

Club Championships - 27/06/2025 to 06/07/2025**Results****Event 1 Girls 8 Year Olds 200 SC Meter Backstroke**

	Name	Age	Team	Seed Time	Finals Time
1	Rees, Ivy G	8	Stowmarket Swimming Club-EA	NT	4:11.87
2	Bocking, Orla C	8	Stowmarket Swimming Club-EA	NT	4:18.85
3	Westcott, Molly A	8	Stowmarket Swimming Club-EA	NT	4:32.47
4	Millin, Fern E	8	Stowmarket Swimming Club-EA	NT	5:05.71
---	Dean, Ellie G	8	Stowmarket Swimming Club-EA	NT	DQ 4:25.86

6.4 Turn not initiated at completion of the arm pull after leaving position on the back

Event 1 Girls 9 Year Olds 200 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Pritchard, Phoebe A	9	Stowmarket Swimming Club-EA	NT	3:25.39
2	Harrison, Mabel	9	Stowmarket Swimming Club-EA	4:06.76	3:41.28
3	Colman, Abbie G	9	Stowmarket Swimming Club-EA	NT	4:00.36
4	Cragg, Molly A	9	Stowmarket Swimming Club-EA	NT	4:22.02
5	Wooby, Isla L	9	Stowmarket Swimming Club-EA	NT	4:23.44
6	Buckle, Evelyn M	9	Stowmarket Swimming Club-EA	NT	4:33.56
7	Garner, Emily F	9	Stowmarket Swimming Club-EA	NT	4:34.51

Event 1 Girls 10-11 200 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Templer, Daisy	11	Stowmarket Swimming Club-EA	NT	3:04.08
2	Nowell, Molly R	11	Stowmarket Swimming Club-EA	3:11.25	3:08.06
3	Convey, Audrey G	10	Stowmarket Swimming Club-EA	NT	3:08.42
4	Brewster, Florence J	11	Stowmarket Swimming Club-EA	3:37.72	3:16.27
5	Hunt, Nancy I	11	Stowmarket Swimming Club-EA	3:34.59	3:21.96
6	Westcott, Matilda G	11	Stowmarket Swimming Club-EA	NT	3:22.99
7	Welham, Freya	11	Stowmarket Swimming Club-EA	4:12.11	3:31.79
8	Locke, Gracie	10	Stowmarket Swimming Club-EA	3:42.01	3:38.03
9	Forrest, Serena S	10	Stowmarket Swimming Club-EA	3:58.57	3:42.86
10	Wysocki, Bella M	10	Stowmarket Swimming Club-EA	NT	4:04.60
---	Smith, Kyla-Mae	10	Stowmarket Swimming Club-EA	NT	DQ 3:58.12

6.4 Did not start executing the turn immediately after turning onto the breast

---	Oswick, Esmee J	11	Stowmarket Swimming Club-EA	NT	DQ 4:28.56
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6.4 Did not touch the wall during the turn

Event 1 Girls 12-13 200 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Robertson, Bella	12	Stowmarket Swimming Club-EA	2:53.10	2:45.33
2	Daynes, Amber	12	Stowmarket Swimming Club-EA	2:54.11	2:45.76
3	Mason, Isla	13	Stowmarket Swimming Club-EA	2:53.45	2:48.37
4	Jewers, Zara	12	Stowmarket Swimming Club-EA	3:14.93	2:59.86

Event 1 Women 14-15 200 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Amelie	15	Stowmarket Swimming Club-EA	2:43.77	2:42.91
2	Carter, Verity	15	Stowmarket Swimming Club-EA	2:52.76	2:45.61
3	Haselwood, Erin	15	Stowmarket Swimming Club-EA	2:57.87	2:58.87
4	Fox, Pheobe	15	Stowmarket Swimming Club-EA	3:18.98	3:11.76

Event 1 Women 16 & Over 200 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Brown, Becca	17	Stowmarket Swimming Club-EA	2:33.79	2:40.68
2	Richardson, May	17	Stowmarket Swimming Club-EA	2:47.76	2:54.41

Club Championships - 27/06/2025 to 06/07/2025**Results****(Event 1 Women 16 & Over 200 SC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time
3 Wallace, Fran	27	Stowmarket Swimming Club-EA	NT	3:14.90

Event 1 Boys 8 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Rogers, Ezra I	8	Stowmarket Swimming Club-EA	NT	4:41.85
--- Sewell, James R	8	Stowmarket Swimming Club-EA	NT	DQ 4:10.50
6.4 Did not touch the wall during the turn				

Event 1 Boys 9 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Ashford, Elliott G	9	Stowmarket Swimming Club-EA	NT	3:17.53
2 Durrant-Gwilliam, Joel G	9	Stowmarket Swimming Club-EA	NT	3:31.74
3 Robertson, Freddie	9	Stowmarket Swimming Club-EA	NT	3:41.46
4 Richards, Stanley S	9	Stowmarket Swimming Club-EA	NT	4:42.70

Event 1 Boys 10-11 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Pritchard, Freddie C	11	Stowmarket Swimming Club-EA	3:30.93	2:53.34
2 Gadie, Harrison J	10	Stowmarket Swimming Club-EA	3:13.40	3:14.14
3 Allberry, Henry C	10	Stowmarket Swimming Club-EA	NT	3:31.57
4 Wedgwood, Maximus	11	Stowmarket Swimming Club-EA	NT	3:41.76
5 Drummond, Noah L	11	Stowmarket Swimming Club-EA	NT	3:47.60
6 Grant, Ethan W	10	Stowmarket Swimming Club-EA	NT	3:50.11
--- Jewers, Zach	10	Stowmarket Swimming Club-EA	NT	DQ 3:39.34
6.2 Left position on the back except when executing a turn				

Event 1 Boys 12-13 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Harrison, Heath	13	Stowmarket Swimming Club-EA	3:05.12	2:46.63
2 Fox, Jake E	12	Stowmarket Swimming Club-EA	3:26.09	2:55.81
3 Allberry, Edward A	13	Stowmarket Swimming Club-EA	3:01.62	2:56.48
4 Giles, Reuben B	12	Stowmarket Swimming Club-EA	2:58.75	2:59.81
5 Barnard, Joshua J	13	Stowmarket Swimming Club-EA	3:41.04	3:11.58
6 Smith, Daniel W	12	Stowmarket Swimming Club-EA	3:48.74	3:41.56

Event 1 Men 14-15 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Harrison, Rex	14	Stowmarket Swimming Club-EA	2:39.62	2:29.98
2 Allberry, James W	15	Stowmarket Swimming Club-EA	2:58.98	2:37.12
3 Boxall-Hunt, Roman P	15	Stowmarket Swimming Club-EA	3:26.34	3:24.83
4 Kerry, Rowan J	14	Stowmarket Swimming Club-EA	NT	3:29.21

Event 1 Men 16 & Over 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Brown, Matt	20	Stowmarket Swimming Club-EA	2:13.60	2:20.07
2 Millin, Jed	16	Stowmarket Swimming Club-EA	2:28.89	2:24.33
3 Spelman, Tom	17	Stowmarket Swimming Club-EA	2:28.51	2:25.63
4 Ruffles-Francis, Teilo	17	Stowmarket Swimming Club-EA	2:28.19	2:32.51
5 Rowland, Alfie	16	Stowmarket Swimming Club-EA	2:43.38	2:34.83
6 Ruffles-Francis, Vaughn	19	Stowmarket Swimming Club-EA	2:35.21	2:39.22
7 Wright, Andrew	67	Stowmarket Swimming Club-EA	3:13.44	3:27.87
--- Hale, Oliver	27	Stowmarket Swimming Club-EA	2:28.95	DNF
10.2 Did not complete the whole distance				

Club Championships - 27/06/2025 to 06/07/2025**Results****Event 2 Girls 9 Year Olds 100 SC Meter Butterfly**

	Name	Age	Team	Seed Time	Finals Time
1	Cragg, Molly A	9	Stowmarket Swimming Club-EA	NT	2:28.98
2	Garner, Emily F	9	Stowmarket Swimming Club-EA	NT	2:44.65
---	Pritchard, Phoebe A	9	Stowmarket Swimming Club-EA	NT	DQ 2:05.05
8.3 Alternating movement of legs or feet					

Event 2 Girls 10-11 100 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Hunt, Nancy I	11	Stowmarket Swimming Club-EA	1:45.13	1:44.75
2	Templer, Daisy	11	Stowmarket Swimming Club-EA	NT	1:47.60
3	Nowell, Molly R	11	Stowmarket Swimming Club-EA	NT	1:47.69
4	Brewster, Florence J	11	Stowmarket Swimming Club-EA	2:16.14	1:47.79
5	Locke, Gracie	10	Stowmarket Swimming Club-EA	NT	1:49.03
6	Convey, Audrey G	10	Stowmarket Swimming Club-EA	NT	1:52.03
7	Westcott, Matilda G	11	Stowmarket Swimming Club-EA	NT	1:54.85
8	Forrest, Serena S	10	Stowmarket Swimming Club-EA	1:54.61	2:01.36
9	Wright, Poppy M	10	Stowmarket Swimming Club-EA	2:09.37	2:07.99
---	Perkins, Emelia	11	Stowmarket Swimming Club-EA	NT	DQ 1:49.00
8.3 Breaststroke kicking movement					
---	Oswick, Esmee J	11	Stowmarket Swimming Club-EA	NT	DQ 2:11.71
8.3 Breaststroke kicking movement					

Event 2 Girls 12-13 100 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Robertson, Bella	12	Stowmarket Swimming Club-EA	1:23.47	1:25.77
2	Daynes, Amber	12	Stowmarket Swimming Club-EA	1:32.38	1:26.24
3	Mason, Isla	13	Stowmarket Swimming Club-EA	1:35.15	1:30.56
---	Jewers, Zara	12	Stowmarket Swimming Club-EA	1:33.06	DQ 1:35.02
8.3 Alternating movement of legs or feet					

Event 2 Women 14-15 100 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Amelie	15	Stowmarket Swimming Club-EA	1:14.43	1:20.70
2	Haselwood, Erin	15	Stowmarket Swimming Club-EA	1:36.04	1:29.08
3	Fox, Pheobe	15	Stowmarket Swimming Club-EA	1:41.64	1:42.49

Event 2 Women 16 & Over 100 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Barrett, Sophie	23	Stowmarket Swimming Club-EA	1:16.44	1:17.14
2	Richardson, May	17	Stowmarket Swimming Club-EA	1:17.68	1:20.12
3	Wallace, Fran	27	Stowmarket Swimming Club-EA	1:17.94	1:26.73
4	Bingham, Poppy	19	Stowmarket Swimming Club-EA	1:27.21	1:31.00

Event 2 Boys 9 Year Olds 100 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Ashford, Elliott G	9	Stowmarket Swimming Club-EA	NT	1:50.16
2	Robertson, Freddie	9	Stowmarket Swimming Club-EA	2:00.97	2:00.82

Event 2 Boys 10-11 100 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Pritchard, Freddie C	11	Stowmarket Swimming Club-EA	1:51.02	1:30.52
2	Allberry, Henry C	10	Stowmarket Swimming Club-EA	1:45.98	1:42.14
3	Thompson, Elliott J	11	Stowmarket Swimming Club-EA	1:38.61	1:45.38

Club Championships - 27/06/2025 to 06/07/2025**Results****Event 2 Boys 12-13 100 SC Meter Butterfly**

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Heath	13	Stowmarket Swimming Club-EA	1:12.80	1:13.41
2	Giles, Reuben B	12	Stowmarket Swimming Club-EA	1:17.40	1:20.34
3	Fox, Jake E	12	Stowmarket Swimming Club-EA	NT	1:32.62
4	Allberry, Edward A	13	Stowmarket Swimming Club-EA	1:40.28	1:37.91

Event 2 Men 14-15 100 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Chamberlain, Samuel R	15	Stowmarket Swimming Club-EA	1:03.94	1:04.42
2	Allberry, James W	15	Stowmarket Swimming Club-EA	1:08.54	1:08.36
3	Harrison, Rex	14	Stowmarket Swimming Club-EA	1:22.62	1:18.31
4	Kerry, Rowan J	14	Stowmarket Swimming Club-EA	NT	1:46.11

Event 2 Men 16 & Over 100 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Brown, Matt	20	Stowmarket Swimming Club-EA	59.40	1:01.41
2	Rowland, Alfie	16	Stowmarket Swimming Club-EA	1:05.04	1:04.27
3	Debenham, Matthew E	21	Stowmarket Swimming Club-EA	1:02.85	1:04.53
4	Millin, Jed	16	Stowmarket Swimming Club-EA	1:09.20	1:06.46
5	Spelman, Tom	17	Stowmarket Swimming Club-EA	1:10.57	1:08.13
6	Handley, Will E	23	Stowmarket Swimming Club-EA	1:05.72	1:10.78
7	Ruffles-Francis, Vaughn	19	Stowmarket Swimming Club-EA	1:12.20	1:12.07
8	Ruffles-Francis, Teilo	17	Stowmarket Swimming Club-EA	1:13.58	1:13.27
9	Wallace, Henry	17	Stowmarket Swimming Club-EA	1:20.48	1:16.42

Event 3 Girls 8 Year Olds 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Westcott, Molly A	8	Stowmarket Swimming Club-EA	NT	3:42.69
2	Rees, Ivy G	8	Stowmarket Swimming Club-EA	NT	3:59.02
3	Bocking, Orla C	8	Stowmarket Swimming Club-EA	NT	4:03.28
4	Dean, Ellie G	8	Stowmarket Swimming Club-EA	NT	4:05.40
5	Millin, Fern E	8	Stowmarket Swimming Club-EA	NT	4:50.81

Event 3 Girls 9 Year Olds 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Pritchard, Phoebe A	9	Stowmarket Swimming Club-EA	NT	3:13.12
2	Harrison, Mabel	9	Stowmarket Swimming Club-EA	4:07.18	3:26.35
3	Cragg, Molly A	9	Stowmarket Swimming Club-EA	NT	4:04.83
4	Colman, Abbie G	9	Stowmarket Swimming Club-EA	NT	4:05.09
5	Garner, Emily F	9	Stowmarket Swimming Club-EA	NT	4:07.95
6	Wooby, Isla L	9	Stowmarket Swimming Club-EA	NT	4:22.80

Event 3 Girls 10-11 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Nowell, Molly R	11	Stowmarket Swimming Club-EA	2:53.05	2:46.45
2	Templer, Daisy	11	Stowmarket Swimming Club-EA	2:54.13	2:48.27
3	Hunt, Nancy I	11	Stowmarket Swimming Club-EA	2:57.72	2:50.46
4	Westcott, Matilda G	11	Stowmarket Swimming Club-EA	NT	3:04.68
5	Brewster, Florence J	11	Stowmarket Swimming Club-EA	3:43.75	3:04.84
6	Convey, Audrey G	10	Stowmarket Swimming Club-EA	NT	3:05.70
7	Welham, Freya	11	Stowmarket Swimming Club-EA	4:00.38	3:10.23
8	Locke, Gracie	10	Stowmarket Swimming Club-EA	3:24.68	3:22.03
9	Forrest, Serena S	10	Stowmarket Swimming Club-EA	3:41.77	3:22.85

