





27 June 2025



Please do take the time to read the whole newsletter so that you don't miss any important notices relevant to your swimmer - especially training time changes highlighted in RED

#### **PARKING AT KENT COLLEGE**

It has been brought to our attention that parents are still not adhering to the parking rules at Kent College. Please see a reminder of those rules at the end of this Newsletter



**SUMMER BREAK** 

Every year we take a summer break. Our last session will be on Sunday 27th July and will return to swimming on Monday 18th August.

We return to a reduced training programme for the first week and back to full programme on 01st September

# **≋UROPEAN A2UATICS**

European Aquatics Junior Swimming Championships 2025



Huge Congratulations to Hayden Annan and Amalie Smith who have been selected to compete as part of the Great Britain Junior Squad at the European Aquatics Junior Swimming Championships 2025 which will take place next week from 01 July to 06 July in Samorín, Slovakia

These Championships will be the second of two prestigious events taking place back-toback at Samorín's state-of-the-art x-bionic sphere which is Slovakia's National Olympic Training Centre

Best of Luck!



# Kent Junior League – Round 2



Last Saturday saw 33 swimmers travel to Beckenham Spa to compete in the second round of the Kent Junior League. After finishing 1st in round one RTW were keen to keep their form and chase another high scoring round.

The action started off strong with the 13 and under 200 IM with both Elise Saffer (13) and Gabriel Marsh (12) finishing 2<sup>nd</sup>, Elsie pulling out a PB and setting a strong tone for the rest of the night. The first round of relays showed our great strength and depth across all age groups with strong swims, clean take overs and great team work to put us in the top three after 10 events.

The individuals races saw some tough competition from multiple clubs and it was outstanding to see the likes of Imogen Walpole (10), Jax Marshall (12), Isla Cummings (10) and Henry Webb (13) all swimming PBs to gain some valuable points, just to name a few, and with Safia Chaturvedi (12) and Jax Marshall (12) winning their races our top 3 finish seemed to be cemented in place.

Sitting in second place with 10 races to go, Beckenham still had a chance of catching up. Some calm nerves and strong swims were still needed. So up stepped the 10 and Under girls winning their 4 x 50M Medley relay; Isla Cummings, Imogen Walpole, Felicity Thompson (9) and, with massive appreciation, Isobel McCaskill (10) - who stepped up at the last minute for a late withdrawal only that morning. The final race of the evening was the 8 x 50 freestyle squadron consisting of one girl and one boy from each age group to fight for the final points. Monson started off strong with a fast first 50 and though slipping to second behind a strong Bromley team, it was the perfect reflection of the night with a great performance and some loud cheering going on from the side lines.

Bromley topped the table with a strong display and an outstanding total of 36 top 3 finishes, 6 of which finished with maximum points, RTW Monson did enough to secure second place with a total of 249 points.

A great evening of racing and a huge well done to all swimmers and a massive thank you to the volunteer team managers and officials giving up their time to play such a vital role.

#### **Final Round 2 Points**

**Bromley 323** 

RTW Monson 249

Beckenham 215

Edenbridge Piranhas 185

Tonbridge 173

**Dartford District 139** 

White Oak 117



Swim England National Youth Development Talent Pathway Camp



Last Saturday three of our Performance swimmers, Ilana, Lilly & Maddie, travelled to Loughborough University to take part in the third and final National Youth Development Programme Camp. All three girls thoroughly enjoyed the experience and particularly the race tactics and starts and turns which they can use going forward at Nationals



# South East Regional Open Water Championships

Good Luck to the following swimmers competing at the South East Regional Open Water Championship 2025 taking place at Mercers Lake on Saturday

Stan Sleightholme 1KM

Rose Irwin 1KM

Grace Holmes 2KM

Reese Huckle 3KM

Lilia Fornasier 5KM

Wishing you all the very best of luck! #letsgomonson



# Swim England Winter Nationals 2025

The event information and qualifying times for the Swim England Short Course Winter Nationals to be held 11-14 December 2025 at Ponds Forge in Sheffield are now available. Please use the following links:

