



29 August 2025



RTW monson NEWSLETTER

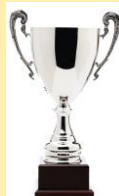
Please do take the time to read the whole newsletter so that you don't miss any important notices relevant to your swimmer - especially training time changes highlighted in **RED**

SIGN UP DEADLINES:

Guilford County Meet - 04th September

Autumn Blast – 19th September

Kent Development Meet – 20th September



AWARDS NIGHT - Friday 12th Sept

Masonic Hall, St Johns Road

Tickets are now available for Monson Awards Night via the following link: [Tickets](#)

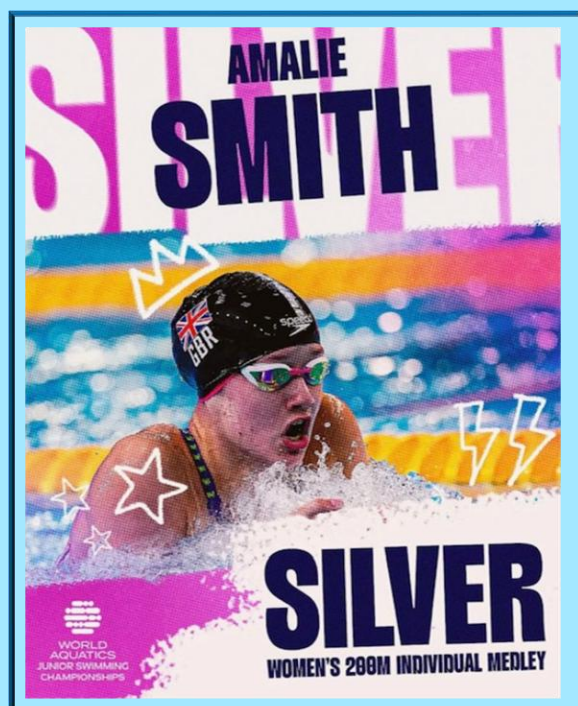
There is no charge, this is used to gauge numbers, so please do sign up if you are planning on attending

If you have pictures to share for our slideshow please contact [Mark](#) (please don't just send pictures, contact him first)



WORLD
AQUATICS

World Junior Championships 2025



Following on from her fantastic silver medal in the 400IM Amalie Smith continued her competition in the World Aquatics Junior Champs by securing her place in the final for the 200IM, another sensational breaststroke leg drew her up the field into second position once again to take her second silver medal in a new PB time

Amalie also swam a brilliant 200m Freestyle later in the week, narrowly missing out on a finals place and then came 7th as part of the 4x100m medley relay team

Congratulations Amalie, what an amazing competition!



Tonbridge Summer Holiday Swimming Festival 2025 – Pt 2

Congratulation to the following swimmers who were our medallists at the Tonbridge Summer Holiday Swimming Festival in July:

Alexa Macdonald	100IM (Silver), 50m Fly (Bronze), 50m Bk (Bronze), 50m Br (Gold)
Armani Mattson	25m Fr (Silver)
Calum Hartland	25m Fr (Silver), 25m Fly (Bronze), 25m Bk (Silver), 25m Br (Silver)
Edison Tempest	25m Bk (Bronze), 25m Br (Bronze), 50m Br (Silver)
Eleanor Godbold	25m Fr (Bronze), 25m Fly (Bronze)
Fraser Soesan	25m Bk (Bronze)
Harper Joyce	25m Fly (Bronze)
Heidi Marsland	50m Br (Silver)
Imogen Walpole	50m Fr (Silver), 50m Bk (Bronze)
Joseph Broyden Prior	50m Fr (Silver), 25m Fr (Gold), 100IM (Silver), 25m Fly (Gold), 50m Fly (Bronze), 25m Bk (Gold), 25m Br (Gold)
Joshua Allen	25m Fly (Silver), 50m Bk (Bronze)
Leonard Makoni	25m Fr (Bronze), 25m Fly (Silver)
Lois Herbert	50m Fly (Bronze)
Max Elliott	25m Bk (Silver)
Nathanael Tsui	50m Fr (Silver), 100IM (Silver), 50m Fly (Silver), 50m Br (Silver)
Oliver Nickoll	50m Fr (Gold), 100IM (Gold), 50m Bk (Gold)
Rex Palmer	50m Fr (Gold), 50m Bk (Gold)
William Coles	25m Fr (Bronze)
Willow Hill	25m Fr (Gold), 25m Fly (Gold), 25m Bk (Gold), 50m Bk (Silver)
Mixed 4x25m Medley Relay	Silver
Mixed 4x50m Medley Relay	Bronze
Mixed 4x25m Freestyle Relay	Bronze
Mixed 4x50m Freestyle Relay	Gold

This sort of level 4 is the perfect type of gala for young swimmers to get racing experience – don't forget to sign up to the Autumn Blast taking place on 18th October!





