

Inter Insular 2025 - 27/09/2025

Results - Session 1

Event 1 Female 16 & Over 100 SC Meter IM				2 GSY	2:19.70
Inter Insul: 1:03.80 R 2024		Chloe Brown		1) Caletta Hern 13	2) Charlotte Miller 13
Name		Age Team		3) Charlotte Holland 13	4) Charlotte Bolton 12
1	Chloe Bown	19 GSY	1:04.20	36.21 1:16.21	1:50.43 2:19.70
	30.34 1:04.20				
2	Gemma Atherley	28 JSY	1:07.75		
	31.33 1:07.75				
3	Emma Bourgaize	16 GSY	1:07.95		
	32.54 1:07.95				
4	Erin Goodbody	17 JSY	1:10.97		
	33.31 1:10.97				
Event 2 Open/Male 16 & Over 100 SC Meter IM				Event 6 Open/Male 12-13 200 SC Meter Medley Relay	
Inter Insul: 57.69 R 2024		Filip Nowacki		Inter Insul: 2:07.36 R 2011 Jersey	
Name		Age Team		A Johnson, G Jackson, H Shalamon, T Cairns	
1	Sam Sterry	18 JSY	1:00.56	Team	Relay
	27.71 1:00.56				Finals Time
2	Daniel Papworth	18 JSY	1:01.62	1 JSY	2:10.05
	28.20 1:01.62			1) Noah Preston 13	2) Aidan Jarvis 13
3	Joshua Dunning	19 GSY	1:03.88	3) Zac Howell 12	4) Philip Zakrzewski 13
	29.22 1:03.88			35.39 1:11.46	1:40.91 2:10.05
4	Luke Le Cras	20 GSY	1:06.72	2 GSY	2:22.16
	30.98 1:06.72			1) Caelan Osborough 12	2) Luke Adcock 13
				3) Freddie Moherndl 12	4) Kobe Robinson 12
				36.00 1:13.20	1:49.62 2:22.16
Event 3 Female 11 & Under 200 SC Meter Freestyle Relay				Event 7 Female 14-15 200 SC Meter Freestyle Relay	
Inter Insul: 2:07.69 R 2002		Guernsey		Inter Insul: 1:52.84 R 2018 Guernsey	
Team		Relay		T Tostevin, A Rabey, P Gallagher, L Le Cras	
1	GSY		2:11.63	Team	Relay
	1) Thea Maiden 11	2) Nigella Rae Trescothic 10			Finals Time
	3) Lexi Rault 11	4) Phoebe Sebire 11		1 JSY	1:54.82
	32.01 1:04.87	1:39.68 2:11.63		1) Niamh Church 14	2) Lia Romero 14
2	JSY		2:15.30	3) Elsa Dodds 15	4) Ellie Grant 14
	1) Penny Wilson 11	2) Lily Preston 10		28.89 57.78	1:27.22 1:54.82
	3) Alice Militis 11	4) Amelia Hardwick 11		2 GSY	1:58.19
	30.78 1:06.76	1:42.66 2:15.30		1) Megan Carter 14	2) Eden Smith 14
				3) Grace King 14	4) Jess Boyle 15
				28.71 59.60	1:29.77 1:58.19
Event 4 Open/Male 11 & Under 200 SC Meter Freestyle Relay				Event 8 Open/Male 14-15 200 SC Meter Freestyle Relay	
Inter Insul: 2:05.28 R 2018		Jersey		Inter Insul: 1:44.06 R 2013 Jersey	
I Thompson, F Nowacki, S Sterry, M Deffains				T Cairns, C Swart, H Shalamon, G Jackson	
Team		Relay		Team	Relay
1	JSY		2:12.37		Finals Time
	1) Archie Parris 11	2) Jonty Ellis 11		1 GSY	1:45.29
	3) Freddy Picot 11	4) Bertie Brennan 11		1) Zachary Maiden 14	2) Cooper Robinson 14
	33.88 1:07.05	1:39.20 2:12.37		3) Samuel Cann 15	4) Henry Bolton 14
2	GSY		2:16.38	26.03 53.19	1:20.58 1:45.29
	1) Albie Sarre 10	2) Cameron Le Tissier 10		2 JSY	1:51.53
	3) James Hamilton 10	4) Aaron Beak 10		1) Barnaby Watson 14	2) Ibrahim Khan 14
	33.74 1:07.78	1:42.62 2:16.38		3) Archie Brydon 15	4) Jack Militis 14
				29.41 57.31	1:26.03 1:51.53
Event 5 Female 12-13 200 SC Meter Medley Relay				Event 9 Female 16 & Over 200 SC Meter Medley Relay	
Inter Insul: 2:09.16 R 2008		Guernsey		Inter Insul: 2:02.64 R 2011 Jersey	
Team		Relay		K Smith, C Manning, E Jacklin, S Van Neste	
1	JSY		2:14.87	Team	Relay
	1) Ella Baker 12	2) Orla Goodbody 13			Finals Time
	3) Julia Strzerek 13	4) Jessica Sulit 13		1 GSY	2:02.48R
	34.47 1:12.36	1:44.59 2:14.87		1) Chloe Bown 19	2) Emma Bourgaize 16
				3) Elodie Riley 17	4) Emily Hyland 16
				30.64 1:05.31	1:34.58 2:02.48
				2 JSY	2:03.09
				1) Gemma Atherley 28	2) Hannah Sterry 16
				3) Erin Goodbody 17	4) Georgie Corrigan 16
				30.40 1:05.05	1:35.61 2:03.09