Club Championships - 27/06/2025 to 06/07/2025**Results****(Event 3 Girls 10-11 200 SC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
10	Wysocki, Bella M	10	Stowmarket Swimming Club-EA	NT	3:31.27
11	Humphreys, Juliet E	11	Stowmarket Swimming Club-EA	NT	3:37.86
12	Wright, Poppy M	10	Stowmarket Swimming Club-EA	NT	3:44.79
13	Smith, Kyla-Mae	10	Stowmarket Swimming Club-EA	NT	3:45.41

Event 3 Girls 12-13 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Armstrong, Emilia	13	Stowmarket Swimming Club-EA	2:22.88	2:22.49
2	Daynes, Amber	12	Stowmarket Swimming Club-EA	2:32.01	2:26.96
3	Mason, Isla	13	Stowmarket Swimming Club-EA	2:28.17	2:29.62
4	Robertson, Bella	12	Stowmarket Swimming Club-EA	2:41.89	2:35.62
5	Jewers, Zara	12	Stowmarket Swimming Club-EA	2:36.72	2:36.91

Event 3 Women 14-15 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Amelie	15	Stowmarket Swimming Club-EA	2:22.10	2:23.01
2	Haselwood, Erin	15	Stowmarket Swimming Club-EA	2:40.50	2:35.35
3	Fox, Pheobe	15	Stowmarket Swimming Club-EA	2:46.09	2:42.14

Event 3 Women 16 & Over 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Barrett, Sophie	23	Stowmarket Swimming Club-EA	2:34.04	2:31.13
2	Wallace, Fran	27	Stowmarket Swimming Club-EA	2:31.59	2:36.26
3	Bingham, Poppy	19	Stowmarket Swimming Club-EA	2:38.70	2:39.53

Event 3 Boys 8 Year Olds 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Rogers, Ezra I	8	Stowmarket Swimming Club-EA	NT	3:55.43

Event 3 Boys 9 Year Olds 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Ashford, Elliott G	9	Stowmarket Swimming Club-EA	NT	3:03.33
2	Davis, Oscar J	9	Stowmarket Swimming Club-EA	3:22.51	3:20.88
3	Robertson, Freddie	9	Stowmarket Swimming Club-EA	5:22.08	3:21.13
4	Durrant-Gwilliam, Joel G	9	Stowmarket Swimming Club-EA	NT	3:22.77
5	Ames, Henry R	9	Stowmarket Swimming Club-EA	NT	3:57.08

Event 3 Boys 10-11 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Pritchard, Freddie C	11	Stowmarket Swimming Club-EA	2:53.02	2:33.82
2	Thompson, Elliott J	11	Stowmarket Swimming Club-EA	2:48.79	2:46.11
3	Allberry, Henry C	10	Stowmarket Swimming Club-EA	3:09.49	2:55.83
4	Gadie, Harrison J	10	Stowmarket Swimming Club-EA	3:05.50	2:56.13
5	Wedgwood, Maximus	11	Stowmarket Swimming Club-EA	3:56.56	3:22.74
6	Jewers, Zach	10	Stowmarket Swimming Club-EA	4:14.07	3:23.86
7	Grant, Ethan W	10	Stowmarket Swimming Club-EA	5:01.09	3:32.65
8	Drummond, Noah L	11	Stowmarket Swimming Club-EA	3:57.06	3:43.11

Event 3 Boys 12-13 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Heath	13	Stowmarket Swimming Club-EA	2:18.20	2:16.58
2	Giles, Reuben B	12	Stowmarket Swimming Club-EA	2:27.09	2:29.99
3	Fox, Jake E	12	Stowmarket Swimming Club-EA	2:47.05	2:33.76
4	Allberry, Edward A	13	Stowmarket Swimming Club-EA	2:44.79	2:39.68

Club Championships - 27/06/2025 to 06/07/2025**Results****(Event 3 Boys 12-13 200 SC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
5	Smith, Daniel W	12	Stowmarket Swimming Club-EA	3:32.08	3:18.27

Event 3 Men 14-15 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Rex	14	Stowmarket Swimming Club-EA	2:15.60	2:11.20
2	Allberry, James W	15	Stowmarket Swimming Club-EA	2:25.55	2:11.96
3	Boxall-Hunt, Roman P	15	Stowmarket Swimming Club-EA	2:45.44	2:43.65
4	Kerry, Rowan J	14	Stowmarket Swimming Club-EA	3:11.20	2:59.24
5	Tsizdyn, Davyd	14	Stowmarket Swimming Club-EA	3:57.26	3:36.38

Event 3 Men 16 & Over 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Brown, Matt	20	Stowmarket Swimming Club-EA	2:00.69	2:03.24
2	Spelman, Tom	17	Stowmarket Swimming Club-EA	2:03.24	2:05.55
3	Millin, Jed	16	Stowmarket Swimming Club-EA	2:05.37	2:07.49
4	Debenham, Matthew E	21	Stowmarket Swimming Club-EA	2:07.98	2:10.31
5	Ruffles-Francis, Teilo	17	Stowmarket Swimming Club-EA	2:11.33	2:11.71
6	Rowland, Alfie	16	Stowmarket Swimming Club-EA	2:11.38	2:12.20
7	Bumstead, Ollie	41	Stowmarket Swimming Club-EA	2:13.20	2:13.31
8	Duszyński, Adam	36	Stowmarket Swimming Club-EA	2:17.09	2:13.41
9	Hale, Oliver	27	Stowmarket Swimming Club-EA	2:11.90	2:14.00
10	Wallace, Henry	17	Stowmarket Swimming Club-EA	2:32.60	2:26.68
11	Mitson, Clive	55	Stowmarket Swimming Club-EA	2:46.00	2:45.70
---	Fisher, Mikey N	28	Stowmarket Swimming Club-EA	2:29.12	X2:14.68

Event 4 Girls 9 Year Olds 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Mabel	9	Stowmarket Swimming Club-EA	NT	2:08.74
2	Colman, Abbie G	9	Stowmarket Swimming Club-EA	NT	2:12.47
3	Cragg, Molly A	9	Stowmarket Swimming Club-EA	2:13.60	2:13.50
4	Pritchard, Phoebe A	9	Stowmarket Swimming Club-EA	NT	2:17.15
5	Marshall, Hattie P	9	Stowmarket Swimming Club-EA	NT	2:17.57
6	Garner, Emily F	9	Stowmarket Swimming Club-EA	2:14.53	2:19.56
7	Spender, Imogen E	9	Stowmarket Swimming Club-EA	NT	2:31.11
---	Gummer, Aria V	9	Stowmarket Swimming Club-EA	NT	DQ 2:55.32

7.3 Hands brought back beyond the hip line during stroke

Event 4 Girls 10-11 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Templer, Daisy	11	Stowmarket Swimming Club-EA	1:30.77	1:34.01
2	Brewster, Florence J	11	Stowmarket Swimming Club-EA	1:41.58	1:40.61
3	Welham, Freya	11	Stowmarket Swimming Club-EA	1:48.67	1:46.11
4	Westcott, Matilda G	11	Stowmarket Swimming Club-EA	1:50.53	1:50.66
5	Convey, Audrey G	10	Stowmarket Swimming Club-EA	2:10.03	1:50.92
6	Hunt, Nancy I	11	Stowmarket Swimming Club-EA	2:05.22	1:51.17
7	Nowell, Molly R	11	Stowmarket Swimming Club-EA	2:03.09	1:54.66
8	Locke, Gracie	10	Stowmarket Swimming Club-EA	1:56.15	1:57.06
9	Forrest, Serena S	10	Stowmarket Swimming Club-EA	2:06.30	2:04.08
10	Wysocki, Bella M	10	Stowmarket Swimming Club-EA	NT	2:08.39
11	Wright, Poppy M	10	Stowmarket Swimming Club-EA	2:06.19	2:10.36
12	Smith, Kyla-Mae	10	Stowmarket Swimming Club-EA	NT	2:11.97
13	Farrell, Maisie A	11	Stowmarket Swimming Club-EA	2:22.11	2:14.66

Club Championships - 27/06/2025 to 06/07/2025**Results****(Event 4 Girls 10-11 100 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time
--- Humphreys, Juliet E	11	Stowmarket Swimming Club-EA	NT	DQ 2:11.27
7.1 Head did not break the surface before the hands turned inward at the widest part of th				

Event 4 Girls 12-13 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
*1 Mason, Isla	13	Stowmarket Swimming Club-EA	1:27.47	1:27.97
*1 Armstrong, Emilia	13	Stowmarket Swimming Club-EA	1:26.76	1:27.97
3 Robertson, Bella	12	Stowmarket Swimming Club-EA	1:31.13	1:30.44
4 Daynes, Amber	12	Stowmarket Swimming Club-EA	1:34.37	1:33.76
5 Jewers, Zara	12	Stowmarket Swimming Club-EA	1:43.46	1:36.71
6 Boxall-Hunt, Bella D	13	Stowmarket Swimming Club-EA	2:01.06	2:02.26

Event 4 Women 14-15 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Harrison, Amelie	15	Stowmarket Swimming Club-EA	1:32.18	1:31.31
2 Fox, Pheobe	15	Stowmarket Swimming Club-EA	1:36.42	1:35.62
3 Haselwood, Erin	15	Stowmarket Swimming Club-EA	1:37.21	1:39.88

Event 4 Women 16 & Over 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Wallace, Fran	27	Stowmarket Swimming Club-EA	1:22.10	1:25.00
2 Brown, Becca	17	Stowmarket Swimming Club-EA	1:23.30	1:27.14
3 Bingham, Poppy	19	Stowmarket Swimming Club-EA	1:32.09	1:35.01

Event 4 Boys 9 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Davis, Oscar J	9	Stowmarket Swimming Club-EA	1:53.24	1:54.30
2 Ashford, Elliott G	9	Stowmarket Swimming Club-EA	2:07.26	1:54.78
3 Durrant-Gwilliam, Joel G	9	Stowmarket Swimming Club-EA	1:57.40	1:57.42
4 Robertson, Freddie	9	Stowmarket Swimming Club-EA	2:05.88	2:04.23
5 Richards, Stanley S	9	Stowmarket Swimming Club-EA	NT	2:10.80
--- Kossowski, Oscar K	9	Stowmarket Swimming Club-EA	NT	DQ 2:24.79
7.2 Stroke cycle not 1 arm stroke to 1 leg kick in that order				

Event 4 Boys 10-11 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Thompson, Elliott J	11	Stowmarket Swimming Club-EA	1:46.35	1:46.54
2 Pritchard, Freddie C	11	Stowmarket Swimming Club-EA	2:00.39	1:47.59
3 Allberry, Henry C	10	Stowmarket Swimming Club-EA	1:50.17	1:48.94
4 Jewers, Zach	10	Stowmarket Swimming Club-EA	1:51.67	1:49.25
5 Ames, Alfred S	11	Stowmarket Swimming Club-EA	NT	2:04.86
6 Grant, Ethan W	10	Stowmarket Swimming Club-EA	2:26.80	2:08.09
7 Wedgwood, Maximus	11	Stowmarket Swimming Club-EA	2:02.94	2:16.12
--- Gadie, Harrison J	10	Stowmarket Swimming Club-EA	1:41.88	DQ 1:47.30
7.1 More than one butterfly kick prior to first breaststroke kick after the start or turn				
--- Drummond, Noah L	11	Stowmarket Swimming Club-EA	2:20.44	DQ 2:01.14
7.6 Did not touch at the turn or finish with both hands; separated; simultaneously				

Event 4 Boys 12-13 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Giles, Reuben B	12	Stowmarket Swimming Club-EA	1:29.62	1:29.11
2 Harrison, Heath	13	Stowmarket Swimming Club-EA	1:31.50	1:29.98
3 Fox, Jake E	12	Stowmarket Swimming Club-EA	1:38.05	1:38.95

Club Championships - 27/06/2025 to 06/07/2025**Results****(Event 4 Boys 12-13 100 SC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time
4	Allberry, Edward A	13	Stowmarket Swimming Club-EA	1:42.99	1:41.78
5	Smith, Daniel W	12	Stowmarket Swimming Club-EA	2:03.60	2:01.57

Event 4 Men 14-15 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Rex	14	Stowmarket Swimming Club-EA	1:20.20	1:20.60
2	Allberry, James W	15	Stowmarket Swimming Club-EA	1:24.17	1:24.94
3	Kerry, Rowan J	14	Stowmarket Swimming Club-EA	1:41.17	1:36.63
4	Boxall-Hunt, Roman P	15	Stowmarket Swimming Club-EA	1:48.43	1:49.67
5	Tsizdyn, Davyd	14	Stowmarket Swimming Club-EA	2:08.15	2:05.10

Event 4 Men 16 & Over 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Chapman, Lewis S	23	Stowmarket Swimming Club-EA	1:06.61	1:10.05
2	Debenham, Matthew E	21	Stowmarket Swimming Club-EA	1:09.69	1:10.55
3	Spelman, Tom	17	Stowmarket Swimming Club-EA	1:10.40	1:11.89
4	Rowland, Alfie	16	Stowmarket Swimming Club-EA	1:15.38	1:15.50
5	Ruffles-Francis, Teilo	17	Stowmarket Swimming Club-EA	1:14.11	1:17.50
6	Handley, Will E	23	Stowmarket Swimming Club-EA	1:12.89	1:19.40
7	Millin, Jed	16	Stowmarket Swimming Club-EA	1:24.11	1:20.54
8	Wallace, Henry	17	Stowmarket Swimming Club-EA	1:19.16	1:21.33
9	Wright, Andrew	67	Stowmarket Swimming Club-EA	1:39.56	1:44.69

Event 5 Girls 9 Year Olds 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Pritchard, Phoebe A	9	Stowmarket Swimming Club-EA	1:38.29	1:40.39
2	Harrison, Mabel	9	Stowmarket Swimming Club-EA	NT	1:45.38
3	Colman, Abbie G	9	Stowmarket Swimming Club-EA	NT	1:54.06
4	Garner, Emily F	9	Stowmarket Swimming Club-EA	2:19.90	2:10.83
5	Gummer, Aria V	9	Stowmarket Swimming Club-EA	NT	2:21.88
6	Spender, Imogen E	9	Stowmarket Swimming Club-EA	NT	2:27.68
---	Evans, Emily G	9	Stowmarket Swimming Club-EA	2:01.03	DQ 1:59.90
	6.2 Left position on the back except when executing a turn				
---	Cragg, Molly A	9	Stowmarket Swimming Club-EA	NT	DQ 2:03.39
	6.4 Turn not initiated at completion of the arm pull after leaving position on the back				

Event 5 Girls 10-11 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Templer, Daisy	11	Stowmarket Swimming Club-EA	1:28.48	1:27.21
2	Nowell, Molly R	11	Stowmarket Swimming Club-EA	1:27.63	1:28.47
3	Convey, Audrey G	10	Stowmarket Swimming Club-EA	1:45.42	1:31.98
4	Hunt, Nancy I	11	Stowmarket Swimming Club-EA	1:40.28	1:35.67
5	Brewster, Florence J	11	Stowmarket Swimming Club-EA	1:40.09	1:35.76
6	Westcott, Matilda G	11	Stowmarket Swimming Club-EA	1:40.27	1:39.82
7	Welham, Freya	11	Stowmarket Swimming Club-EA	1:44.39	1:41.23
8	Locke, Gracie	10	Stowmarket Swimming Club-EA	NT	1:45.96
9	Forrest, Serena S	10	Stowmarket Swimming Club-EA	1:49.03	1:47.64
10	Smith, Kyla-Mae	10	Stowmarket Swimming Club-EA	1:55.20	1:50.96
11	Wysocki, Bella M	10	Stowmarket Swimming Club-EA	NT	1:54.73
12	Farrell, Maisie A	11	Stowmarket Swimming Club-EA	2:16.48	2:05.88