National County Teams Competition 2025



Congratulations to the following swimmers who have been selected for the Kent County Team at the National County Teams Competition taking place at Pond's Forge in Sheffield on 05 October 2025:

Amalie Smith

Aran Bissett

Bella Jones

Julia Elvidge

Madeleine Hind

Olivia Cooley

The team will be overseen this year by Head Coach Karen

Well done to all of the selected swimmers, Kent are the reigning champs so there is a lot to live up to!



Taylor Made Dreams - The Dragon Boat Race



Reese Huckle is joining the Blazing Paddlers in The Dragon Boat Race at Bewl Water this Saturday

Instead of being in the water she will be on top of it, paddling her way with her team for an amazing cause!

Taylor Made Dreams is a local charity raising money to help fulfil the dreams of children with shorter lives. Please take a look and help, if you can, to boost the small contribution she is hoping to make. Please use the following link: [Just Giving](#)
Thank you all

South East Swimming are offering a Young Volunteers Programme, where our teenage swimmers can work towards different qualifications. The aim is to differentiate this course from other schemes and to work with the volunteers to identify which area of volunteering interests them the most and what skills they have to offer, giving them access to courses and training with the ultimate aim of them becoming skilled volunteers, who continue to contribute their time to aquatics once this programme finishes. The programme will run from September 2025 to the end of August 2026, and there is a £10 signup fee.

There are three volunteering routes that have been identified at this time although more than one may be chosen. It is important to note that some of the courses do have a cost attached, and attendance at these will be a mandatory requirement.

Volunteers will need a mentor, so please discuss with the appropriate Monsoon volunteer/coach - email details of which can be found at the end of the newsletter. The routes are:

Route 1 – Poolside Helper

This role is perfect if you think that you would like to potentially work as a teacher or coach later on. In line with WavePower, Swim England's safeguarding policy, all volunteers aged 16+ that wish to assist as poolside helpers must have attended the Safeguarding in Aquatics course, as well as those that turn 16 during the programme. 50% of the cost of this course can be claimed back through the regional bursary for safeguarding (details can be found through the following link: [Bursary](#)). Those aged 14+ must attend the foundation safeguarding course. Swim England have also created poolside helper e-learning courses, both core skills and discipline specific, that will need to be completed to start their volunteer programme.

Route 2 – Official

This role is great for those that enjoy the events side of the sport and will open the door to volunteer opportunities at meets beyond the club level. Depending on the level of commitment you may be able to offer, the starting point would be the 1.5 hours timekeeper course before commencing a role in the club officials team; this is available to all volunteers aged 14+. Those wishing to, can go one step further and complete the J1 theory training however, it is important that volunteers who choose to do this, are aware that they should commit to completing the practical element of this role within 11 months of the theory – they should be put in touch with the club officials coordinator as mentor, to discuss if this is the best option for them.

Route 3 – Events/Hytek training

You may not be aware of the need for volunteers to support with internal club events and open meets that a club hosts, and this is essential to ensure the success of the event. This route is ideal for any member who prides themselves on their people and/or organisational skills.

For any young tech whizz, we will provide training in using the hytek systems to enable them to support with the pre-event club administration up to the event results. Alongside this there will be a workshop on events detailing the roles and responsibilities that clubs should have in place for a safe and successful event.

Sign up for the volunteer programme is available here: [Sign Up](#) and closes on **Tues 2nd September** (please contact [Kate Elliott](#) if you are having any difficulties in signing up).

The South East Regional commitment to the young volunteer is:

Upon signing up to the programme, you will be asked to confirm which welcome workshop you would like to attend, these will take place on the following dates, you only need to attend one.

- Saturday 6th September 9.00am
- Saturday 6th September 5.00pm
- Sunday 7th September at 2.00pm

Please note that when you sign up, you will be asked to provide the name of your mentor, the mentor's role within the club as well as their contact email address so please ensure that you have this information in advance, and that your club committee is able to support you. Please note that Parents will be responsible for the costs, but in the event of this being an issue, members can request financial support from the Helping Hand Fund. Contact the Treasurer if you would like to access support funding

On completion of the welcome workshop, the Region will provide and commit to:

- Sending out a log book to record goal setting, course attendance and achievements
- Provide access to a range of courses (some mandatory) to develop knowledge and skills
- Check in regularly with mentors and volunteers
- Send monthly reminders to evidence courses and submit hours
- Signpost volunteers to event opportunities (club, county and regional)
- Certificates of achievement for milestones in your volunteering journey

Bronze award – 25 hours

Silver award – 50 hours

Gold award – 100 hours



Officials Sign Up & Training Courses

Please see below the links for Officials sign up for the following events

Saturday 18th October - Autumn Blast - [Autumn Blast](#)

Sunday 12th October - CC 800m - [Club Champs 800m](#)

Tuesday 18th November - CC 1500m - [Club Champs 1500m](#)

Sat 22nd/Sun 23rd/ Sat 29th/Sun 30th November - Club Champs - [Club Champs](#)

New training sessions have been organised for officials to further their qualifications:

J2 - Please email matthieu.huille@kentswimming.org to secure a space on the session:

* For those starting a new journey as a J2 -Tuesday 30th September 7:00pm to 9:00pm