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Event 10 Open/Male 16 & Over 200 SC Meter Medley Relay						4 Caelan Osborough		12 GSY	1:10.89
Inter Insul: 1:46.79 R 2024 Jersey						34.29		1:10.89	
D Papworth, F Nowacki, J Swart, M Deffains						Event 15 Female 14-15 100 SC Meter Butterfly			
Team Relay Finals Time						Inter Insul: 1:06.41 R 2018		Laura Le Cras	
1 JSY						Name Age Team Finals Time			
1) Luke Fleming 18		2) Daniel Papworth 18				1 Ellie Grant		14 JSY	1:09.60
3) Sam Sterry 18		4) Callum Smith 16				32.09 1:09.60			
28.11 59.22		1:24.78 1:49.39				2 Megan Carter		14 GSY	1:11.14
2 GSY				1:53.82		33.39 1:11.14			
1) Cameron Lee 17		2) Luke Le Cras 20				3 Scarlett-Rose Foss		15 GSY	1:15.35
3) Spike Jinks 16		4) Oliver Stephens 16				34.29 1:15.35			
29.15 59.98		1:27.49 1:53.82				4 Elsa Dodds		15 JSY	1:17.62
Event 11 Female 11 & Under 100 SC Meter Breaststroke						35.43 1:17.62			
Inter Insul: 1:23.92 R 1995 Melanie Colter						Event 16 Open/Male 14-15 100 SC Meter Butterfly			
Name Age Team Finals Time						Inter Insul: 59.37 R 2002		Simon Le Couilliard	
1 Lily Smith		11 GSY		1:31.47		Name Age Team Finals Time			
43.71 1:31.47						1 Jack Militis		14 JSY	1:03.66
2 Amelia Hardwick		11 JSY		1:31.73		30.35 1:03.66			
43.13 1:31.73						2 Cooper Robinson		14 GSY	1:04.25
3 Penny Wilson		11 JSY		1:37.03		30.54 1:04.25			
45.66 1:37.03						3 Zachary Maiden		14 GSY	1:07.31
4 Thea Maiden		11 GSY		1:40.76		31.12 1:07.31			
46.04 1:40.76						4 Ibrahim Khan		14 JSY	1:12.89
Event 12 Open/Male 11 & Under 100 SC Meter Breaststroke						33.42 1:12.89			
Inter Insul: 1:24.85 R 2011 Nathan Corrigan						Event 17 Female 16 & Over 100 SC Meter Backstroke			
Name Age Team Finals Time						Inter Insul: 1:04.52 R 2024		Megan Hansford	
1 Archie Parris		11 JSY		1:39.18		Name Age Team Finals Time			
46.33 1:39.18						1 Chloe Bown		19 GSY	1:05.13
2 Cameron Le Tissier		10 GSY		1:40.68		31.93 1:05.13			
48.53 1:40.68						2 Gemma Atherley		28 JSY	1:07.93
3 Bertie Brennan		11 JSY		1:44.96		32.68 1:07.93			
50.40 1:44.96						3 Chloe Hansford		17 JSY	1:09.17
--- Albie Sarre		10 GSY		DQ 1:39.41		33.44 1:09.17			
One hand touch						4 Emma Bourgaize		16 GSY	1:10.29
47.57 DQ 1:39.41						34.95 1:10.29			
Event 13 Female 12-13 100 SC Meter Freestyle						Event 18 Open/Male 16 & Over 100 SC Meter Backstroke			
Inter Insul: 59.15 R 2009		Kristina Neves				Inter Insul: 56.90 R 2024		Isaac Thompson	
Name Age Team Finals Time						Name Age Team Finals Time			
1 Julia Strzerek		13 JSY		1:03.36		1 Sam Sterry		18 JSY	1:01.60
30.76 1:03.36						29.62 1:01.60			
2 Charlotte Bolton		12 GSY		1:03.45		2 Daniel Papworth		18 JSY	1:02.73
29.98 1:03.45						30.52 1:02.73			
3 Phoebe Harradine		13 GSY		1:04.35		3 Cameron Lee		17 GSY	1:03.48
30.27 1:04.35						30.86 1:03.48			
4 Pheebis Assiter		13 JSY		1:07.48		4 Spike Jinks		16 GSY	1:03.99
32.05 1:07.48						31.45 1:03.99			
Event 14 Open/Male 12-13 100 SC Meter Freestyle						Event 19 Female 11 & Under 50 SC Meter Butterfly			
Inter Insul: 57.78 R 2009		Miles Munro				Inter Insul: 32.75 R 2007		Kristina Neves	
Name Age Team Finals Time						Name Age Team Finals Time			
1 Zac Howell		12 JSY		1:01.31		1 Penny Wilson		11 JSY	34.99
29.36 1:01.31						2 Phoebe Sebire		11 GSY	38.47
2 Luke Adcock		13 GSY		1:04.64		3 Amelia Hardwick		11 JSY	40.34
31.52 1:04.64						4 Thea Maiden		11 GSY	43.77
3 Philip Zakrzewski		13 JSY		1:06.31					
31.80 1:06.31									