**Event Information** 

**Qualifying Times** 

**Draft Schedule** 



# Aquatic Diploma in Sporting Excellence (DiSE)

Applications for the DiSE 2025-2027 programme are now open to candidates that fulfil the eligibility and performance criteria and will be going into school year 12 in September

For more information details of the programme can be found here: DiSE Swimming

Applications can be made here: DISE Applications

#### The closing date for applications has been extended to 25 August 2025

If anyone wants to talk to swimmers on the programme, please do speak with Hayden, Hannah and Tom in Performance, who have just competed the Diploma, or Lilia, Jess and Aubry also in Performance who started the programme in Autumn 2024



# Monson Club Kit

There have been lots of questions about kit of late especially since we have not been ordering from our core supplier for a while for numerous reasons.

We are currently in the process of doing a full kit review and looking to change supplier, so please bear with us. Our plan is to have new kit available to order from September for the new season.

We will not be changing massively. Instead it will be an evolution of where we are today. We are looking to streamline the design so we get maximum flexibility across core and competition kit, to reduce lead times and most importantly to ensure all kit is performance lead in fabric and style.

Thank you and thank you for your patience while we evolve.



#### Aquatics GB

# Race to Recycle Programme

Aquatics GB have launched an initiative to recycle racing suits to support athletes and reinforce their commitment to sustainability.

Athletes can donate pre-loved racing suits at selected Aquatics GB events which are then recycled and redistributed to athletes who may otherwise struggle to afford them

For more information please use the following link: Race to Recycle

The eligibility criteria for applying for a pre loved race suit is here: Eligibility

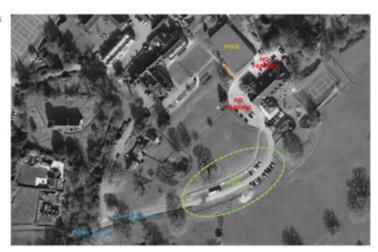


# PARKING AND RULES AT KENT COLLEGE

## KENT COLLEGE

FOR SWIM SCHOOL LESSONS AND SQUAD SESSIONS THAT TAKE PLACE MONDAY TO FRIDAY

- Please park in the main car park as you enter the school grounds near the field.
- As indicated, swim school, squad members, coaching and teaching staff are NOT allowed to park around the school roundabout or in the gravel car park to the rear of the school building closest to the pool whilst their lessons or squad sessions take place.
- Swimmers should walk up the short slope from the car park to the pool building



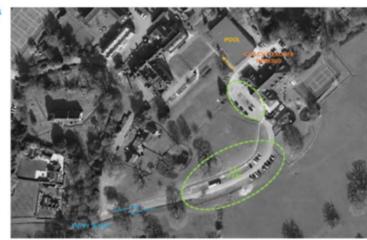


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# KENT COLLEGE

FOR SWIM SCHOOL LESSONS AND SQUAD SESSIONS THAT TAKE PLACE AT THE WEEKENDS

- Please park in the main car park as you enter the school grounds near the field.
- The school roundabout may also be used for parking.
- Swim school and squad members are NOT allowed to park in the gravel car park to the rear of the school building closest to the pool whilst their lessons or squad sessions take place.
- Coaching and teaching staff are allowed to park in the gravel car park to the rear of the school building closest to the pool.
- If parking in the main car park, swimmers should walk up the short slope from this to the pool building.





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GENERAL: KENT COLLEGE SITE - As Kent College is a boarding school all our swim school and squad members should also comply with the following rules whilst on-site.

Please do not use any of the facilities, including the swings outside the pool.

Please do not walk around the school site unless sticking to the public footpaths.