Eric Liddell Sports Centre - SE9 4QF - and please also register via [Sign Up](#)

* For those who have already completed the first session of J2 - Tuesday 23rd September 7:00pm to 9:00pm

Eric Liddell Sports Centre - SE9 4QF

J2S - Please email john.burdett@kentswimming.org to secure a space on the session:

* For those starting a new journey as a J2S - Monday 15th September 7:00pm to 9.00pm

Medway Park - ME7 1HF

* For those who have already completed the first session of J2S - Wednesday 10th September 7:00pm to 9:00pm

Medway Park - ME7 1HF

If you have any questions or queries, or just want to let us know that you have signed up then please email [Kate Elliott](#)



Monson Club Records

We are pleased to confirm that the long course and short course club records for 2024 have been updated and are now available to view on our Monson [Website](#)

Our apologies that these have been published later than planned.

Please note, these are for records achieved in the calendar year 2024, any records broken in 2025 will be updated and published in January 2026. If you have any queries or notice any inaccuracies, please email [Paul Gable](#)

Well done to all those swimmers who broke records in 2024, some of which have stood for many years!



Swim England Winter Nationals 2025

The event information and qualifying times for the Swim England Short Course Winter Nationals to be held 11-14 December 2025 at Ponds Forge in Sheffield are now available. Please use the following links:

[Event Information](#)

[Qualifying Times](#)

[Draft Schedule](#)



Winter Short Course Regionals 2025

The 2025 Short Course Championships will be held at Winchester Sports & Leisure Park over the weekend of 1st / 2nd November 2025. The event information and qualifying times are as follows:

[Schedule of Events](#)

[Qualifying Times](#)

[Conditions \(provisional\)](#)



IMPORTANT - PLEASE NOTE: PERSONAL PROPERTY

Regrettably we have had an incident where a swimmer has had some of their belongings taken from a changing room, so please do remind your swimmers to look after their belongings

This is a reminder to all our members, to please leave valuables at home or leave with parents when in the pool.

When swimming at our pools and especially the public pools, please use lockers available and secure the lockers as, unfortunately, neither the pools nor the club cannot be responsible for any losses or damage to personal belongings.



Aquatics GB

Race to Recycle Programme

Aquatics GB have launched an initiative to recycle racing suits to support athletes and reinforce their commitment to sustainability.

Athletes can donate pre-loved racing suits at selected Aquatics GB events which are then recycled and redistributed to athletes who may otherwise struggle to afford them

For more information please use the following link: [Race to Recycle](#)

The eligibility criteria for applying for a pre loved race suit is here: [Eligibility](#)



Monson OneTeam Hours

A gentle reminder that our OneTeam policy asks all families with a swimmer in a competitive squad to complete 6 hrs of volunteer time in a calendar year to avoid incurring the charge set out in the OneTeam Initiative.

Please don't forget to log your volunteering hours using the following link: [OneTeam](#)

If anyone is unsure how this scheme works please do get in touch with our [membership secretary](#)

Upcoming Timetable Changes

Summer Timetable applies 18-31 August

New Timetable applies from 01 September

Easy Fundraising – www.easyfundraising.co.uk

We are always looking for ways to raise money for our club and this way is simple. Please follow the link below to register, every time you shop online/via the easy fundraising app a donation is made to Monson, whether it's a £5 purchase and we get 1p, or if you buy car insurance through compare the market and we get a £12.30 donation.

It doesn't cost you anymore than your purchase and the retailers, who range from Amazon, Ebay, Halfords, M & S and 100's more provide the donation.

Easy Fundraising

Every person that registers via this link, Monson get a £5 so please share it around to aunts and uncles, grandparents etc it really does all make a huge difference to our club.

CLUB CONTACTS

In order to streamline communication, please use the following email addresses.

NEWSLETTER ITEMS

If you would like to add anything to the newsletter, please email monsonnewsletter@gmail.com. Please ensure that any content is received by midday Thursday for inclusion in that week's newsletter

For any coaching related queries:

Performance & Junior Performance -
[Karen Bradbury](#)

Age Group 1 – [Richard Smith](#)

Age Group 2 - TBC

Age Group 3 - [Alex Counsell](#)

Development - [Della Clout](#)

Academy 1 & 2 - [Sarah Williams](#)

Youth Squad 1 - [Richard Smith](#)

Youth Squad 2 - [Vicky Turton](#)

Junior Squad 1 - [Jan Annan](#)

Junior Squad 2 - [Jan Annan](#)

Water Polo - [Tim Price](#)

For any other queries

General Club enquiries - [Sueli Armada Bennett](#)

Membership - [Amanthi Tollit](#)

Billing & Finances – [Ala El-Kour](#)

Kit - TBC

Hats - [Rhodri Joyce](#)

Event Hats - [Kerryn Smith](#)

Officials - [Kate Elliott](#)

Welfare - [Jessica Nightingale-Ellis](#)

Galas - [Lorna Wright](#)

Social Media - [Ellie Lott](#)

Newsletter – [Diana Hind](#)

Website - [Julia Walmsley](#)

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