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Event 20 Open/Male 11 & Under 50 SC Meter Butterfly				
Inter Insul:		32.89 R 2018	Filip Nowacki	
Name	Age Team	Finals Time		
1 Elliot Davies	11 GSY	38.46		
2 Freddy Picot	11 JSY	39.09		
3 Cameron Le Tissier	10 GSY	41.93		
4 Archie Parris	11 JSY	42.24		
Event 21 Female 12-13 100 SC Meter Backstroke				
Inter Insul:		1:06.37 R 2024	Ellie Grant	
Name	Age Team	Finals Time		
1 Ella Baker	12 JSY	1:13.26		
35.81	1:13.26			
2 Julia Strzerek	13 JSY	1:14.23		
36.61	1:14.23			
3 Lola Williams	13 GSY	1:15.54		
37.73	1:15.54			
4 Charlotte Holland	13 GSY	1:18.55		
38.02	1:18.55			
Event 22 Open/Male 12-13 100 SC Meter Backstroke				
Inter Insul:		1:04.64 R 2024	Jack Militis	
Name	Age Team	Finals Time		
1 Zac Howell	12 JSY	1:10.06		
33.58	1:10.06			
2 Luke Adcock	13 GSY	1:13.75		
35.67	1:13.75			
3 Philip Zakrzewski	13 JSY	1:15.61		
36.45	1:15.61			
4 Freddie Moherndl	12 GSY	1:17.23		
37.62	1:17.23			
Event 23 Female 14-15 100 SC Meter Freestyle				
Inter Insul:		57.41 R 2011	Emily Bashforth	
Name	Age Team	Finals Time		
1 Megan Carter	14 GSY	1:02.01		
30.60	1:02.01			
2 Jess Boyle	15 GSY	1:02.24		
30.41	1:02.24			
3 Ellie Grant	14 JSY	1:02.48		
30.35	1:02.48			
4 Elsa Dodds	15 JSY	1:04.81		
31.33	1:04.81			
Event 24 Open/Male 14-15 100 SC Meter Freestyle				
Inter Insul:		52.69 R 2011	Miles Munro	
Name	Age Team	Finals Time		
1 Henry Bolton	14 GSY	54.76		
26.74	54.76			
2 Jack Militis	14 JSY	58.18		
28.35	58.18			
3 Samuel Cann	15 GSY	58.66		
28.22	58.66			
4 Archie Brydon	15 JSY	1:03.70		
30.58	1:03.70			
Event 25 Female 16 & Over 100 SC Meter Breaststroke				
Inter Insul:		1:11.92 R 2024	Chloe Brown	
Name	Age Team	Finals Time		
1 Chloe Bown	19 GSY	1:12.98		
35.03	1:12.98			
2 Hannah Sterry	16 JSY	1:15.84		
35.68	1:15.84			
3 Emma Bourgaize	16 GSY	1:18.95		
37.63	1:18.95			
4 Erin Goodbody	17 JSY	1:20.22		
37.82	1:20.22			
Event 26 Open/Male 16 & Over 100 SC Meter Breaststroke				
Inter Insul:		1:02.07 R 2024	Filip Nowacki	
Name	Age Team	Finals Time		
1 Sam Sterry	18 JSY	1:09.33		
32.44	1:09.33			
2 Daniel Papworth	18 JSY	1:12.79		
33.85	1:12.79			
3 Joshua Dunning	19 GSY	1:13.28		
35.08	1:13.28			
4 Luke Le Cras	20 GSY	1:16.46		
35.15	1:16.46			
Event 27 Female 11 & Under 100 SC Meter Freestyle				
Inter Insul:		1:05.23 R 2007	Kristina Neves	
Name	Age Team	Finals Time		
1 Phoebe Sebire	11 GSY	1:11.61		
35.71	1:11.61			
2 Penny Wilson	11 JSY	1:12.19		
36.26	1:12.19			
3 Thea Maiden	11 GSY	1:13.78		
35.92	1:13.78			
4 Amelia Hardwick	11 JSY	1:19.91		
38.50	1:19.91			
Event 28 Open/Male 11 & Under 100 SC Meter Freestyle				
Inter Insul:		1:06.04 R 2019	Isaac Thompson	
Name	Age Team	Finals Time		
1 Freddy Picot	11 JSY	1:15.44		
37.08	1:15.44			
2 Jonty Ellis	11 JSY	1:16.76		
37.19	1:16.76			
3 Albie Sarre	10 GSY	1:17.72		
36.71	1:17.72			
4 Cameron Le Tissier	10 GSY	1:26.01		
41.26	1:26.01			
Event 29 Female 12-13 100 SC Meter Breaststroke				
Inter Insul:		1:16.93 R 2016	Elissa Polak	
Name	Age Team	Finals Time		
1 Orla Goodbody	13 JSY	1:22.56		
39.26	1:22.56			
2 Jessica Sulit	13 JSY	1:25.40		
40.46	1:25.40			
3 Charlotte Miller	13 GSY	1:29.54		
41.63	1:29.54			
4 Charlotte Bolton	12 GSY	1:31.84		
42.58	1:31.84			

