

	Monday	
7.30-9pm	Waddon LC	County Squad
7.30-9pm	Waddon LC	Performance/Train2Compete

	Tuesday	
6-7.00pm	Caterham School Pool	Pre Squad Plus Squad
6-7.30pm	Caterham School Pool	County Squad
7-8.00pm	Caterham School Pool	County Development Squad
7.00-8.30pm	Warlingham School Pool	Performance/Train2Compete

	Wednesday	
6-7.30am	Waddon LC	Perf/T2C/County/Masters
7-8.30pm	Tadworth LC	County Squad
7-8.30pm	Tadworth LC	County Development Squad
7.30-8.30pm	Waddon LC	Intermediate Squad
8.30-9.30pm	Waddon LC	Advanced Squad

	Thursday	
6-7.30am	Waddon LC	Perf/T2C/County/County Dev/Masters
5.30-7pm	Warlingham School Pool	Advanced Squad
7-9pm	Warlingham School Pool	Performance/Train2Compete
6-7pm	Old Palace School Pool	Pre Squad
7-8pm	Old Palace School Pool	Progress Squad
8-9pm	Old Palace School Pool	Intermediate Squad
6.15-7.15pm	Caterham School Pool	Pre Squad Plus Squad
6.15-7.45pm	Caterham School Pool	County Squad
7.15-8.30pm	Caterham School Pool	County Development Squad

	Friday	
7-8pm	New Addington LC	Intermediate Squad
7-9pm	New Addington LC	County Squad
8-9pm	New Addington LC	Advanced Squad
7.15-8.15pm	Waddon LC	County Development Squad
8.15-9.30pm	Waddon LC	Performance/Train2Compete

	Saturday	
8-9am	Old Palace School Pool	Pre Squad Plus Squad

	Sunday	
8.30-9.45am	Waddon LC	Pre Squad
8.30-10.00am	Waddon LC	Pre Squad Plus Squad
12-1.30pm	Caterham School Pool	County
12-1.30pm	Caterham School Pool	County Development Squad
4-5.30pm	New Addington LC	Performance/Train2Compete/Advanced
4-5.30pm	New Addington LC	Progress Squad

PLEASE NOTE: NO SWIMMING ON BANK HOLIDAYS

There may be occasions, due to unforeseen circumstances beyond our control, where we have to change one or more of the timetabled sessions.

No refunds will be given in such circumstances although where it is possible to do so the Club will endeavour to offer an alternative(s).

