2:33.00	2:45.00
	LC	2:56.90	3:19.70	2:47.00	3:00.90	2:42.10	2:52.90	2:36.20	2:47.00	2:36.20	2:47.00	2:36.20	2:47.00	2:35.20	2:47.00
50 Breast	SC	43.80	50.00	41.40	45.00	39.80	42.40	38.80	41.40	38.80	41.40	38.80	41.40	38.80	41.40
	LC	44.50	50.60	42.20	45.70	40.60	43.10	39.60	42.20	39.60	42.20	39.60	42.20	39.60	42.20
100 Breast	SC	1:35.50	1:51.00	1:29.00	1:37.00	1:25.00	1:31.00	1:22.50	1:28.00	1:22.50	1:28.00	1:22.50	1:28.00	1:22.50	1:28.00
	LC	1:36.80	1:52.10	1:30.40	1:38.30	1:26.50	1:32.40	1:24.00	1:29.40	1:24.00	1:29.40	1:24.00	1:29.40	1:24.00	1:29.40
200 Breast	SC	3:22.00	3:51.00	3:08.00	3:26.00	3:03.00	3:15.00	2:58.00	3:10.00	2:58.00	3:10.00	2:58.00	3:10.00	2:58.00	3:10.00
	LC	3:24.60	3:53.30	3:10.80	3:28.60	3:05.90	3:17.70	3:00.90	3:12.80	3:00.90	3:12.80	3:00.90	3:12.80	3:00.90	3:12.80
50 Fly	SC	38.00	43.20	35.20	38.40	33.80	36.00	33.00	35.20	32.60	34.80	32.60	34.80	32.60	34.80
	LC	38.50	43.60	35.70	38.90	34.40	36.50	33.60	35.70	33.20	35.30	33.20	35.30	33.20	35.30
100 Fly	SC	1:29.00	1:47.00	1:20.00	1:28.50	1:16.50	1:22.00	1:13.00	1:18.00	1:13.00	1:18.00	1:13.00	1:18.00	1:11.00	1:17.00
	LC	1:29.90	1:47.70	1:20.90	1:29.40	1:17.50	1:22.90	1:14.00	1:19.00	1:14.00	1:19.00	1:14.00	1:19.00	1:12.10	1:18.00
200 Fly	SC	3:24.00	4:06.00	3:05.00	3:20.00	2:49.00	3:04.00	2:47.00	2:58.00	2:44.00	2:55.00	2:44.00	2:55.00	2:44.00	2:55.00
	LC	3:25.50	4:07.30	3:06.70	3:21.60	2:50.90	3:05.70	2:48.90	2:59.80	2:45.90	2:56.80	2:45.90	2:56.80	2:45.90	2:56.80
200 IM	SC	2:58.00	3:25.00	2:47.00	3:02.00	2:40.00	2:53.00	2:35.00	2:47.00	2:35.00	2:46.00	2:35.00	2:46.00	2:34.00	2:46.00
	LC	3:00.20	3:26.90	2:49.30	3:04.20	2:42.40	2:55.30	2:37.50	2:49.30	2:37.50	2:48.40	2:37.50	2:48.40	2:36.50	2:48.40
400 IM	SC	No Event		5:54.00	6:28.00	5:38.00	6:02.00	5:38.00	6:00.00	5:36.00	5:58.00	5:36.00	5:58.00	5:28.00	5:56.00
	LC			5:58.90	6:32.50	5:43.20	6:06.80	5:43.20	6:04.90	5:41.20	6:02.90	5:41.20	6:02.90	5:33.30	6:00.90



Membership Secretary



The club is delighted to welcome Kerry Anderson, mum to Matilda (AG2) and Rex (Development), on board as our new Membership Secretary.

Kerry has been an active member of the club for a number of years, regularly volunteering in many capacities including as a valuable Team Manager. She is now truly living up to her title as the club's 2024-25 season 'Volunteer of the Year' by taking on this new challenge.

Amanthi and Kerry will be working together over the next months to ensure a seamless transition for the club.

Please do give her a big high five when you next see her!

We would like to say a huge thank you to our outgoing Membership Secretary.

Amanthi and family came to Monson after lockdown having moved back to the UK from New York and from the very beginning she got involved in helping at the club and fairly soon she took on the membership secretary role.

There is so much that happens behind the scenes and the membership secretary is such an important role being the first contact that many people have with the club. It is a volunteer role but actually takes up a good few hours each week to keep the cogs moving, as we have a large number of members to look after.



Amanthi has done an amazing job for the last few years and taken on additional responsibilities along the way. She has developed the role to where it is today and made improvements. She was the innovator and lead for the One Monson initiative, which has been really successful in bringing on board members to support the club.

Amanthi isn't disappearing and will continue to support in the background over the next few months, but for now thank you Amanthi for everything you do for the club



New Administrator

We are delighted to welcome on board Helen Jones as our new administrator who will be working with the head coach and the committee.