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Event 30 Open/Male 12-13 100 SC Meter Breaststroke				
Inter Insul:		1:15.48 R 2009	Giovanni Guarino	
Name	Age Team		Finals Time	
1 Aidan Jarvis	13	JSY	1:19.52	
37.66	1:19.52			
2 Spencer Smith	13	JSY	1:27.32	
41.64	1:27.32			
3 Luke Adcock	13	GSY	1:28.85	
41.94	1:28.85			
4 Kobe Robinson	12	GSY	1:36.64	
44.19	1:36.64			
Event 31 Female 14-15 100 SC Meter Backstroke				
Inter Insul:		1:04.05 R 2018	Tatiana Tostevin	
Name	Age Team		Finals Time	
1 Elsa Dodds	15	JSY	1:08.73	
33.37	1:08.73			
2 Ellie Grant	14	JSY	1:09.71	
34.31	1:09.71			
3 Megan Carter	14	GSY	1:11.19	
35.15	1:11.19			
4 Scarlett-Rose Foss	15	GSY	1:17.91	
37.32	1:17.91			
Event 32 Open/Male 14-15 100 SC Meter Backstroke				
Inter Insul:		1:02.12 R 2002	Simon Le Couilliard	
Name	Age Team		Finals Time	
1 Zachary Maiden	14	GSY	1:03.22	
30.94	1:03.22			
2 Jack Militis	14	JSY	1:03.66	
31.42	1:03.66			
3 Henry Bolton	14	GSY	1:05.16	
32.15	1:05.16			
4 Ibrahim Khan	14	JSY	1:12.19	
34.25	1:12.19			
Event 33 Female 16 & Over 100 SC Meter Butterfly				
Inter Insul:		1:03.01 R 2024	Orla Rabey	
Name	Age Team		Finals Time	
1 Chloe Bown	19	GSY	1:03.40	
30.00	1:03.40			
2 Elodie Riley	17	GSY	1:07.34	
31.39	1:07.34			
3 Erin Goodbody	17	JSY	1:09.51	
32.38	1:09.51			
4 Chloe Hansford	17	JSY	1:11.78	
33.57	1:11.78			
Event 34 Open/Male 16 & Over 100 SC Meter Butterfly				
Inter Insul:		56.47 R 2024	Filip Nowacki	
Name	Age Team		Finals Time	
1 Sam Sterry	18	JSY	58.72	
27.46	58.72			
2 Cameron Lee	17	GSY	1:02.08	
29.19	1:02.08			
3 Daniel Papworth	18	JSY	1:02.30	
28.99	1:02.30			
4 Bayley Crosland	16	GSY	1:04.95	
30.03	1:04.95			