Club Championships - 27/06/2025 to 06/07/2025**Results****Event 5 Girls 12-13 100 SC Meter Backstroke**

	Name	Age	Team	Seed Time	Finals Time
1	Armstrong, Emilia	13	Stowmarket Swimming Club-EA	1:13.00	1:16.65
2	Daynes, Amber	12	Stowmarket Swimming Club-EA	1:22.07	1:18.60
3	Robertson, Bella	12	Stowmarket Swimming Club-EA	1:19.27	1:20.02
4	Mason, Isla	13	Stowmarket Swimming Club-EA	1:19.59	1:20.79
5	Jewers, Zara	12	Stowmarket Swimming Club-EA	1:25.07	1:27.38
6	Boxall-Hunt, Bella D	13	Stowmarket Swimming Club-EA	1:40.95	1:40.31

Event 5 Women 14-15 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Amelie	15	Stowmarket Swimming Club-EA	1:17.02	1:16.99
2	Haselwood, Erin	15	Stowmarket Swimming Club-EA	1:21.81	1:24.50
3	Fox, Pheobe	15	Stowmarket Swimming Club-EA	1:34.42	1:35.07

Event 5 Women 16 & Over 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Brown, Becca	17	Stowmarket Swimming Club-EA	1:11.26	1:12.12
2	Richardson, May	17	Stowmarket Swimming Club-EA	1:17.60	1:19.69
3	Bingham, Poppy	19	Stowmarket Swimming Club-EA	1:29.38	1:28.48

Event 5 Boys 9 Year Olds 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Ashford, Elliott G	9	Stowmarket Swimming Club-EA	NT	1:34.19
2	Robertson, Freddie	9	Stowmarket Swimming Club-EA	NT	1:43.90
3	Durrant-Gwilliam, Joel G	9	Stowmarket Swimming Club-EA	1:39.22	1:45.97
4	Richards, Stanley S	9	Stowmarket Swimming Club-EA	NT	2:12.58
5	Kossowski, Oscar K	9	Stowmarket Swimming Club-EA	NT	2:41.33

Event 5 Boys 10-11 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Pritchard, Freddie C	11	Stowmarket Swimming Club-EA	1:27.74	1:23.54
2	Thompson, Elliott J	11	Stowmarket Swimming Club-EA	1:32.11	1:33.34
3	Gadie, Harrison J	10	Stowmarket Swimming Club-EA	1:40.67	1:33.50
4	Allberry, Henry C	10	Stowmarket Swimming Club-EA	1:39.82	1:39.07
5	Jewers, Zach	10	Stowmarket Swimming Club-EA	1:47.71	1:43.52
6	Drummond, Noah L	11	Stowmarket Swimming Club-EA	1:41.49	1:44.52
7	Grant, Ethan W	10	Stowmarket Swimming Club-EA	NT	1:50.51
8	Wedgwood, Maximus	11	Stowmarket Swimming Club-EA	1:48.57	1:51.22

Event 5 Boys 12-13 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Heath	13	Stowmarket Swimming Club-EA	1:17.42	1:17.50
2	Giles, Reuben B	12	Stowmarket Swimming Club-EA	1:22.41	1:23.76
3	Fox, Jake E	12	Stowmarket Swimming Club-EA	1:26.41	1:25.08
4	Allberry, Edward A	13	Stowmarket Swimming Club-EA	1:27.44	1:29.69
5	Smith, Daniel W	12	Stowmarket Swimming Club-EA	1:46.56	1:42.42

Event 5 Men 14-15 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Rex	14	Stowmarket Swimming Club-EA	1:12.57	1:11.94
2	Allberry, James W	15	Stowmarket Swimming Club-EA	1:20.49	1:14.23
3	Boxall-Hunt, Roman P	15	Stowmarket Swimming Club-EA	1:37.58	1:37.19
4	Kerry, Rowan J	14	Stowmarket Swimming Club-EA	NT	1:39.17

Club Championships - 27/06/2025 to 06/07/2025**Results****Event 5 Men 16 & Over 100 SC Meter Backstroke**

	Name	Age	Team	Seed Time	Finals Time
1	Brown, Matt	20	Stowmarket Swimming Club-EA	1:01.64	1:02.38
2	Hale, Oliver	27	Stowmarket Swimming Club-EA	1:07.61	1:07.01
3	Spelman, Tom	17	Stowmarket Swimming Club-EA	1:07.48	1:07.82
4	Debenham, Matthew E	21	Stowmarket Swimming Club-EA	1:08.00	1:09.16
5	Millin, Jed	16	Stowmarket Swimming Club-EA	1:07.59	1:09.80
6	Ruffles-Francis, Teilo	17	Stowmarket Swimming Club-EA	1:09.28	1:10.11
7	Rowland, Alfie	16	Stowmarket Swimming Club-EA	1:12.80	1:11.05
8	Mitson, Clive	55	Stowmarket Swimming Club-EA	1:27.00	1:25.24
9	Wright, Andrew	67	Stowmarket Swimming Club-EA	1:30.55	1:35.74

Event 6 Mixed 7-8 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Sewell, James R	8	Stowmarket Swimming Club-EA	NT	51.29
2	Rees, Ivy G	8	Stowmarket Swimming Club-EA	NT	53.39
3	Dean, Ellie G	8	Stowmarket Swimming Club-EA	NT	54.52
4	Davis, Matilda A	7	Stowmarket Swimming Club-EA	NT	54.95
5	Bocking, Orla C	8	Stowmarket Swimming Club-EA	NT	55.53
6	Westcott, Molly A	8	Stowmarket Swimming Club-EA	55.10	56.12
7	Farrell, Jake A	8	Stowmarket Swimming Club-EA	1:22.81	59.51
8	Buck, Logan M	7	Stowmarket Swimming Club-EA	NT	59.77
9	Keys, Reevea	8	Stowmarket Swimming Club-EA	NT	1:01.30
10	Colman, Elisha R	7	Stowmarket Swimming Club-EA	NT	1:01.93
11	Rogers, Ezra I	8	Stowmarket Swimming Club-EA	NT	1:04.56
12	Millin, Fern E	8	Stowmarket Swimming Club-EA	1:09.06	1:09.20
13	Lamble, Demelza	7	Stowmarket Swimming Club-EA	NT	1:12.57
14	Duszynski, William	8	Stowmarket Swimming Club-EA	1:29.48	1:18.01
15	Learmonth, Amelia R	7	Stowmarket Swimming Club-EA	NT	1:28.65
16	Groom, Eliza R	7	Stowmarket Swimming Club-EA	NT	1:30.72
---	Roberts, Isaac J	8	Stowmarket Swimming Club-EA	NT	DQ 1:31.92

6.5 Did not finish the race while on the back

Event 7 Mixed 6 & Under 25 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Convey, Eliza	6	Stowmarket Swimming Club-EA	37.61	37.85
2	Hughes, Charlotte A	6	Stowmarket Swimming Club-EA	NT	41.23
3	Moss, Millie	4	Stowmarket Swimming Club-EA	NT	43.22
4	Rogers, Thea-Rose B	6	Stowmarket Swimming Club-EA	NT	44.17
5	Kingji, Noah	6	Stowmarket Swimming Club-EA	NT	1:23.17

Event 8 Girls 9 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Mabel	9	Stowmarket Swimming Club-EA	NT	3:58.19
2	Pritchard, Phoebe A	9	Stowmarket Swimming Club-EA	NT	3:59.38

Event 8 Girls 10-11 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Templer, Daisy	11	Stowmarket Swimming Club-EA	NT	3:09.80
2	Nowell, Molly R	11	Stowmarket Swimming Club-EA	3:33.77	3:17.14
3	Hunt, Nancy I	11	Stowmarket Swimming Club-EA	3:34.28	3:24.28
4	Brewster, Florence J	11	Stowmarket Swimming Club-EA	3:47.38	3:25.77
5	Convey, Audrey G	10	Stowmarket Swimming Club-EA	NT	3:29.58
6	Westcott, Matilda G	11	Stowmarket Swimming Club-EA	NT	3:36.46

Club Championships - 27/06/2025 to 06/07/2025**Results****(Event 8 Girls 10-11 200 SC Meter IM)**

	Name	Age	Team	Seed Time	Finals Time
7	Locke, Gracie	10	Stowmarket Swimming Club-EA	3:40.85	3:46.16
8	Forrest, Serena S	10	Stowmarket Swimming Club-EA	NT	3:54.44
9	Wysocki, Bella M	10	Stowmarket Swimming Club-EA	NT	4:03.26
---	Farrell, Maisie A	11	Stowmarket Swimming Club-EA	NT	DQ 4:39.43

8.2 Arms not brought backward simultaneously under the water - fly

Event 8 Girls 12-13 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Armstrong, Emilia	13	Stowmarket Swimming Club-EA	2:42.56	2:46.39
2	Mason, Isla	13	Stowmarket Swimming Club-EA	2:49.35	2:51.72
3	Daynes, Amber	12	Stowmarket Swimming Club-EA	2:50.72	2:51.95
4	Robertson, Bella	12	Stowmarket Swimming Club-EA	2:58.82	2:52.40
5	Jewers, Zara	12	Stowmarket Swimming Club-EA	3:06.46	3:04.39

Event 8 Women 14-15 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Amelie	15	Stowmarket Swimming Club-EA	2:42.96	2:47.89
2	Haselwood, Erin	15	Stowmarket Swimming Club-EA	2:56.70	3:01.33
3	Fox, Pheobe	15	Stowmarket Swimming Club-EA	3:19.27	3:09.72

Event 8 Women 16 & Over 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Barrett, Sophie	23	Stowmarket Swimming Club-EA	2:47.90	2:47.62
2	Bingham, Poppy	19	Stowmarket Swimming Club-EA	2:59.65	3:01.14

Event 8 Boys 9 Year Olds 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Ashford, Elliott G	9	Stowmarket Swimming Club-EA	NT	3:33.08
2	Robertson, Freddie	9	Stowmarket Swimming Club-EA	NT	3:43.60
3	Davis, Oscar J	9	Stowmarket Swimming Club-EA	NT	3:50.44

Event 8 Boys 10-11 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Pritchard, Freddie C	11	Stowmarket Swimming Club-EA	3:26.03	3:06.45
2	Thompson, Elliott J	11	Stowmarket Swimming Club-EA	3:18.60	3:16.62
3	Allberry, Henry C	10	Stowmarket Swimming Club-EA	3:34.52	3:17.12
4	Gadie, Harrison J	10	Stowmarket Swimming Club-EA	NT	3:20.44
5	Wedgwood, Maximus	11	Stowmarket Swimming Club-EA	NT	4:06.40
---	Drummond, Noah L	11	Stowmarket Swimming Club-EA	NT	DQ 4:04.01

8.4 Did not touch at the turn or finish with both hands; separated; simultaneously - fly

Event 8 Boys 12-13 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Heath	13	Stowmarket Swimming Club-EA	2:46.16	2:41.39
2	Giles, Reuben B	12	Stowmarket Swimming Club-EA	2:53.30	2:51.88
3	Fox, Jake E	12	Stowmarket Swimming Club-EA	3:08.95	2:58.57
4	Allberry, Edward A	13	Stowmarket Swimming Club-EA	3:09.92	3:05.71

Event 8 Men 14-15 200 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Rex	14	Stowmarket Swimming Club-EA	2:42.90	2:35.40
2	Allberry, James W	15	Stowmarket Swimming Club-EA	2:41.55	2:35.92
3	Kerry, Rowan J	14	Stowmarket Swimming Club-EA	NT	3:22.60

Club Championships - 27/06/2025 to 06/07/2025**Results****Event 8 Men 16 & Over 200 SC Meter IM**

	Name	Age	Team	Seed Time	Finals Time
1	Chapman, Lewis S	23	Stowmarket Swimming Club-EA	2:17.26	2:20.81
2	Brown, Matt	20	Stowmarket Swimming Club-EA	2:17.63	2:21.22
3	Debenham, Matthew E	21	Stowmarket Swimming Club-EA	2:23.46	2:26.05
4	Spelman, Tom	17	Stowmarket Swimming Club-EA	2:20.06	2:26.25
5	Rowland, Alfie	16	Stowmarket Swimming Club-EA	2:30.86	2:29.10
6	Millin, Jed	16	Stowmarket Swimming Club-EA	2:29.63	2:30.72
7	Ruffles-Francis, Teilo	17	Stowmarket Swimming Club-EA	2:28.98	2:31.91
8	Bumstead, Ollie	41	Stowmarket Swimming Club-EA	2:41.00	2:37.00
9	Duszynski, Adam	36	Stowmarket Swimming Club-EA	2:42.50	2:38.64
10	Wallace, Henry	17	Stowmarket Swimming Club-EA	NT	2:50.37

Event 9 Girls 10-11 400 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Templer, Daisy	11	Stowmarket Swimming Club-EA	NT	6:36.26
2	Nowell, Molly R	11	Stowmarket Swimming Club-EA	NT	6:51.61
3	Hunt, Nancy I	11	Stowmarket Swimming Club-EA	7:57.05	7:08.46
4	Brewster, Florence J	11	Stowmarket Swimming Club-EA	8:24.70	7:17.94
5	Perkins, Emelia	11	Stowmarket Swimming Club-EA	NT	7:21.57
6	Convey, Audrey G	10	Stowmarket Swimming Club-EA	NT	7:32.21

Event 9 Girls 12-13 400 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Armstrong, Emilia	13	Stowmarket Swimming Club-EA	5:47.66	5:40.73
2	Robertson, Bella	12	Stowmarket Swimming Club-EA	6:09.20	5:58.77
3	Mason, Isla	13	Stowmarket Swimming Club-EA	6:09.51	6:04.04
4	Daynes, Amber	12	Stowmarket Swimming Club-EA	6:20.46	6:10.50
5	Jewers, Zara	12	Stowmarket Swimming Club-EA	NT	6:26.27

Event 9 Women 14-15 400 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Amelie	15	Stowmarket Swimming Club-EA	6:02.39	5:48.96
2	Haselwood, Erin	15	Stowmarket Swimming Club-EA	6:34.01	6:26.02
3	Fox, Pheobe	15	Stowmarket Swimming Club-EA	7:02.28	6:44.17

Event 9 Women 16 & Over 400 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Bingham, Poppy	19	Stowmarket Swimming Club-EA	6:24.93	6:32.24

Event 9 Boys 10-11 400 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Long, Alex T	11	Stowmarket Swimming Club-EA	NT	6:21.47
2	Pritchard, Freddie C	11	Stowmarket Swimming Club-EA	NT	6:30.30
3	Allberry, Henry C	10	Stowmarket Swimming Club-EA	NT	7:14.24
---	Jewers, Zach	10	Stowmarket Swimming Club-EA	NT	DQ DQ

10.2 Did not complete the whole distance - misc

Event 9 Boys 12-13 400 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Heath	13	Stowmarket Swimming Club-EA	5:50.51	5:35.60
2	Long, Ethan	13	Stowmarket Swimming Club-EA	6:34.00	5:53.50
3	Giles, Reuben B	12	Stowmarket Swimming Club-EA	6:04.56	6:04.23
4	Allberry, Edward A	13	Stowmarket Swimming Club-EA	7:00.07	6:26.09
5	Fox, Jake E	12	Stowmarket Swimming Club-EA	NT	6:31.27

