Witney & District Swimming Club
Appropriate Athlete Pathway 2025- 6

Youth Masters (including University Swimmers)
Masters

Performance
Elite Performance
Age: 15yrs plus
13 hours per week

Youth 1 & 2 & 3 & 4 &
Youth Fitness
Age: 14yrs plus
3 – 9.5 hours per week

Performance
Youth Performance
Age: 14yrs plus
11.5 hours per week

Age Group 1 & 2 & 3 & 4 & 5
Age: 11 – 14yrs
4 – 8 hours per week

Performance
Age Performance
Age: 12 – 14yrs
10.5 hours per week

Junior Development 3
Age: 9 – 12yrs
5 hours per week
Junior Development 1 & 2
Age: 8 – 12yrs
3 - 4 hours per week

Performance
Junior Performance
Age: 11 – 12yrs
6 hours per week

Entry into club

Academy 5
Age: 8 - 10yrs
2 hours per week

Academy 4
Age: 7 – 10yrs
1 hour per week

Entry into club

Academy 3
Age: 7 – 10yrs
1 hour per week

Entry into club

Entry into club

Academy 1 & 2
Age: 7 – 9yrs
30mins per week