Event 35 Female 11 & Under 100 SC Meter Backstroke				
Inter Insul:		1:13.38 R 2007	Kristina Neves	
Name	Age Team		Finals Time	
1 Penny Wilson	11	JSY	1:21.65	
40.69	1:21.65			
2 Amelia Hardwick	11	JSY	1:27.36	
43.26	1:27.36			
3 Thea Maiden	11	GSY	1:29.36	
43.72	1:29.36			
--- Phoebe Sebire	11	GSY	DQ 1:26.34	
Delay initiating turn after past vertical				
41.69	DQ 1:26.34			
Event 36 Open/Male 11 & Under 100 SC Meter Backstroke				
Inter Insul:		1:14.29 R 2019	Isaac Thompson	
Name	Age Team		Finals Time	
1 Bertie Brennan	11	JSY	1:20.60	
39.49	1:20.60			
2 Jonty Ellis	11	JSY	1:27.54	
42.19	1:27.54			
3 Albie Sarre	10	GSY	1:29.95	
43.97	1:29.95			
4 Aaron Beak	10	GSY	1:30.05	
43.13	1:30.05			
Event 37 Female 12-13 100 SC Meter Butterfly				
Inter Insul:		1:05.61 R 2009	Kristina Neves	
Name	Age Team		Finals Time	
1 Julia Strzezek	13	JSY	1:13.88	
34.34	1:13.88			
2 Charlotte Holland	13	GSY	1:16.66	
36.35	1:16.66			
3 Orla Goodbody	13	JSY	1:16.99	
36.59	1:16.99			
4 Caletta Hern	13	GSY	1:21.64	
36.38	1:21.64			
Event 38 Open/Male 12-13 100 SC Meter Butterfly				
Inter Insul:		1:07.72 R 1999	Ben Lowndes	
Name	Age Team		Finals Time	
1 Zac Howell	12	JSY	1:11.88	
32.17	1:11.88			
2 Aidan Jarvis	13	JSY	1:12.20	
33.73	1:12.20			
3 William Le Tissier	12	GSY	1:28.31	
40.65	1:28.31			
4 Caelan Osborough	12	GSY	1:31.60	
41.05	1:31.60			
Event 39 Female 14-15 100 SC Meter Breaststroke				
Inter Insul:		1:16.82 R 2024	Hannah Sterry	
Name	Age Team		Finals Time	
1 Ellie Grant	14	JSY	1:19.27	
37.90	1:19.27			
2 Grace King	14	GSY	1:19.31	
38.77	1:19.31			
3 Jess Boyle	15	GSY	1:23.32	
39.70	1:23.32			