This is a new role that the club have established to help support all the work being done on the background.





RTW Monson AGM

We are holding our AGM in November as you know, and our constitution states that all roles are renominated each year, so all roles are available. Thank you those who have expressed an interest in joining the committee

Please submit your forms to the secretary

Any final forms, please submit and remember to seek two signatures of members who nominate you.

We have had a lot of which is fantastic. We have only 6 voting places, so if we receive more nominations, we may ask people to submit a nomination statement

Please contact any committee member if you would like to discuss the committee work.

Jan Annan Mark Leman

Sueli Armada Bennett Carole Murphy

Ala El Kour Paul Gable

Amanthi Tollit Tim Price

Lorna Wright Claire Jones



Pre Loved Sale – Club Champs

At Club Champs we will be holding a pre loved sale again. All proceeds go to the helping hand fund.

If you can donate any good condition swimming related wear and equipment, we will make it available for our members and we ask for a donation for any goods taken usually a minimum of £2. Please check out your draws and cupboards for anything you would like to donate, and hand to Claire or Jan or bring on the day (see competition calendar for dates). No snorkels will be accepted but all other good condition equipment and swim wear will be welcomed. Thank you in advance



Aquatics GB

Race to Recycle Programme

Aquatics GB have launched an initiative to recycle racing suits to support athletes and reinforce their commitment to sustainability.

Athletes can donate pre-loved racing suits at selected Aquatics GB events which are then recycled and redistributed to athletes who may otherwise struggle to afford them

For more information please use the following link: Race to Recycle

The eligibility criteria for applying for a pre loved race suit is here: Eligibility



IMPORTANT - PLEASE NOTE: PERSONAL PROPERTY

Regrettably we have had an incident where a swimmer has had some of their belongings taken from a changing room, so please do remind your swimmers to look after their belongings

This is a reminder to all our members, to please leave valuables at home or leave with parents when in the pool.

When swimming at our pools and especially the public pools, please use lockers available and secure the lockers as, unfortunately, neither the pools nor the club cannot be responsible for any losses or damage to personal belongings.



Monson OneTeam Hours

A gentle reminder that our OneTeam policy asks all families with a swimmer in a competitive squad to complete 6 hrs of volunteer time in a calendar year to avoid incurring the charge set out in the OneTeam Initiative. Please don't forget to log your volunteering hours using the following link: <u>OneTeam</u>

If anyone is unsure how this scheme works please do get in touch with our membership secretary

Upcoming Timetable Changes

26th Oct JP & PERFORMANCE No S&C

26th Oct AG3 & DEVELOPMENT KC 17.30-19.00

30th Oct PERFORMANCE Somerhill 18.45-20.15

2nd Nov AG1 & Y1 TSC 17.30-19.30

2nd Nov AG2 & AG3 Somerhill 17.30-19.00

2nd Nov DEVELOPMENT KC Development 17.30-19.00

3rd Nov JP & PERFORMANCE TSC 06-07.30 - CANCELLED

Easy Fundraising - www.easyfundraising.co.uk

We are always looking for ways to raise money for our cub and this way is simple. Please follow the link below to register, every time you shop online/via the easy fundraising app a donation is made to Monson, whether it's a £5 purchase and we get 1p, or if you buy car insurance through compare the market and we get a £12.30 donation.

It doesn't cost you anymore than your purchase and the retailers, who range from Amazon, Ebay, Halfords, M & S and 100's more provide the donation.

Easy Fundraising

Every person that registers via this link, Monson get a £5 so please share it around to aunts and uncles, grandparents etc it really does all make a huge difference to our club.

CLUB CONTACTS

In order to streamline communication, please use the following email addresses.

NEWSLETTER ITEMS

If you would like to add anything to the newsletter, please email monsonnewsletter@gmail.com. Please ensure that any content is received by midday Thursday for inclusion in that week's newsletter

For any coaching related queries:

Performance & Junior Performance - Karen Bradbury

Age Group 1 – Richard Smith

Age Group 2 - Alex Counsell

Age Group 3 - Alex Counsell

Development - Della Clout

Academy 1 & 2 - Sarah Williams

Youth Squad 1 - Richard Smith

Youth Squad 2 - Vicky Turton

Junior Squad 1 - Jan Annan

Junior Squad 2 - Jan Annan

Water Polo - Tim Price

For any other queries

General Club enquiries - Sueli Armada Bennett

Membership - Amanthi Tollit

Billing & Finances - Ala El-Kour

Kit - TBC

Hats - Rhodri Joyce

Event Hats - Kerryn Smith

Officials - Kate Elliott

Welfare - Jessica Nightingale-Ellis

Galas - Lorna Wright

Social Media - Ellie Lott

Newsletter - Diana Hind

Website - Julia Walmsley

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