Club Championships - 27/06/2025 to 06/07/2025**Results****(Event 9 Boys 12-13 400 SC Meter IM)**

Name	Age	Team	Seed Time	Finals Time
--- Barnard, Joshua J	13	Stowmarket Swimming Club-EA	NT	DQ 6:42.50
8.4 Did not touch at the turn or finish with both hands; separated; simultaneously - fly				

Event 9 Men 14-15 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Allberry, James W	15	Stowmarket Swimming Club-EA	5:34.34	5:21.42
2 Harrison, Rex	14	Stowmarket Swimming Club-EA	5:42.95	5:25.33
3 Kerry, Rowan J	14	Stowmarket Swimming Club-EA	NT	7:07.98

Event 9 Men 16 & Over 400 SC Meter IM

Name	Age	Team	Seed Time	Finals Time
1 Brown, Matt	20	Stowmarket Swimming Club-EA	4:58.81	5:02.26
2 Debenham, Matthew E	21	Stowmarket Swimming Club-EA	5:05.03	5:07.63
3 Chapman, Lewis S	23	Stowmarket Swimming Club-EA	5:03.59	5:11.30
4 Ruffles-Francis, Teilo	17	Stowmarket Swimming Club-EA	5:19.45	5:11.94
5 Millin, Jed	16	Stowmarket Swimming Club-EA	5:11.19	5:15.13
6 Rowland, Alfie	16	Stowmarket Swimming Club-EA	5:30.41	5:20.40
7 Bumstead, Ollie	41	Stowmarket Swimming Club-EA	5:37.55	5:33.73
8 Hale, Oliver	27	Stowmarket Swimming Club-EA	5:40.00	5:40.06
9 Ruffles-Francis, Vaughn	19	Stowmarket Swimming Club-EA	5:43.48	5:43.30

Event 10 Girls 9 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Pritchard, Phoebe A	9	Stowmarket Swimming Club-EA	NT	6:51.76
2 Harrison, Mabel	9	Stowmarket Swimming Club-EA	NT	7:24.81
3 Cragg, Molly A	9	Stowmarket Swimming Club-EA	NT	8:20.00
4 Colman, Abbie G	9	Stowmarket Swimming Club-EA	NT	8:34.61
5 Buckle, Evelyn M	9	Stowmarket Swimming Club-EA	NT	9:00.36
6 Garner, Emily F	9	Stowmarket Swimming Club-EA	NT	9:02.40

Event 10 Girls 10-11 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Nowell, Molly R	11	Stowmarket Swimming Club-EA	6:00.24	5:46.56
2 Templer, Daisy	11	Stowmarket Swimming Club-EA	6:12.44	5:54.29
3 Hunt, Nancy I	11	Stowmarket Swimming Club-EA	6:11.62	6:04.12
4 Perkins, Emelia	11	Stowmarket Swimming Club-EA	NT	6:24.81
5 Brewster, Florence J	11	Stowmarket Swimming Club-EA	7:49.89	6:27.06
6 Westcott, Matilda G	11	Stowmarket Swimming Club-EA	NT	6:27.98
7 Convey, Audrey G	10	Stowmarket Swimming Club-EA	NT	6:40.89
8 Welham, Freya	11	Stowmarket Swimming Club-EA	7:49.86	6:46.88
9 Forrest, Serena S	10	Stowmarket Swimming Club-EA	9:30.37	7:22.54
10 Wysocki, Bella M	10	Stowmarket Swimming Club-EA	NT	7:29.56
11 Smith, Kyla-Mae	10	Stowmarket Swimming Club-EA	NT	7:47.52
12 Long, Hattie	10	Stowmarket Swimming Club-EA	NT	7:50.27
13 Oswick, Esmee J	11	Stowmarket Swimming Club-EA	NT	8:17.27

Event 10 Girls 12-13 400 SC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Armstrong, Emilia	13	Stowmarket Swimming Club-EA	5:03.51	4:58.29
2 Mason, Isla	13	Stowmarket Swimming Club-EA	5:10.12	5:13.54
3 Daynes, Amber	12	Stowmarket Swimming Club-EA	5:42.84	5:18.44
4 Bryant, Olivia M	12	Stowmarket Swimming Club-EA	5:22.85	5:21.70
5 Robertson, Bella	12	Stowmarket Swimming Club-EA	5:48.08	5:24.26

Club Championships - 27/06/2025 to 06/07/2025**Results****(Event 10 Girls 12-13 400 SC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
6	Jewers, Zara	12	Stowmarket Swimming Club-EA	5:46.79	5:30.71
7	Boxall-Hunt, Bella D	13	Stowmarket Swimming Club-EA	7:22.49	6:28.33
8	Long, Nancy	12	Stowmarket Swimming Club-EA	NT	7:26.04

Event 10 Women 14-15 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Amelie	15	Stowmarket Swimming Club-EA	5:03.00	5:08.36
2	Fox, Pheobe	15	Stowmarket Swimming Club-EA	5:57.71	5:44.29

Event 10 Women 16 & Over 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Richardson, May	17	Stowmarket Swimming Club-EA	5:02.95	5:13.33
2	Barrett, Sophie	23	Stowmarket Swimming Club-EA	5:25.58	5:24.83
3	Bingham, Poppy	19	Stowmarket Swimming Club-EA	5:35.27	5:42.40
4	Wallace, Fran	27	Stowmarket Swimming Club-EA	5:40.99	5:57.79

Event 10 Boys 9 Year Olds 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Ashford, Elliott G	9	Stowmarket Swimming Club-EA	NT	6:40.95
2	Robertson, Freddie	9	Stowmarket Swimming Club-EA	NT	6:56.42
3	Davis, Oscar J	9	Stowmarket Swimming Club-EA	NT	7:15.77
4	Richards, Stanley S	9	Stowmarket Swimming Club-EA	NT	8:58.50

Event 10 Boys 10-11 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Pritchard, Freddie C	11	Stowmarket Swimming Club-EA	6:52.06	5:27.67
2	Long, Alex T	11	Stowmarket Swimming Club-EA	7:26.34	5:28.03
3	Thompson, Elliott J	11	Stowmarket Swimming Club-EA	5:57.79	5:56.74
4	Allberry, Henry C	10	Stowmarket Swimming Club-EA	6:50.26	6:11.91
5	Gadie, Harrison J	10	Stowmarket Swimming Club-EA	8:12.22	6:18.36
6	Wedgwood, Maximus	11	Stowmarket Swimming Club-EA	8:53.55	7:10.03
7	Grant, Ethan W	10	Stowmarket Swimming Club-EA	NT	7:28.31
8	Jewers, Zach	10	Stowmarket Swimming Club-EA	NT	7:33.49

Event 10 Boys 12-13 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Heath	13	Stowmarket Swimming Club-EA	4:50.13	4:48.78
2	Long, Ethan	13	Stowmarket Swimming Club-EA	5:23.84	5:07.78
3	Giles, Reuben B	12	Stowmarket Swimming Club-EA	5:16.30	5:15.68
4	Allberry, Edward A	13	Stowmarket Swimming Club-EA	6:02.94	5:31.01
5	Fox, Jake E	12	Stowmarket Swimming Club-EA	6:46.29	5:42.55
6	Barnard, Joshua J	13	Stowmarket Swimming Club-EA	7:09.65	6:00.38
7	Smith, Daniel W	12	Stowmarket Swimming Club-EA	7:54.17	7:00.39

Event 10 Men 14-15 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Rex	14	Stowmarket Swimming Club-EA	4:44.60	4:39.37
2	Allberry, James W	15	Stowmarket Swimming Club-EA	4:56.63	4:39.88
3	Boxall-Hunt, Roman P	15	Stowmarket Swimming Club-EA	6:00.94	5:57.98
4	Kerry, Rowan J	14	Stowmarket Swimming Club-EA	7:48.11	6:27.94
5	Davies, Diego D	15	Stowmarket Swimming Club-EA	NT	7:22.28

Club Championships - 27/06/2025 to 06/07/2025**Results****Event 10 Men 16 & Over 400 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Brown, Matt	20	Stowmarket Swimming Club-EA	4:18.24	4:25.98
2	Spelman, Tom	17	Stowmarket Swimming Club-EA	4:22.10	4:29.24
3	Millin, Jed	16	Stowmarket Swimming Club-EA	4:29.25	4:30.66
4	Debenham, Matthew E	21	Stowmarket Swimming Club-EA	4:27.30	4:33.61
5	Ruffles-Francis, Teilo	17	Stowmarket Swimming Club-EA	4:44.39	4:41.19
6	Bumstead, Ollie	41	Stowmarket Swimming Club-EA	4:45.88	4:43.62
7	Hale, Oliver	27	Stowmarket Swimming Club-EA	4:51.61	4:54.69
8	Rowland, Alfie	16	Stowmarket Swimming Club-EA	5:09.39	4:55.38
9	Ruffles-Francis, Vaughn	19	Stowmarket Swimming Club-EA	5:06.65	4:57.95
10	Wallace, Henry	17	Stowmarket Swimming Club-EA	5:36.21	5:32.57
11	Wright, Andrew	67	Stowmarket Swimming Club-EA	6:19.69	6:55.99

Event 11 Girls 9 Year Olds 100 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Pritchard, Phoebe A	9	Stowmarket Swimming Club-EA	NT	1:32.05
2	Harrison, Mabel	9	Stowmarket Swimming Club-EA	1:40.47	1:34.63
3	Garner, Emily F	9	Stowmarket Swimming Club-EA	2:00.14	1:50.89
4	Colman, Abbie G	9	Stowmarket Swimming Club-EA	NT	1:51.21
5	Evans, Emily G	9	Stowmarket Swimming Club-EA	NT	1:56.66
6	Wooby, Isla L	9	Stowmarket Swimming Club-EA	NT	2:01.70
7	Buckle, Evelyn M	9	Stowmarket Swimming Club-EA	NT	2:07.81
8	Gummer, Aria V	9	Stowmarket Swimming Club-EA	NT	2:14.52
---	Cragg, Molly A	9	Stowmarket Swimming Club-EA	NT	DQ 1:50.89

4.4 Initiating a start before the signal

Event 11 Girls 10-11 100 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Nowell, Molly R	11	Stowmarket Swimming Club-EA	1:17.02	1:16.30
2	Perkins, Emelia	11	Stowmarket Swimming Club-EA	1:17.19	1:17.31
3	Templer, Daisy	11	Stowmarket Swimming Club-EA	1:21.65	1:18.05
4	Hunt, Nancy I	11	Stowmarket Swimming Club-EA	1:22.11	1:22.55
5	Brewster, Florence J	11	Stowmarket Swimming Club-EA	1:39.09	1:27.06
6	Westcott, Matilda G	11	Stowmarket Swimming Club-EA	1:29.31	1:28.65
7	Welham, Freya	11	Stowmarket Swimming Club-EA	1:25.78	1:28.76
8	Convey, Audrey G	10	Stowmarket Swimming Club-EA	1:26.98	1:29.04
9	Wysocki, Bella M	10	Stowmarket Swimming Club-EA	1:35.91	1:29.97
10	Locke, Gracie	10	Stowmarket Swimming Club-EA	1:31.86	1:33.06
11	Forrest, Serena S	10	Stowmarket Swimming Club-EA	1:30.99	1:33.83
12	Long, Hattie	10	Stowmarket Swimming Club-EA	NT	1:37.37
13	Wright, Poppy M	10	Stowmarket Swimming Club-EA	1:42.42	1:40.78
14	Oswick, Esmee J	11	Stowmarket Swimming Club-EA	NT	1:46.14
15	Farrell, Maisie A	11	Stowmarket Swimming Club-EA	2:02.34	2:03.17
---	Smith, Kyla-Mae	10	Stowmarket Swimming Club-EA	1:38.97	DQ 1:37.42

4.4 Initiating a start before the signal

Event 11 Girls 12-13 100 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Armstrong, Emilia	13	Stowmarket Swimming Club-EA	1:05.65	1:05.54
2	Daynes, Amber	12	Stowmarket Swimming Club-EA	1:07.16	1:05.61
3	Bryant, Olivia M	12	Stowmarket Swimming Club-EA	1:08.50	1:08.39
4	Mason, Isla	13	Stowmarket Swimming Club-EA	1:09.20	1:08.56
5	Jewers, Zara	12	Stowmarket Swimming Club-EA	1:10.64	1:10.69

Club Championships - 27/06/2025 to 06/07/2025**Results****(Event 11 Girls 12-13 100 SC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
6	Robertson, Bella	12	Stowmarket Swimming Club-EA	1:12.21	1:11.78
7	Boxall-Hunt, Bella D	13	Stowmarket Swimming Club-EA	1:21.46	1:21.85
8	Lay, Poppy G	12	Stowmarket Swimming Club-EA	1:32.11	1:31.09
9	Long, Nancy	12	Stowmarket Swimming Club-EA	1:28.84	1:32.21
10	Davey, Ella	12	Stowmarket Swimming Club-EA	1:54.04	1:55.73

Event 11 Women 14-15 100 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Amelie	15	Stowmarket Swimming Club-EA	1:04.34	1:04.86
2	Carter, Verity	15	Stowmarket Swimming Club-EA	1:09.14	1:10.50
3	Fox, Pheobe	15	Stowmarket Swimming Club-EA	1:15.59	1:17.59

Event 11 Women 16 & Over 100 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Wallace, Fran	27	Stowmarket Swimming Club-EA	1:06.44	1:07.30
2	Brown, Becca	17	Stowmarket Swimming Club-EA	1:03.91	1:07.70
3	Whyte, Liv J	19	Stowmarket Swimming Club-EA	1:07.08	1:08.45
4	Carter, Annabelle	19	Stowmarket Swimming Club-EA	1:06.96	1:09.43
5	Bingham, Poppy	19	Stowmarket Swimming Club-EA	1:10.89	1:12.68
6	Stebbings, Katie	18	Stowmarket Swimming Club-EA	1:04.50	1:14.77

Event 11 Boys 9 Year Olds 100 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Ashford, Elliott G	9	Stowmarket Swimming Club-EA	1:25.26	1:26.12
2	Robertson, Freddie	9	Stowmarket Swimming Club-EA	1:37.51	1:30.24
3	Davis, Oscar J	9	Stowmarket Swimming Club-EA	1:30.76	1:30.50
4	Durrant-Gwilliam, Joel G	9	Stowmarket Swimming Club-EA	1:43.74	1:33.11
5	Richards, Stanley S	9	Stowmarket Swimming Club-EA	NT	1:54.83
6	Kossowski, Oscar K	9	Stowmarket Swimming Club-EA	NT	2:20.20

Event 11 Boys 10-11 100 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Long, Alex T	11	Stowmarket Swimming Club-EA	1:12.38	1:10.34
2	Pritchard, Freddie C	11	Stowmarket Swimming Club-EA	1:17.54	1:10.74
3	Thompson, Elliott J	11	Stowmarket Swimming Club-EA	1:18.19	1:19.59
4	Gadie, Harrison J	10	Stowmarket Swimming Club-EA	1:30.58	1:21.07
5	Allberry, Henry C	10	Stowmarket Swimming Club-EA	1:19.07	1:22.95
6	Jewers, Zach	10	Stowmarket Swimming Club-EA	1:38.43	1:28.99
7	Grant, Ethan W	10	Stowmarket Swimming Club-EA	2:05.79	1:34.73
8	Drummond, Noah L	11	Stowmarket Swimming Club-EA	1:36.65	1:41.30
---	Wedgwood, Maximus	11	Stowmarket Swimming Club-EA	1:31.72	DQ 1:33.27

