



University

Head Coach: Chris Graffin

Assistant Coaches: Danny

Fees: £80 per year

Training Timetable:

University			
Tuesday (am)	6:15 – 7:45	TA	
Thursday (am)	6:15 – 7:45	TA	
Thursday (pm)	20:00 – 21:00	TLC	Main Pool
Sunday	16:30 - 17:30	TLC	Main Pool

Venue addresses:

Tewkesbury Leisure Centre

Gloucester Road
Tewkesbury
Gloucestershire
GL20 5SX

Tewkesbury Academy Sports Centre

Ashchurch Road
Tewkesbury
Gloucestershire
GL20 8DF

Equipment:

Training
Costume
Goggles
1L Drinks Bottle
Fins
Hand Paddles
Towel



University

Squad Criteria

This squad is designed for TSC swimmers who have gone to university but still want to continue swimming when they're back.

Entry Criteria

- 18yrs+
- Ability and commitment to follow a training session.
- Swim 800m continuous front crawl with tumble turns.
- Good technical standard on 3 out of 4 strokes.
- Subject to coach's discretion.

Training Expectations

- Swimmers have a range of 4 swimming sessions per week. 2 morning sessions and 2 evening sessions.
- Those on performance programs with their university team should speak with Chris to determine if training with another squad may be more appropriate for them.

Competitions

- Speak with Chris if you would like to enter any competitions.