DOGS: KENT COLLEGE SITE - Whilst dogs are permitted on the school site, this should only be if you need to take them somewhere whilst waiting for a squad session or swimming lesson to conclude. Please do not use the school site as a parking area before heading off on a long walk with them.

Please also note the following:

Dogs are not allowed in any pool building.

They should be kept on a lead at all times.

Please always clean up after your dog.

Please only walk on public footpaths and not around the school site with them. The closest footpath is in the bottom field next to the main car parking area. Thank you for your co-operation



# Swim England National Summer Meet 2025

Tickets for the Swim England National Summer Meet are now available: Tickets



## IMPORTANT - PLEASE NOTE: PERSONAL PROPERTY

Regrettably we have had an incident where a swimmer has had some of their belongings taken from a changing room, so please do remind your swimmers to look after their belongings

This is a reminder to all our members, to please leave valuables at home or leave with parents when in the pool.

When swimming at our pools and especially the public pools, please use lockers available and secure the lockers as, unfortunately, neither the pools nor the club cannot be responsible for any losses or damage to personal belongings.



# **Monson OneTeam Hours**

A gentle reminder that our OneTeam policy asks all families with a swimmer in a competitive squad to complete 6 hrs of volunteer time in a calendar year to avoid incurring the charge set out in the OneTeam Initiative.

Please don't forget to log your volunteering hours using the following link: OneTeam

If anyone is unsure how this scheme works please do get in touch with our membership secretary

# **Upcoming Timetable Changes**

29th June Sunday - AG1 + Y1 Training moved to TSC 17.30-19.30

1st July Tuesday - AG1 Training moved to TSC 19.30-21.30

2nd July Wednesday - AG1 + Y1 Training moved to KC 19.45-21.15

5th July Saturday - Junior Performance +AG1 TRAINING CANCELLED

6th July Sunday - ALL SQUADS TRAINING CANCELLED apart from those competing at

summer national meets who will train at TSC 17.30-19.30

9th July Wednesday - AG1 + Y1 Training moved to KC 19.45-21.15

13th July Sunday - Performance and Junior Performance Training Cancelled due to Long

**Course Training** 

25th July Friday - 06.00-07.30 TSC - Training session is cancelled

# Easy Fundraising – www.easyfundraising.co.uk

We are always looking for ways to raise money for our cub and this way is simple. Please follow the link below to register, every time you shop online/via the easy fundraising app a donation is made to Monson, whether it's a £5 purchase and we get 1p, or if you buy car insurance through compare the market and we get a £12.30 donation.

It doesn't cost you anymore than your purchase and the retailers, who range from Amazon, Ebay, Halfords, M & S and 100's more provide the donation.

#### Easy Fundraising

Every person that registers via this link, Monson get a £5 so please share it around to aunts and uncles, grandparents etc it really does all make a huge difference to our club.

#### **CLUB CONTACTS**

In order to streamline communication, please use the following email addresses.

#### **NEWSLETTER ITEMS**

If you would like to add anything to the newsletter, please email monsonnewsletter@gmail.com. Please ensure that any content is received by midday Thursday for inclusion in that week's newsletter

## For any coaching related queries:

Performance & Junior Performance -Karen Bradbury

Age Group 1 – Richard Smith

Age Group 2 - Katie Bowman

Age Group 3 - Alex Counsell

Development - Della Clout

Academy 1 & 2 - Sarah Williams

Youth Squad 1 - Richard Smith

Youth Squad 2 - Vicky Turton

Junior Squad - Jan Annan

Water Polo - Tim Price

## For any other queries

General Club enquiries - Sueli Armada Bennett

Membership - Amanthi Tollit

Billing & Finances - Ala El-Kour

Kit - TBC

Hats - Rhodri Joyce

Event Hats - Kerryn Smith

Officials - Kate Elliott

Welfare - Jessica Nightingale-Ellis

Galas - Lorna Wright

Social Media - Ellie Lott

Newsletter - Diana Hind

Website - Julia Walmsley

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