4.4 Initiating a start before the signal

Event 11 Boys 12-13 100 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Heath	13	Stowmarket Swimming Club-EA	1:03.63	1:03.45
2	Long, Ethan	13	Stowmarket Swimming Club-EA	1:06.84	1:05.06
3	Giles, Reuben B	12	Stowmarket Swimming Club-EA	1:06.59	1:05.88
4	Fox, Jake E	12	Stowmarket Swimming Club-EA	1:08.04	1:09.07
5	Allberry, Edward A	13	Stowmarket Swimming Club-EA	1:14.00	1:13.78
6	Barnard, Joshua J	13	Stowmarket Swimming Club-EA	1:15.12	1:16.08
7	Smith, Daniel W	12	Stowmarket Swimming Club-EA	1:30.58	1:30.92

Club Championships - 27/06/2025 to 06/07/2025**Results****Event 11 Men 14-15 100 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Chamberlain, Samuel R	15	Stowmarket Swimming Club-EA	55.64	56.22
2	Harrison, Rex	14	Stowmarket Swimming Club-EA	1:03.26	1:02.04
3	Allberry, James W	15	Stowmarket Swimming Club-EA	1:02.72	1:02.13
4	Boxall-Hunt, Roman P	15	Stowmarket Swimming Club-EA	1:13.40	1:15.54
5	Kerry, Rowan J	14	Stowmarket Swimming Club-EA	1:27.83	1:17.14
6	Davies, Diego D	15	Stowmarket Swimming Club-EA	1:23.42	1:17.95

Event 11 Men 16 & Over 100 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Chapman, Lewis S	23	Stowmarket Swimming Club-EA	54.87	55.56
2	Spelman, Tom	17	Stowmarket Swimming Club-EA	56.47	56.85
3	Brown, Matt	20	Stowmarket Swimming Club-EA	54.24	57.00
4	Rowland, Alfie	16	Stowmarket Swimming Club-EA	57.16	57.62
5	Millin, Jed	16	Stowmarket Swimming Club-EA	59.30	58.04
6	Debenham, Matthew E	21	Stowmarket Swimming Club-EA	57.03	58.42
7	Ruffles-Francis, Teilo	17	Stowmarket Swimming Club-EA	58.35	58.80
8	Ruffles-Francis, Vaughn	19	Stowmarket Swimming Club-EA	59.77	58.97
9	Bumstead, Ollie	41	Stowmarket Swimming Club-EA	1:01.00	1:00.34
10	Wallace, Henry	17	Stowmarket Swimming Club-EA	1:05.66	1:06.28
11	Mitson, Clive	55	Stowmarket Swimming Club-EA	1:15.50	1:13.49
12	Wright, Andrew	67	Stowmarket Swimming Club-EA	1:18.90	1:24.97
---	Fisher, Mikey N	28	Stowmarket Swimming Club-EA	1:01.17	X59.09

Event 12 Mixed 7-8 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Rogers, Ezra I	8	Stowmarket Swimming Club-EA	NT	43.22
2	Westcott, Molly A	8	Stowmarket Swimming Club-EA	52.90	44.79
3	Colman, Elisha R	7	Stowmarket Swimming Club-EA	NT	45.90
4	Dean, Ellie G	8	Stowmarket Swimming Club-EA	NT	46.90
5	Davis, Matilda A	7	Stowmarket Swimming Club-EA	NT	50.41
6	Bocking, Orla C	8	Stowmarket Swimming Club-EA	NT	51.00
7	Sewell, James R	8	Stowmarket Swimming Club-EA	NT	53.22
8	Keys, Reeve	8	Stowmarket Swimming Club-EA	NT	54.35
9	Farrell, Jake A	8	Stowmarket Swimming Club-EA	1:42.87	57.51
10	Millin, Fern E	8	Stowmarket Swimming Club-EA	1:11.81	1:04.31
11	Brewster, Ambrose G	8	Stowmarket Swimming Club-EA	1:27.51	1:10.20
12	Shaw, Rubie H	8	Stowmarket Swimming Club-EA	NT	1:13.39
13	Lamble, Demelza	7	Stowmarket Swimming Club-EA	NT	1:13.81
14	Roberts, Isaac J	8	Stowmarket Swimming Club-EA	NT	1:35.53
15	Learmonth, Amelia R	7	Stowmarket Swimming Club-EA	NT	1:42.66

Event 13 Mixed 6 & Under 25 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Convey, Eliza	6	Stowmarket Swimming Club-EA	42.74	38.40
2	Rogers, Thea-Rose B	6	Stowmarket Swimming Club-EA	NT	44.20
3	Hughes, Charlotte A	6	Stowmarket Swimming Club-EA	NT	46.09
4	Wakeling, Lola S	6	Stowmarket Swimming Club-EA	NT	1:11.75

Event 14 Girls 9 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Mabel	9	Stowmarket Swimming Club-EA	NT	4:27.10
2	Colman, Abbie G	9	Stowmarket Swimming Club-EA	NT	4:44.36

Club Championships - 27/06/2025 to 06/07/2025**Results****(Event 14 Girls 9 Year Olds 200 SC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time
3	Pritchard, Phoebe A	9	Stowmarket Swimming Club-EA	NT	4:50.74
4	Garner, Emily F	9	Stowmarket Swimming Club-EA	NT	4:51.17
5	Marshall, Hattie P	9	Stowmarket Swimming Club-EA	NT	4:55.76
6	Evans, Emily G	9	Stowmarket Swimming Club-EA	NT	5:07.45
7	Wooby, Isla L	9	Stowmarket Swimming Club-EA	NT	5:13.05
8	Buckle, Evelyn M	9	Stowmarket Swimming Club-EA	NT	5:13.17
---	Cragg, Molly A	9	Stowmarket Swimming Club-EA	NT	DQ 4:47.81
	7.1 Head did not break the surface before the hands turned inward at the widest part of th				
---	Spender, Imogen E	9	Stowmarket Swimming Club-EA	NT	DQ 5:09.90
	7.6 Did not touch at the turn or finish with both hands; separated; simultaneously				

Event 14 Girls 10-11 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Templer, Daisy	11	Stowmarket Swimming Club-EA	3:14.77	3:19.30
2	Brewster, Florence J	11	Stowmarket Swimming Club-EA	3:44.77	3:33.46
3	Westcott, Matilda G	11	Stowmarket Swimming Club-EA	NT	3:49.68
4	Hunt, Nancy I	11	Stowmarket Swimming Club-EA	4:29.43	3:55.88
5	Welham, Freya	11	Stowmarket Swimming Club-EA	4:12.48	3:59.21
6	Convey, Audrey G	10	Stowmarket Swimming Club-EA	NT	4:03.23
7	Locke, Gracie	10	Stowmarket Swimming Club-EA	4:14.94	4:04.60
8	Nowell, Molly R	11	Stowmarket Swimming Club-EA	NT	4:09.98
9	Oswick, Esmee J	11	Stowmarket Swimming Club-EA	NT	4:22.10
10	Forrest, Serena S	10	Stowmarket Swimming Club-EA	4:26.95	4:25.26
11	Wysocki, Bella M	10	Stowmarket Swimming Club-EA	NT	4:40.17
---	Wright, Poppy M	10	Stowmarket Swimming Club-EA	4:53.67	DQ 4:28.08
	7.6 Did not touch at the turn or finish with both hands; separated; simultaneously				

Event 14 Girls 12-13 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
*1	Mason, Isla	13	Stowmarket Swimming Club-EA	3:09.04	3:08.57
*1	Armstrong, Emilia	13	Stowmarket Swimming Club-EA	3:11.33	3:08.57
3	Robertson, Bella	12	Stowmarket Swimming Club-EA	3:10.68	3:08.78
4	Daynes, Amber	12	Stowmarket Swimming Club-EA	3:28.99	3:17.80
5	Bryant, Olivia M	12	Stowmarket Swimming Club-EA	3:17.10	3:18.08
6	Jewers, Zara	12	Stowmarket Swimming Club-EA	3:31.19	3:26.49
7	Long, Nancy	12	Stowmarket Swimming Club-EA	4:22.72	4:00.68

Event 14 Women 14-15 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Amelie	15	Stowmarket Swimming Club-EA	3:23.15	3:12.60
2	Fox, Pheobe	15	Stowmarket Swimming Club-EA	3:37.21	3:26.10

Event 14 Women 16 & Over 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Wallace, Fran	27	Stowmarket Swimming Club-EA	3:05.35	3:02.57
2	Bingham, Poppy	19	Stowmarket Swimming Club-EA	3:22.10	3:26.47

Event 14 Boys 9 Year Olds 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Davis, Oscar J	9	Stowmarket Swimming Club-EA	NT	3:53.44
2	Durrant-Gwilliam, Joel G	9	Stowmarket Swimming Club-EA	NT	4:09.39
3	Robertson, Freddie	9	Stowmarket Swimming Club-EA	NT	4:18.03
4	Richards, Stanley S	9	Stowmarket Swimming Club-EA	NT	4:43.44

Club Championships - 27/06/2025 to 06/07/2025**Results****Event 14 Boys 10-11 200 SC Meter Breaststroke**

	Name	Age	Team	Seed Time	Finals Time
1	Long, Alex T	11	Stowmarket Swimming Club-EA	3:31.43	3:16.79
2	Thompson, Elliott J	11	Stowmarket Swimming Club-EA	3:44.87	3:45.42
3	Gadie, Harrison J	10	Stowmarket Swimming Club-EA	3:54.97	3:47.36
4	Pritchard, Freddie C	11	Stowmarket Swimming Club-EA	4:31.33	3:51.53
5	Allberry, Henry C	10	Stowmarket Swimming Club-EA	NT	3:52.20
6	Jewers, Zach	10	Stowmarket Swimming Club-EA	4:11.40	4:02.43
7	Drummond, Noah L	11	Stowmarket Swimming Club-EA	5:13.32	4:29.79
8	Grant, Ethan W	10	Stowmarket Swimming Club-EA	5:28.60	4:31.91
9	Wedgwood, Maximus	11	Stowmarket Swimming Club-EA	4:49.16	4:38.27

Event 14 Boys 12-13 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Long, Ethan	13	Stowmarket Swimming Club-EA	3:13.36	3:04.01
2	Harrison, Heath	13	Stowmarket Swimming Club-EA	3:23.59	3:08.86
3	Giles, Reuben B	12	Stowmarket Swimming Club-EA	3:25.07	3:11.86
4	Fox, Jake E	12	Stowmarket Swimming Club-EA	4:08.99	3:31.57
5	Allberry, Edward A	13	Stowmarket Swimming Club-EA	3:53.76	3:33.85
6	Barnard, Joshua J	13	Stowmarket Swimming Club-EA	3:52.42	3:43.15
7	Smith, Daniel W	12	Stowmarket Swimming Club-EA	4:13.68	4:14.56

Event 14 Men 14-15 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Rex	14	Stowmarket Swimming Club-EA	2:59.32	2:56.20
2	Allberry, James W	15	Stowmarket Swimming Club-EA	3:04.21	2:56.53
3	Kerry, Rowan J	14	Stowmarket Swimming Club-EA	4:09.20	3:32.21
4	Davies, Diego D	15	Stowmarket Swimming Club-EA	NT	3:48.88

Event 14 Men 16 & Over 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Debenham, Matthew E	21	Stowmarket Swimming Club-EA	2:33.39	2:34.79
2	Chapman, Lewis S	23	Stowmarket Swimming Club-EA	2:29.83	2:37.38
3	Spelman, Tom	17	Stowmarket Swimming Club-EA	2:37.65	2:41.61
4	Ruffles-Francis, Teilo	17	Stowmarket Swimming Club-EA	2:40.87	2:44.85
5	Rowland, Alfie	16	Stowmarket Swimming Club-EA	2:50.56	2:49.00
6	Ruffles-Francis, Vaughn	19	Stowmarket Swimming Club-EA	2:46.15	2:52.24
7	Millin, Jed	16	Stowmarket Swimming Club-EA	3:02.58	2:56.02
8	Wallace, Henry	17	Stowmarket Swimming Club-EA	3:13.26	2:59.46
9	Wright, Andrew	67	Stowmarket Swimming Club-EA	3:38.39	3:47.96

Event 15 Girls 9 Year Olds 100 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Pritchard, Phoebe A	9	Stowmarket Swimming Club-EA	2:06.49	1:50.05
2	Harrison, Mabel	9	Stowmarket Swimming Club-EA	1:44.79	1:52.23
3	Garner, Emily F	9	Stowmarket Swimming Club-EA	NT	2:04.95
4	Cragg, Molly A	9	Stowmarket Swimming Club-EA	NT	2:08.83
5	Colman, Abbie G	9	Stowmarket Swimming Club-EA	NT	2:09.09
6	Buckle, Evelyn M	9	Stowmarket Swimming Club-EA	NT	2:18.24
7	Evans, Emily G	9	Stowmarket Swimming Club-EA	NT	2:18.37
8	Marshall, Hattie P	9	Stowmarket Swimming Club-EA	NT	2:29.60

Club Championships - 27/06/2025 to 06/07/2025**Results****Event 15 Girls 10-11 100 SC Meter IM**

	Name	Age	Team	Seed Time	Finals Time
1	Templer, Daisy	11	Stowmarket Swimming Club-EA	1:27.44	1:27.66
2	Perkins, Emelia	11	Stowmarket Swimming Club-EA	1:34.78	1:32.23
3	Brewster, Florence J	11	Stowmarket Swimming Club-EA	1:34.89	1:32.81
4	Nowell, Molly R	11	Stowmarket Swimming Club-EA	1:40.15	1:37.05
5	Westcott, Matilda G	11	Stowmarket Swimming Club-EA	1:42.73	1:39.11
6	Hunt, Nancy I	11	Stowmarket Swimming Club-EA	1:40.83	1:40.04
7	Locke, Gracie	10	Stowmarket Swimming Club-EA	1:41.45	1:42.78
8	Convey, Audrey G	10	Stowmarket Swimming Club-EA	1:37.55	1:43.50
9	Welham, Freya	11	Stowmarket Swimming Club-EA	1:36.92	1:43.62
10	Forrest, Serena S	10	Stowmarket Swimming Club-EA	1:44.83	1:47.21
11	Long, Hattie	10	Stowmarket Swimming Club-EA	1:53.51	1:47.83
12	Wysocki, Bella M	10	Stowmarket Swimming Club-EA	1:50.16	1:50.87
13	Smith, Kyla-Mae	10	Stowmarket Swimming Club-EA	1:57.92	1:53.12
14	Oswick, Esmee J	11	Stowmarket Swimming Club-EA	NT	1:59.59
15	Farrell, Maisie A	11	Stowmarket Swimming Club-EA	NT	2:20.28

