



Code of Conduct

Athletes (under 18)

This code is something that you as an athlete should refer to in relation to your rights as an athlete, the respect you should expect but also that which you demonstrate to other members, what is expected of you in terms of listening and being listened to and your behavior as a member of the club.

As a member of our club, you have the right to:

- Feel safe and know how you can raise concerns.
- Be listened to.
- Be involved and contribute towards decisions within the club or activity.
- Be respected and treated fairly by every member of the club.
- Feel welcomed, valued and not judged based on your race, gender, sexuality, faith, ability or any other relevant characteristic.
- Be encouraged and developed with our help and support.
- Be looked after if there's an accident or injury and have your parents/guardians/emergency contact informed, where appropriate.

As a member of our club we expect you to:

- Be aware of Wavepower and adhere to relevant guidance.
- Adhere to the Swim England regulations, Code of Ethics, Club Constitution and rules.
- Listen to your coach or teacher, behave responsibly and speak out when something isn't right.
- Never leave the premises (at either training or a competition) without agreeing it with your coach, teacher or team manager first. This is just as important for our adult members as well as those under 18.



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- Make it to training and competitions on time and if you're running late, let a member of the club know.
 - Report to the coach before entering the pool
 - If you need to leave the pool for any reason during training, inform the coach before doing so
 - Always swim to the wall as you would do in a race, and practice turns as instructed.
 - Do not stop and stand in the lane, or obstruct others from completing their training.
 - Do not pull on the ropes as this may injure other members.
 - Do not skip lengths or sets - to do so means you will be cheating yourself.
 - Think about what you doing during training, and if you have any problems, discuss them with your coach at an appropriate time.
- Make your coach or teacher aware if you have any difficulties attending training or competitions.
- Bring the right kit to training and competitions.
- Take care of equipment and premises as if they were your own.
- Support and encourage your team mates.
- Respect volunteers and competitors at competitions.
- Respect the committee members, coaching and teaching team and volunteer helpers at all times.
- Get involved in club decisions, it's your sport too.

We expect certain standards of behaviour from our members. By becoming a member of the club and therefore agreeing to this Code of Conduct you agree to:

- Follow the rules of the club, squad or activity at all times.
- Respect and celebrate differences in the club and you will not discriminate against anyone else on the grounds of age, gender, race, sexual orientation, faith, ability, or any other relevant characteristic.
- Understand that the use of abusive or inappropriate language, bullying, physical violence or any other behaviour which hurts others will not be tolerated by the club.



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- Respect the privacy of others especially in the changing rooms.
- Not use any mobile device, at any time, in the changing areas.
- Report any concerns you have about someone taking photographs or footage of others in the changing areas.
- Report any incidents of bullying or unacceptable behaviour to the welfare officer, even if you're just a witness.

As a club, we expect the following behaviour in competitions:

- At competitions, whether they be open meets, national events or club galas, you will always behave in a manner that shows respect to the coach, the officers, your team mates and the members of all competing organisations.
- You will be required to attend events and galas that the Head Coach has entered/selected you for, unless agreed.
- You will wear a South Croydon Swimming Club Hat.
- You will report to the coach and/or team manager on arrival on poolside.
- You will warm up before the event as directed by the coach in charge on that day and ensure you fully prepare yourself for the race.
- You will be part of the team. This means you will stay with the team on poolside.
- If you have to leave poolside for any reason, you will inform, and in some cases, get the consent of the team manager/coach before doing so.
- After your race, you will report to your coach for feedback.
- You will support my team mates. Everyone likes to be supported and they will be supporting you in return.
- You will swim down after the race if possible, as advised by your coach.
- Your behaviour in the swim down facility must be appropriate and respectful to other users at all times.
- You will never leave an event until either the gala is complete or you have the explicit agreement of the coach or team manager.



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Breaches of this Code of Conduct will result in disciplinary action being taken against you by the club committee and any behaviour which may be a criminal offence will be reported to Police and any other relevant authority, by the club.

Signature of the child	
Signature of parent/guardian	
Date	

Date of revision and record of amendments:

Date of amendments	Section Heading	Page Number	Paragraph Number / Notes



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