Event 15 Girls 12-13 100 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Armstrong, Emilia	13	Stowmarket Swimming Club-EA	1:15.09	1:17.87
2	Mason, Isla	13	Stowmarket Swimming Club-EA	1:17.95	1:19.61
*3	Robertson, Bella	12	Stowmarket Swimming Club-EA	1:19.73	1:20.00
*3	Daynes, Amber	12	Stowmarket Swimming Club-EA	1:21.72	1:20.00
5	Bryant, Olivia M	12	Stowmarket Swimming Club-EA	1:21.72	1:20.81
6	Jewers, Zara	12	Stowmarket Swimming Club-EA	1:22.74	1:25.68
7	Boxall-Hunt, Bella D	13	Stowmarket Swimming Club-EA	1:40.58	1:39.21
8	Long, Nancy	12	Stowmarket Swimming Club-EA	1:42.09	1:42.50
9	Lay, Poppy G	12	Stowmarket Swimming Club-EA	NT	1:42.90
10	Davey, Ella	12	Stowmarket Swimming Club-EA	NT	2:16.15

Event 15 Women 14-15 100 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Amelie	15	Stowmarket Swimming Club-EA	1:15.02	1:15.54
2	Carter, Verity	15	Stowmarket Swimming Club-EA	1:23.87	1:20.15
3	Fox, Pheobe	15	Stowmarket Swimming Club-EA	1:28.44	1:30.75

Event 15 Women 16 & Over 100 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Brown, Becca	17	Stowmarket Swimming Club-EA	1:10.18	1:13.67
2	Wallace, Fran	27	Stowmarket Swimming Club-EA	1:14.51	1:16.62
3	Whyte, Liv J	19	Stowmarket Swimming Club-EA	1:16.38	1:18.04
4	Carter, Annabelle	19	Stowmarket Swimming Club-EA	1:21.34	1:23.08
5	Bingham, Poppy	19	Stowmarket Swimming Club-EA	1:21.90	1:24.54
6	Stebbings, Katie	18	Stowmarket Swimming Club-EA	1:17.66	1:28.32

Event 15 Boys 9 Year Olds 100 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Ashford, Elliott G	9	Stowmarket Swimming Club-EA	1:37.43	1:37.86
2	Durrant-Gwilliam, Joel G	9	Stowmarket Swimming Club-EA	1:47.71	1:39.38
3	Robertson, Freddie	9	Stowmarket Swimming Club-EA	1:45.22	1:41.80
4	Davis, Oscar J	9	Stowmarket Swimming Club-EA	1:47.15	1:42.93
5	Richards, Stanley S	9	Stowmarket Swimming Club-EA	NT	2:15.29

Club Championships - 27/06/2025 to 06/07/2025**Results****Event 15 Boys 10-11 100 SC Meter IM**

	Name	Age	Team	Seed Time	Finals Time
1	Long, Alex T	11	Stowmarket Swimming Club-EA	1:23.03	1:21.12
2	Pritchard, Freddie C	11	Stowmarket Swimming Club-EA	1:26.94	1:26.56
3	Gadie, Harrison J	10	Stowmarket Swimming Club-EA	1:31.69	1:33.08
4	Thompson, Elliott J	11	Stowmarket Swimming Club-EA	1:32.32	1:33.55
5	Allberry, Henry C	10	Stowmarket Swimming Club-EA	1:34.67	1:34.12
6	Jewers, Zach	10	Stowmarket Swimming Club-EA	1:44.96	1:44.36
7	Drummond, Noah L	11	Stowmarket Swimming Club-EA	NT	1:47.31
8	Wedgwood, Maximus	11	Stowmarket Swimming Club-EA	1:47.52	1:50.25
9	Grant, Ethan W	10	Stowmarket Swimming Club-EA	2:02.33	1:51.40

Event 15 Boys 12-13 100 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Heath	13	Stowmarket Swimming Club-EA	1:13.72	1:15.16
2	Long, Ethan	13	Stowmarket Swimming Club-EA	1:23.16	1:17.00
3	Giles, Reuben B	12	Stowmarket Swimming Club-EA	1:19.35	1:18.59
4	Fox, Jake E	12	Stowmarket Swimming Club-EA	1:20.78	1:22.58
5	Allberry, Edward A	13	Stowmarket Swimming Club-EA	1:26.30	1:26.69
6	Barnard, Joshua J	13	Stowmarket Swimming Club-EA	1:26.88	1:28.89
7	Smith, Daniel W	12	Stowmarket Swimming Club-EA	1:46.80	1:45.07

Event 15 Men 14-15 100 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Chamberlain, Samuel R	15	Stowmarket Swimming Club-EA	1:06.03	1:05.33
2	Allberry, James W	15	Stowmarket Swimming Club-EA	1:16.07	1:10.76
3	Harrison, Rex	14	Stowmarket Swimming Club-EA	1:14.04	1:12.80
4	Kerry, Rowan J	14	Stowmarket Swimming Club-EA	1:38.38	1:32.98
5	Boxall-Hunt, Roman P	15	Stowmarket Swimming Club-EA	1:33.76	1:33.88
6	Davies, Diego D	15	Stowmarket Swimming Club-EA	NT	1:41.05

Event 15 Men 16 & Over 100 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Spelman, Tom	17	Stowmarket Swimming Club-EA	1:04.23	1:03.53
2	Brown, Matt	20	Stowmarket Swimming Club-EA	1:04.53	1:05.09
3	Debenham, Matthew E	21	Stowmarket Swimming Club-EA	1:08.43	1:05.12
4	Rowland, Alfie	16	Stowmarket Swimming Club-EA	1:06.58	1:05.56
5	Ruffles-Francis, Teilo	17	Stowmarket Swimming Club-EA	1:07.85	1:08.27
6	Ruffles-Francis, Vaughn	19	Stowmarket Swimming Club-EA	1:06.55	1:08.51
7	Millin, Jed	16	Stowmarket Swimming Club-EA	1:10.33	1:10.91
8	Bumstead, Ollie	41	Stowmarket Swimming Club-EA	1:11.64	1:11.28
9	Wallace, Henry	17	Stowmarket Swimming Club-EA	1:13.76	1:14.51
10	Mitson, Clive	55	Stowmarket Swimming Club-EA	1:24.48	1:24.63
---	Fisher, Mikey N	28	Stowmarket Swimming Club-EA	1:11.21	X1:10.74

Event 16 Mixed 7-8 100 SC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Sewell, James R	8	Stowmarket Swimming Club-EA	NT	2:01.15
2	Westcott, Molly A	8	Stowmarket Swimming Club-EA	NT	2:02.62
3	Dean, Ellie G	8	Stowmarket Swimming Club-EA	NT	2:09.37
4	Millin, Fern E	8	Stowmarket Swimming Club-EA	NT	2:38.38
---	Davis, Matilda A	7	Stowmarket Swimming Club-EA	NT	DQ 2:08.64

9.4 Finish of section not in accordance with rule of the stroke concerned (complete with s

Club Championships - 27/06/2025 to 06/07/2025**Results****(Event 16 Mixed 7-8 100 SC Meter IM)**

	Name	Age	Team	Seed Time	Finals Time
---	Bocking, Orla C	8	Stowmarket Swimming Club-EA	NT	DQ 2:17.94
	8.4 Did not touch at the turn or finish with both hands; separated; simultaneously - fly				
---	Farrell, Jake A	8	Stowmarket Swimming Club-EA	NT	DQ 2:36.96
	8.2 Arms not brought forward simultaneously over the water - fly				

Event 17 Girls 10-11 200 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Hunt, Nancy I	11	Stowmarket Swimming Club-EA	NT	3:44.71

Event 17 Girls 12-13 200 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Armstrong, Emilia	13	Stowmarket Swimming Club-EA	2:56.96	2:54.58
2	Bryant, Olivia M	12	Stowmarket Swimming Club-EA	3:18.51	3:11.25
3	Daynes, Amber	12	Stowmarket Swimming Club-EA	3:29.43	3:17.67
4	Robertson, Bella	12	Stowmarket Swimming Club-EA	3:46.07	3:25.67
5	Mason, Isla	13	Stowmarket Swimming Club-EA	3:38.98	3:27.63

Event 17 Women 14-15 200 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Amelie	15	Stowmarket Swimming Club-EA	3:11.10	3:05.01

Event 17 Women 16 & Over 200 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Wallace, Fran	27	Stowmarket Swimming Club-EA	NT	3:11.08

Event 17 Boys 9 Year Olds 200 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Robertson, Freddie	9	Stowmarket Swimming Club-EA	NT	4:26.38

Event 17 Boys 10-11 200 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Long, Alex T	11	Stowmarket Swimming Club-EA	NT	3:20.75
2	Pritchard, Freddie C	11	Stowmarket Swimming Club-EA	NT	3:26.03
3	Allberry, Henry C	10	Stowmarket Swimming Club-EA	NT	3:39.96
4	Thompson, Elliott J	11	Stowmarket Swimming Club-EA	NT	3:49.70

Event 17 Boys 12-13 200 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Heath	13	Stowmarket Swimming Club-EA	2:46.20	2:43.78
2	Long, Ethan	13	Stowmarket Swimming Club-EA	3:12.18	3:04.20
3	Allberry, Edward A	13	Stowmarket Swimming Club-EA	NT	3:35.97

Event 17 Men 14-15 200 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Allberry, James W	15	Stowmarket Swimming Club-EA	2:45.73	2:36.77
2	Harrison, Rex	14	Stowmarket Swimming Club-EA	3:30.40	3:03.32

Event 17 Men 16 & Over 200 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Brown, Matt	20	Stowmarket Swimming Club-EA	2:14.30	2:23.07
2	Millin, Jed	16	Stowmarket Swimming Club-EA	2:30.08	2:26.95
3	Debenham, Matthew E	21	Stowmarket Swimming Club-EA	2:33.85	2:34.40
4	Ruffles-Francis, Teilo	17	Stowmarket Swimming Club-EA	3:07.60	2:48.29
5	Rowland, Alfie	16	Stowmarket Swimming Club-EA	2:34.33	2:49.40

Club Championships - 27/06/2025 to 06/07/2025**Results****(Event 17 Men 16 & Over 200 SC Meter Butterfly)**

	Name	Age	Team	Seed Time	Finals Time
6	Spelman, Tom	17	Stowmarket Swimming Club-EA	2:31.44	2:51.42
7	Ruffles-Francis, Vaughn	19	Stowmarket Swimming Club-EA	2:58.89	2:59.29

Event 18 Girls 9 Year Olds 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Pritchard, Phoebe A	9	Stowmarket Swimming Club-EA	42.26	42.83
2	Harrison, Mabel	9	Stowmarket Swimming Club-EA	42.51	44.02
3	Garner, Emily F	9	Stowmarket Swimming Club-EA	48.67	46.95
4	Cragg, Molly A	9	Stowmarket Swimming Club-EA	49.46	48.29
5	Wooby, Isla L	9	Stowmarket Swimming Club-EA	NT	52.91
6	Evans, Emily G	9	Stowmarket Swimming Club-EA	54.37	53.63
7	Long, Daisy	9	Stowmarket Swimming Club-EA	1:08.33	53.98
8	Marshall, Hattie P	9	Stowmarket Swimming Club-EA	NT	55.79
9	Buckle, Evelyn M	9	Stowmarket Swimming Club-EA	NT	56.75
10	Spender, Imogen E	9	Stowmarket Swimming Club-EA	NT	1:03.46

Event 18 Girls 10-11 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Perkins, Emelia	11	Stowmarket Swimming Club-EA	35.74	34.91
2	Nowell, Molly R	11	Stowmarket Swimming Club-EA	35.11	35.18
3	Welham, Freya	11	Stowmarket Swimming Club-EA	35.74	37.01
4	Brewster, Florence J	11	Stowmarket Swimming Club-EA	39.51	38.19
5	Westcott, Matilda G	11	Stowmarket Swimming Club-EA	38.30	39.04
6	Wysocki, Bella M	10	Stowmarket Swimming Club-EA	42.22	39.83
7	Convey, Audrey G	10	Stowmarket Swimming Club-EA	39.58	40.63
8	Locke, Gracie	10	Stowmarket Swimming Club-EA	41.46	41.57
9	Long, Hattie	10	Stowmarket Swimming Club-EA	42.56	42.06
10	Smith, Kyla-Mae	10	Stowmarket Swimming Club-EA	44.72	42.60
11	Wright, Poppy M	10	Stowmarket Swimming Club-EA	46.70	44.61
12	Farrell, Maisie A	11	Stowmarket Swimming Club-EA	53.45	48.51
---	Forrest, Serena S	10	Stowmarket Swimming Club-EA	40.97	DQ 41.01
	4.4 Initiating a start before the signal				
---	Crisp, Rosa	10	Stowmarket Swimming Club-EA	1:44.99	DQ 1:11.21
	4.4 Initiating a start before the signal				

Event 18 Girls 12-13 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Daynes, Amber	12	Stowmarket Swimming Club-EA	29.69	29.91
2	Armstrong, Emilia	13	Stowmarket Swimming Club-EA	30.30	30.50
3	Bryant, Olivia M	12	Stowmarket Swimming Club-EA	31.20	31.28
4	Jewers, Zara	12	Stowmarket Swimming Club-EA	32.14	32.40
5	Robertson, Bella	12	Stowmarket Swimming Club-EA	34.53	33.22
6	Boxall-Hunt, Bella D	13	Stowmarket Swimming Club-EA	36.77	36.27
7	Lay, Poppy G	12	Stowmarket Swimming Club-EA	42.61	37.78
8	Long, Nancy	12	Stowmarket Swimming Club-EA	41.85	40.39
9	Davey, Ella	12	Stowmarket Swimming Club-EA	53.44	51.23

Event 18 Women 14-15 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Amelie	15	Stowmarket Swimming Club-EA	29.50	29.60
2	Carter, Verity	15	Stowmarket Swimming Club-EA	31.80	31.10

Club Championships - 27/06/2025 to 06/07/2025**Results****Event 18 Women 16 & Over 50 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Brown, Becca	17	Stowmarket Swimming Club-EA	28.80	29.57
2	Wallace, Fran	27	Stowmarket Swimming Club-EA	29.19	30.04
3	Barrett, Sophie	23	Stowmarket Swimming Club-EA	31.10	31.18
4	Whyte, Liv J	19	Stowmarket Swimming Club-EA	31.22	31.25
5	Carter, Annabelle	19	Stowmarket Swimming Club-EA	30.67	31.52
6	Stebbins, Katie	18	Stowmarket Swimming Club-EA	29.63	32.42
7	Bingham, Poppy	19	Stowmarket Swimming Club-EA	31.69	32.86
8	Hutton, Emily	18	Stowmarket Swimming Club-EA	33.07	33.42

Event 18 Boys 9 Year Olds 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Durrant-Gwilliam, Joel G	9	Stowmarket Swimming Club-EA	42.05	38.66
2	Ashford, Elliott G	9	Stowmarket Swimming Club-EA	38.21	39.78
3	Robertson, Freddie	9	Stowmarket Swimming Club-EA	40.43	39.86
4	Davis, Oscar J	9	Stowmarket Swimming Club-EA	40.94	40.27
5	Ames, Henry R	9	Stowmarket Swimming Club-EA	NT	48.34
6	Richards, Stanley S	9	Stowmarket Swimming Club-EA	48.42	50.92
7	Kossowski, Oscar K	9	Stowmarket Swimming Club-EA	NT	57.48

Event 18 Boys 10-11 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Pritchard, Freddie C	11	Stowmarket Swimming Club-EA	32.34	32.22
2	Long, Alex T	11	Stowmarket Swimming Club-EA	32.72	32.50
3	Gadie, Harrison J	10	Stowmarket Swimming Club-EA	35.10	34.89
4	Thompson, Elliott J	11	Stowmarket Swimming Club-EA	33.91	35.74
5	Jewers, Zach	10	Stowmarket Swimming Club-EA	40.88	38.02
6	Allberry, Henry C	10	Stowmarket Swimming Club-EA	37.46	38.65
7	Wedgwood, Maximus	11	Stowmarket Swimming Club-EA	39.32	40.61
8	Grant, Ethan W	10	Stowmarket Swimming Club-EA	41.68	42.35
9	Drummond, Noah L	11	Stowmarket Swimming Club-EA	41.96	43.55
10	Ames, Alfred S	11	Stowmarket Swimming Club-EA	46.51	46.12

Event 18 Boys 12-13 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Giles, Reuben B	12	Stowmarket Swimming Club-EA	29.98	29.26
2	Long, Ethan	13	Stowmarket Swimming Club-EA	29.72	29.54
3	Harrison, Heath	13	Stowmarket Swimming Club-EA	29.74	29.73
4	Fox, Jake E	12	Stowmarket Swimming Club-EA	29.79	31.52
5	Allberry, Edward A	13	Stowmarket Swimming Club-EA	32.78	32.11
6	Barnard, Joshua J	13	Stowmarket Swimming Club-EA	34.63	35.85
7	Smith, Daniel W	12	Stowmarket Swimming Club-EA	42.94	39.86

Event 18 Men 14-15 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Chamberlain, Samuel R	15	Stowmarket Swimming Club-EA	25.60	25.48
2	Allberry, James W	15	Stowmarket Swimming Club-EA	28.43	28.47
3	Harrison, Rex	14	Stowmarket Swimming Club-EA	29.39	29.17
4	Davies, Diego D	15	Stowmarket Swimming Club-EA	33.44	33.81
5	Kerry, Rowan J	14	Stowmarket Swimming Club-EA	38.02	35.37
6	Boxall-Hunt, Roman P	15	Stowmarket Swimming Club-EA	34.50	36.43

Club Championships - 27/06/2025 to 06/07/2025**Results****Event 18 Men 16 & Over 50 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Chapman, Lewis S	23	Stowmarket Swimming Club-EA	24.52	24.82
2	Brown, Matt	20	Stowmarket Swimming Club-EA	24.90	25.34
3	Rowland, Alfie	16	Stowmarket Swimming Club-EA	26.45	25.80
4	Debenham, Matthew E	21	Stowmarket Swimming Club-EA	25.97	26.25
5	Spelman, Tom	17	Stowmarket Swimming Club-EA	25.70	26.51
6	Millin, Jed	16	Stowmarket Swimming Club-EA	27.44	26.85
7	Ruffles-Francis, Vaughn	19	Stowmarket Swimming Club-EA	26.50	27.01
8	Ruffles-Francis, Teilo	17	Stowmarket Swimming Club-EA	26.80	27.14
9	Hale, Oliver	27	Stowmarket Swimming Club-EA	27.18	27.16
10	Duszynski, Adam	36	Stowmarket Swimming Club-EA	26.78	27.19
11	Bumstead, Ollie	41	Stowmarket Swimming Club-EA	28.00	27.77
12	Freezer, Joe	40	Stowmarket Swimming Club-EA	26.44	27.99
13	Wallace, Henry	17	Stowmarket Swimming Club-EA	28.91	29.15
14	Lynch, Peter	63	Stowmarket Swimming Club-EA	32.72	33.17
15	Wright, Andrew	67	Stowmarket Swimming Club-EA	35.61	37.34
---	Fisher, Mikey N	28	Stowmarket Swimming Club-EA	26.50	X26.99

Event 19 Girls 9 Year Olds 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Mabel	9	Stowmarket Swimming Club-EA	58.61	1:01.56
2	Garner, Emily F	9	Stowmarket Swimming Club-EA	1:00.19	1:01.67
3	Cragg, Molly A	9	Stowmarket Swimming Club-EA	1:02.18	1:02.07
4	Long, Daisy	9	Stowmarket Swimming Club-EA	1:27.48	1:04.35
5	Pritchard, Phoebe A	9	Stowmarket Swimming Club-EA	1:12.79	1:05.57
6	Wooby, Isla L	9	Stowmarket Swimming Club-EA	NT	1:07.01
7	Evans, Emily G	9	Stowmarket Swimming Club-EA	1:10.18	1:07.72
8	Spender, Imogen E	9	Stowmarket Swimming Club-EA	NT	1:08.03
---	Marshall, Hattie P	9	Stowmarket Swimming Club-EA	NT	DQ 1:04.95
	7.2 Stroke cycle not 1 arm stroke to 1 leg kick in that order				
---	Buckle, Evelyn M	9	Stowmarket Swimming Club-EA	NT	DQ 1:11.09
	7.6 Did not touch at the turn or finish with both hands; separated; simultaneously				

Event 19 Girls 10-11 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Brewster, Florence J	11	Stowmarket Swimming Club-EA	47.12	46.34
2	Welham, Freya	11	Stowmarket Swimming Club-EA	48.35	49.74
3	Westcott, Matilda G	11	Stowmarket Swimming Club-EA	53.89	50.07
4	Perkins, Emelia	11	Stowmarket Swimming Club-EA	51.91	52.25
5	Locke, Gracie	10	Stowmarket Swimming Club-EA	52.87	52.41
6	Convey, Audrey G	10	Stowmarket Swimming Club-EA	52.39	54.09
7	Nowell, Molly R	11	Stowmarket Swimming Club-EA	57.47	55.96
8	Forrest, Serena S	10	Stowmarket Swimming Club-EA	58.40	56.56
9	Wright, Poppy M	10	Stowmarket Swimming Club-EA	58.10	57.05
10	Long, Hattie	10	Stowmarket Swimming Club-EA	59.83	59.83
11	Wysocki, Bella M	10	Stowmarket Swimming Club-EA	59.91	1:00.27
12	Smith, Kyla-Mae	10	Stowmarket Swimming Club-EA	1:01.92	1:00.70
13	Farrell, Maisie A	11	Stowmarket Swimming Club-EA	1:05.02	1:09.68

Event 19 Girls 12-13 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Bryant, Olivia M	12	Stowmarket Swimming Club-EA	40.48	40.78
2	Armstrong, Emilia	13	Stowmarket Swimming Club-EA	40.85	41.13

Club Championships - 27/06/2025 to 06/07/2025**Results****(Event 19 Girls 12-13 50 SC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time
3	Daynes, Amber	12	Stowmarket Swimming Club-EA	43.18	41.91
4	Robertson, Bella	12	Stowmarket Swimming Club-EA	41.60	42.13
5	Jewers, Zara	12	Stowmarket Swimming Club-EA	44.34	44.34
6	Long, Nancy	12	Stowmarket Swimming Club-EA	53.24	52.24
7	Boxall-Hunt, Bella D	13	Stowmarket Swimming Club-EA	55.91	54.90
8	Lay, Poppy G	12	Stowmarket Swimming Club-EA	57.16	56.52
9	Davey, Ella	12	Stowmarket Swimming Club-EA	1:15.81	1:14.97

Event 19 Women 14-15 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Amelie	15	Stowmarket Swimming Club-EA	38.98	40.96
2	Carter, Verity	15	Stowmarket Swimming Club-EA	45.43	43.12

Event 19 Women 16 & Over 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Wallace, Fran	27	Stowmarket Swimming Club-EA	36.69	38.47
2	Brown, Becca	17	Stowmarket Swimming Club-EA	38.71	41.90
3	Bingham, Poppy	19	Stowmarket Swimming Club-EA	41.13	43.43
4	Hutton, Emily	18	Stowmarket Swimming Club-EA	43.18	43.93
5	Carter, Annabelle	19	Stowmarket Swimming Club-EA	44.43	44.86

Event 19 Boys 9 Year Olds 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Davis, Oscar J	9	Stowmarket Swimming Club-EA	54.09	51.61
2	Durrant-Gwilliam, Joel G	9	Stowmarket Swimming Club-EA	53.03	52.21
3	Ashford, Elliott G	9	Stowmarket Swimming Club-EA	56.33	54.77
4	Richards, Stanley S	9	Stowmarket Swimming Club-EA	59.94	59.97
5	Kossowski, Oscar K	9	Stowmarket Swimming Club-EA	NT	1:08.15
---	Robertson, Freddie	9	Stowmarket Swimming Club-EA	58.31	DQ 56.07
	7.4 Leg movements not simultaneous				
---	Ames, Henry R	9	Stowmarket Swimming Club-EA	NT	DQ 1:11.20
	7.3 Hands brought back beyond the hip line during stroke				

Event 19 Boys 10-11 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Long, Alex T	11	Stowmarket Swimming Club-EA	41.78	42.08
2	Gadie, Harrison J	10	Stowmarket Swimming Club-EA	47.31	47.37
3	Thompson, Elliott J	11	Stowmarket Swimming Club-EA	47.51	47.70
4	Pritchard, Freddie C	11	Stowmarket Swimming Club-EA	49.30	49.15
5	Jewers, Zach	10	Stowmarket Swimming Club-EA	48.38	50.41
6	Allberry, Henry C	10	Stowmarket Swimming Club-EA	53.43	52.08
7	Grant, Ethan W	10	Stowmarket Swimming Club-EA	58.30	58.69
8	Drummond, Noah L	11	Stowmarket Swimming Club-EA	56.61	58.76
9	Wedgwood, Maximus	11	Stowmarket Swimming Club-EA	54.90	59.33
10	Ames, Alfred S	11	Stowmarket Swimming Club-EA	59.56	1:00.41

Event 19 Boys 12-13 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Long, Ethan	13	Stowmarket Swimming Club-EA	38.27	37.26
2	Harrison, Heath	13	Stowmarket Swimming Club-EA	43.49	39.41
3	Giles, Reuben B	12	Stowmarket Swimming Club-EA	42.34	41.34
4	Fox, Jake E	12	Stowmarket Swimming Club-EA	45.40	44.14
5	Barnard, Joshua J	13	Stowmarket Swimming Club-EA	46.78	48.27

Club Championships - 27/06/2025 to 06/07/2025**Results****(Event 19 Boys 12-13 50 SC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time
6	Smith, Daniel W	12	Stowmarket Swimming Club-EA	57.25	56.18
---	Allberry, Edward A	13	Stowmarket Swimming Club-EA	49.55	DQ 47.56
	7.1 More than one butterfly kick prior to first breaststroke kick after the start or turn				

Event 19 Men 14-15 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Rex	14	Stowmarket Swimming Club-EA	35.78	36.22
2	Allberry, James W	15	Stowmarket Swimming Club-EA	37.79	37.67
3	Kerry, Rowan J	14	Stowmarket Swimming Club-EA	43.47	44.21
4	Davies, Diego D	15	Stowmarket Swimming Club-EA	44.09	44.65
5	Boxall-Hunt, Roman P	15	Stowmarket Swimming Club-EA	49.32	50.82

Event 19 Men 16 & Over 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Chapman, Lewis S	23	Stowmarket Swimming Club-EA	30.00	31.43
2	Debenham, Matthew E	21	Stowmarket Swimming Club-EA	31.51	32.35
3	Spelman, Tom	17	Stowmarket Swimming Club-EA	32.20	32.88
4	Ruffles-Francis, Vaughn	19	Stowmarket Swimming Club-EA	32.15	32.91
5	Ruffles-Francis, Teilo	17	Stowmarket Swimming Club-EA	33.19	33.97
6	Rowland, Alfie	16	Stowmarket Swimming Club-EA	33.84	34.66
7	Wallace, Henry	17	Stowmarket Swimming Club-EA	35.85	35.95
8	Bumstead, Ollie	41	Stowmarket Swimming Club-EA	36.00	36.12
9	Millin, Jed	16	Stowmarket Swimming Club-EA	37.38	37.93
10	Lynch, Peter	63	Stowmarket Swimming Club-EA	41.62	42.19
11	Wright, Andrew	67	Stowmarket Swimming Club-EA	45.41	48.54

Event 20 Mixed 7-8 50 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Westcott, Molly A	8	Stowmarket Swimming Club-EA	1:00.00	1:00.00
2	Mason, Georgie	8	Stowmarket Swimming Club-EA	NT	1:05.34
3	Davis, Matilda A	7	Stowmarket Swimming Club-EA	NT	1:05.64
4	Rogers, Ezra I	8	Stowmarket Swimming Club-EA	NT	1:06.67
5	Sewell, James R	8	Stowmarket Swimming Club-EA	NT	1:06.75
6	Keys, Reeve	8	Stowmarket Swimming Club-EA	NT	1:11.90
7	Bocking, Orla C	8	Stowmarket Swimming Club-EA	NT	1:17.05
8	Farrell, Jake A	8	Stowmarket Swimming Club-EA	NT	1:23.23
9	Millin, Fern E	8	Stowmarket Swimming Club-EA	1:58.89	1:29.91
---	Brewster, Ambrose G	8	Stowmarket Swimming Club-EA	NT	DQ DQ
	7.4 Leg movements not simultaneous				
---	Dean, Ellie G	8	Stowmarket Swimming Club-EA	NT	DQ 1:08.38
	7.4 Leg movements not simultaneous				
---	Mason, Molly S	7	Stowmarket Swimming Club-EA	NT	DQ 1:42.47
	7.3 Hands brought back beyond the hip line during stroke				

Event 21 Mixed 6 & Under 25 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
---	Convey, Eliza	6	Stowmarket Swimming Club-EA	NT	DQ 55.73
	7.3 Hands brought back beyond the hip line during stroke				

Event 22 Girls 9 Year Olds 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Mabel	9	Stowmarket Swimming Club-EA	59.21	56.82
2	Cragg, Molly A	9	Stowmarket Swimming Club-EA	1:03.12	1:05.23

Club Championships - 27/06/2025 to 06/07/2025**Results****(Event 22 Girls 9 Year Olds 50 SC Meter Butterfly)**

	Name	Age	Team	Seed Time	Finals Time
3	Garner, Emily F	9	Stowmarket Swimming Club-EA	1:06.46	1:06.76
4	Buckle, Evelyn M	9	Stowmarket Swimming Club-EA	NT	1:16.33
5	Evans, Emily G	9	Stowmarket Swimming Club-EA	NT	1:21.74
6	Marshall, Hattie P	9	Stowmarket Swimming Club-EA	NT	1:26.11
---	Pritchard, Phoebe A	9	Stowmarket Swimming Club-EA	NT	DQ 53.78

8.2 Arms not brought forward simultaneously over the water

Event 22 Girls 10-11 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Perkins, Emelia	11	Stowmarket Swimming Club-EA	39.89	41.67
2	Locke, Gracie	10	Stowmarket Swimming Club-EA	44.54	42.45
3	Nowell, Molly R	11	Stowmarket Swimming Club-EA	48.06	46.42
4	Brewster, Florence J	11	Stowmarket Swimming Club-EA	49.95	48.00
5	Wysocki, Bella M	10	Stowmarket Swimming Club-EA	49.32	48.67
6	Convey, Audrey G	10	Stowmarket Swimming Club-EA	50.48	48.84
7	Forrest, Serena S	10	Stowmarket Swimming Club-EA	50.41	49.16
8	Westcott, Matilda G	11	Stowmarket Swimming Club-EA	57.73	50.57
9	Welham, Freya	11	Stowmarket Swimming Club-EA	50.89	55.41
10	Wright, Poppy M	10	Stowmarket Swimming Club-EA	53.52	55.61
11	Long, Hattie	10	Stowmarket Swimming Club-EA	52.01	56.14
---	Smith, Kyla-Mae	10	Stowmarket Swimming Club-EA	NT	DQ 56.76

8.3 Alternating movement of legs or feet

Event 22 Girls 12-13 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Armstrong, Emilia	13	Stowmarket Swimming Club-EA	33.50	33.52
2	Bryant, Olivia M	12	Stowmarket Swimming Club-EA	36.10	36.12
3	Robertson, Bella	12	Stowmarket Swimming Club-EA	38.38	37.35
4	Daynes, Amber	12	Stowmarket Swimming Club-EA	39.01	37.50
5	Jewers, Zara	12	Stowmarket Swimming Club-EA	38.72	40.20
6	Lay, Poppy G	12	Stowmarket Swimming Club-EA	NT	44.51
7	Boxall-Hunt, Bella D	13	Stowmarket Swimming Club-EA	47.97	45.47
8	Long, Nancy	12	Stowmarket Swimming Club-EA	1:03.27	48.34
9	Davey, Ella	12	Stowmarket Swimming Club-EA	1:11.36	1:11.15

Event 22 Women 14-15 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Amelie	15	Stowmarket Swimming Club-EA	32.22	32.91
2	Carter, Verity	15	Stowmarket Swimming Club-EA	37.89	36.09

Event 22 Women 16 & Over 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Brown, Becca	17	Stowmarket Swimming Club-EA	30.38	31.68
2	Wallace, Fran	27	Stowmarket Swimming Club-EA	32.20	32.65
3	Barrett, Sophie	23	Stowmarket Swimming Club-EA	33.33	33.27
4	Whyte, Liv J	19	Stowmarket Swimming Club-EA	34.12	36.04
5	Hutton, Emily	18	Stowmarket Swimming Club-EA	38.52	38.72
6	Bingham, Poppy	19	Stowmarket Swimming Club-EA	35.76	38.97
7	Carter, Annabelle	19	Stowmarket Swimming Club-EA	37.70	39.41
8	Stebbins, Katie	18	Stowmarket Swimming Club-EA	33.93	40.88

Club Championships - 27/06/2025 to 06/07/2025**Results****Event 22 Boys 9 Year Olds 50 SC Meter Butterfly**

	Name	Age	Team	Seed Time	Finals Time
1	Robertson, Freddie	9	Stowmarket Swimming Club-EA	50.30	44.93
2	Ashford, Elliott G	9	Stowmarket Swimming Club-EA	46.01	47.60
3	Durrant-Gwilliam, Joel G	9	Stowmarket Swimming Club-EA	1:02.73	48.70
---	Kossowski, Oscar K	9	Stowmarket Swimming Club-EA	NT	DQ 1:15.96
8.2 Arms not brought backward simultaneously under the water					

Event 22 Boys 10-11 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Pritchard, Freddie C	11	Stowmarket Swimming Club-EA	37.07	37.59
2	Long, Alex T	11	Stowmarket Swimming Club-EA	41.20	38.39
3	Thompson, Elliott J	11	Stowmarket Swimming Club-EA	42.99	42.09
4	Gadie, Harrison J	10	Stowmarket Swimming Club-EA	41.60	42.44
5	Allberry, Henry C	10	Stowmarket Swimming Club-EA	45.32	45.25
6	Jewers, Zach	10	Stowmarket Swimming Club-EA	52.53	49.45
7	Drummond, Noah L	11	Stowmarket Swimming Club-EA	NT	52.07
8	Grant, Ethan W	10	Stowmarket Swimming Club-EA	1:26.08	55.03
9	Wedgwood, Maximus	11	Stowmarket Swimming Club-EA	1:02.25	57.55

Event 22 Boys 12-13 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Heath	13	Stowmarket Swimming Club-EA	33.09	32.38
2	Long, Ethan	13	Stowmarket Swimming Club-EA	34.06	33.09
3	Giles, Reuben B	12	Stowmarket Swimming Club-EA	33.30	33.40
4	Fox, Jake E	12	Stowmarket Swimming Club-EA	36.33	38.41
5	Allberry, Edward A	13	Stowmarket Swimming Club-EA	42.89	41.38
6	Smith, Daniel W	12	Stowmarket Swimming Club-EA	53.39	51.70
---	Barnard, Joshua J	13	Stowmarket Swimming Club-EA	44.72	DQ 42.26
8.4 Did not touch at the turn or finish with both hands; separated; simultaneously					

Event 22 Men 14-15 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Chamberlain, Samuel R	15	Stowmarket Swimming Club-EA	26.90	28.06
2	Allberry, James W	15	Stowmarket Swimming Club-EA	30.90	30.39
3	Harrison, Rex	14	Stowmarket Swimming Club-EA	33.96	34.98
4	Boxall-Hunt, Roman P	15	Stowmarket Swimming Club-EA	45.23	45.85
5	Kerry, Rowan J	14	Stowmarket Swimming Club-EA	48.42	47.19
6	Davies, Diego D	15	Stowmarket Swimming Club-EA	NT	50.44

Event 22 Men 16 & Over 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Chapman, Lewis S	23	Stowmarket Swimming Club-EA	25.80	26.67
2	Brown, Matt	20	Stowmarket Swimming Club-EA	26.30	27.79
3	Rowland, Alfie	16	Stowmarket Swimming Club-EA	27.85	28.29
4	Debenham, Matthew E	21	Stowmarket Swimming Club-EA	27.36	28.51
5	Ruffles-Francis, Vaughn	19	Stowmarket Swimming Club-EA	29.50	29.60
6	Freezer, Joe	40	Stowmarket Swimming Club-EA	28.38	29.73
7	Spelman, Tom	17	Stowmarket Swimming Club-EA	31.79	29.81
8	Millin, Jed	16	Stowmarket Swimming Club-EA	31.46	30.89
9	Ruffles-Francis, Teilo	17	Stowmarket Swimming Club-EA	30.75	31.42
10	Duszynski, Adam	36	Stowmarket Swimming Club-EA	30.87	31.47
11	Bumstead, Ollie	41	Stowmarket Swimming Club-EA	31.66	31.70
12	Wallace, Henry	17	Stowmarket Swimming Club-EA	32.37	32.33

Club Championships - 27/06/2025 to 06/07/2025**Results****(Event 22 Men 16 & Over 50 SC Meter Butterfly)**

	Name	Age	Team	Seed Time	Finals Time
13	Hale, Oliver	27	Stowmarket Swimming Club-EA	32.48	32.62

Event 23 Mixed 7-8 50 SC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Sewell, James R	8	Stowmarket Swimming Club-EA	NT	1:00.05
2	Dean, Ellie G	8	Stowmarket Swimming Club-EA	NT	1:11.88
3	Westcott, Molly A	8	Stowmarket Swimming Club-EA	NT	1:11.94
4	Davis, Matilda A	7	Stowmarket Swimming Club-EA	NT	1:15.69
5	Millin, Fern E	8	Stowmarket Swimming Club-EA	NT	1:25.56
---	Rogers, Ezra I	8	Stowmarket Swimming Club-EA	NT	DQ 1:18.98
	8.3 Alternating movement of legs or feet				
---	Bocking, Orla C	8	Stowmarket Swimming Club-EA	NT	DQ 1:19.73
	8.4 Did not touch at the turn or finish with both hands; separated; simultaneously				

Event 25 Girls 9 Year Olds 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Pritchard, Phoebe A	9	Stowmarket Swimming Club-EA	43.05	46.44
2	Harrison, Mabel	9	Stowmarket Swimming Club-EA	46.44	50.46
3	Evans, Emily G	9	Stowmarket Swimming Club-EA	54.62	56.47
4	Wooby, Isla L	9	Stowmarket Swimming Club-EA	NT	58.57
5	Long, Daisy	9	Stowmarket Swimming Club-EA	1:09.49	58.75
6	Cragg, Molly A	9	Stowmarket Swimming Club-EA	56.87	59.01
7	Garner, Emily F	9	Stowmarket Swimming Club-EA	57.17	59.42
8	Buckle, Evelyn M	9	Stowmarket Swimming Club-EA	NT	1:01.71
9	Marshall, Hattie P	9	Stowmarket Swimming Club-EA	NT	1:07.11
10	Spender, Imogen E	9	Stowmarket Swimming Club-EA	NT	1:08.95

Event 25 Girls 10-11 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Nowell, Molly R	11	Stowmarket Swimming Club-EA	41.68	41.62
2	Brewster, Florence J	11	Stowmarket Swimming Club-EA	43.18	44.88
3	Perkins, Emelia	11	Stowmarket Swimming Club-EA	42.88	44.95
4	Convey, Audrey G	10	Stowmarket Swimming Club-EA	43.80	45.46
5	Locke, Gracie	10	Stowmarket Swimming Club-EA	46.08	46.12
6	Welham, Freya	11	Stowmarket Swimming Club-EA	45.99	48.10
7	Long, Hattie	10	Stowmarket Swimming Club-EA	51.33	49.64
8	Smith, Kyla-Mae	10	Stowmarket Swimming Club-EA	48.15	49.69
9	Wysocki, Bella M	10	Stowmarket Swimming Club-EA	49.17	50.10
10	Wright, Poppy M	10	Stowmarket Swimming Club-EA	50.48	50.21
11	Forrest, Serena S	10	Stowmarket Swimming Club-EA	48.73	50.81
12	Farrell, Maisie A	11	Stowmarket Swimming Club-EA	1:00.68	1:00.59
13	Crisp, Rosa	10	Stowmarket Swimming Club-EA	1:13.92	1:08.22
---	Westcott, Matilda G	11	Stowmarket Swimming Club-EA	44.58	DQ 47.47
	6.4 Did not start executing the turn immediately after turning onto the breast				

Event 25 Girls 12-13 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Armstrong, Emilia	13	Stowmarket Swimming Club-EA	33.86	35.07
2	Daynes, Amber	12	Stowmarket Swimming Club-EA	37.47	36.66
3	Robertson, Bella	12	Stowmarket Swimming Club-EA	39.96	37.54
4	Bryant, Olivia M	12	Stowmarket Swimming Club-EA	36.80	37.90
5	Jewers, Zara	12	Stowmarket Swimming Club-EA	40.16	39.91
6	Boxall-Hunt, Bella D	13	Stowmarket Swimming Club-EA	45.53	47.86

Club Championships - 27/06/2025 to 06/07/2025**Results****(Event 25 Girls 12-13 50 SC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
7	Long, Nancy	12	Stowmarket Swimming Club-EA	47.10	48.34
8	Davey, Ella	12	Stowmarket Swimming Club-EA	1:02.25	1:07.32

Event 25 Women 14-15 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Amelie	15	Stowmarket Swimming Club-EA	35.80	36.70
2	Carter, Verity	15	Stowmarket Swimming Club-EA	36.29	37.16

Event 25 Women 16 & Over 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Brown, Becca	17	Stowmarket Swimming Club-EA	33.23	32.97
2	Carter, Annabelle	19	Stowmarket Swimming Club-EA	35.76	36.88
3	Wallace, Fran	27	Stowmarket Swimming Club-EA	38.15	39.62
4	Hutton, Emily	18	Stowmarket Swimming Club-EA	40.02	41.76
5	Bingham, Poppy	19	Stowmarket Swimming Club-EA	41.59	44.42

Event 25 Boys 9 Year Olds 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Ashford, Elliott G	9	Stowmarket Swimming Club-EA	43.46	44.39
2	Durrant-Gwilliam, Joel G	9	Stowmarket Swimming Club-EA	45.30	49.07
3	Robertson, Freddie	9	Stowmarket Swimming Club-EA	49.29	50.93
4	Ames, Henry R	9	Stowmarket Swimming Club-EA	NT	53.82
5	Richards, Stanley S	9	Stowmarket Swimming Club-EA	NT	1:00.28
6	Kossowski, Oscar K	9	Stowmarket Swimming Club-EA	NT	1:13.81

Event 25 Boys 10-11 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Pritchard, Freddie C	11	Stowmarket Swimming Club-EA	36.99	38.20
2	Long, Alex T	11	Stowmarket Swimming Club-EA	40.03	39.85
3	Thompson, Elliott J	11	Stowmarket Swimming Club-EA	41.44	41.56
4	Gadie, Harrison J	10	Stowmarket Swimming Club-EA	47.65	42.15
5	Allberry, Henry C	10	Stowmarket Swimming Club-EA	44.61	45.61
6	Drummond, Noah L	11	Stowmarket Swimming Club-EA	46.21	47.03
7	Jewers, Zach	10	Stowmarket Swimming Club-EA	50.57	48.11
8	Wedgwood, Maximus	11	Stowmarket Swimming Club-EA	46.09	49.79
9	Grant, Ethan W	10	Stowmarket Swimming Club-EA	48.98	50.83
10	Ames, Alfred S	11	Stowmarket Swimming Club-EA	53.84	57.47

Event 25 Boys 12-13 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Heath	13	Stowmarket Swimming Club-EA	35.78	36.41
2	Long, Ethan	13	Stowmarket Swimming Club-EA	39.64	36.50
3	Giles, Reuben B	12	Stowmarket Swimming Club-EA	37.05	36.83
4	Allberry, Edward A	13	Stowmarket Swimming Club-EA	42.82	39.59
5	Barnard, Joshua J	13	Stowmarket Swimming Club-EA	41.14	41.31
6	Fox, Jake E	12	Stowmarket Swimming Club-EA	40.14	41.56
7	Smith, Daniel W	12	Stowmarket Swimming Club-EA	48.09	48.14

Event 25 Men 14-15 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Harrison, Rex	14	Stowmarket Swimming Club-EA	34.16	34.21
2	Allberry, James W	15	Stowmarket Swimming Club-EA	36.75	34.56
3	Kerry, Rowan J	14	Stowmarket Swimming Club-EA	49.71	44.48

Club Championships - 27/06/2025 to 06/07/2025**Results****(Event 25 Men 14-15 50 SC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
4	Boxall-Hunt, Roman P	15	Stowmarket Swimming Club-EA	43.62	45.84
---	Davies, Diego D	15	Stowmarket Swimming Club-EA	NT	DQ 47.33
6.4 Did not start executing the turn immediately after turning onto the breast					

Event 25 Men 16 & Over 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Brown, Matt	20	Stowmarket Swimming Club-EA	28.32	29.05
2	Spelman, Tom	17	Stowmarket Swimming Club-EA	30.62	31.02
3	Hale, Oliver	27	Stowmarket Swimming Club-EA	31.19	31.14
4	Debenham, Matthew E	21	Stowmarket Swimming Club-EA	30.69	31.46
5	Millin, Jed	16	Stowmarket Swimming Club-EA	32.80	32.29
6	Rowland, Alfie	16	Stowmarket Swimming Club-EA	32.43	32.87
7	Ruffles-Francis, Vaughn	19	Stowmarket Swimming Club-EA	32.35	33.08
8	Ruffles-Francis, Teilo	17	Stowmarket Swimming Club-EA	32.30	33.95
9	Wallace, Henry	17	Stowmarket Swimming Club-EA	35.36	36.37
10	Wright, Andrew	67	Stowmarket Swimming Club-EA	40.98	43.94