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(Event 39 Female 14-15 100 SC Meter Breaststroke)

Name	Age	Team	Finals Time
4 Elsa Dodds	15	JSY	1:26.17
40.95	1:26.17		

Event 40 Open/Male 14-15 100 SC Meter Breaststroke

Inter Insul: 1:08.91 R 2011		Giovanni Guarino	
Name	Age	Team	Finals Time
1 Samuel Cann	15	GSY	1:09.59
32.67	1:09.59		
2 Zachary Maiden	14	GSY	1:16.23
35.85	1:16.23		
3 Barnaby Watson	14	JSY	1:18.61
36.49	1:18.61		
4 Jack Militis	14	JSY	1:24.26
40.19	1:24.26		

Event 41 Female 16 & Over 100 SC Meter Freestyle

Inter Insul: 57.73 R 2024		Chloe Brown	
Name	Age	Team	Finals Time
1 Chloe Bown	19	GSY	58.75
28.60	58.75		
2 Elodie Riley	17	GSY	1:00.12
29.27	1:00.12		
3 Georgie Corrigan	16	JSY	1:02.42
29.88	1:02.42		
4 Hannah Sterry	16	JSY	1:03.86
30.80	1:03.86		

Event 42 Open/Male 16 & Over 100 SC Meter Freestyle

Inter Insul: 51.70 R 2013		Miles Munro	
Name	Age	Team	Finals Time
1 Sam Sterry	18	JSY	54.22
25.90	54.22		
2 Luke Fleming	18	JSY	55.08
26.29	55.08		
3 Joshua Dunning	19	GSY	57.22
27.75	57.22		
4 Luke Le Cras	20	GSY	1:00.34
28.35	1:00.34		

Event 43 Female 11 & Under 200 SC Meter Medley Relay

Inter Insul: 2:26.06 R 2006		Guernsey	
L Parfit, N Hewlett, K Neves, C Butcher			
Team	Relay	Finals Time	
1 GSY		2:34.37	
1) Thea Maiden 11	2) Lily Smith 11		
3) Phoebe Sebire 11	4) Lexi Rault 11		
40.79	1:23.36	2:01.95	2:34.37
2 JSY		2:35.40	
1) Alice Militis 11	2) Amelia Hardwick 11		
3) Penny Wilson 11	4) Lily Preston 10		
40.93	1:23.76	1:59.72	2:35.40

Event 44 Open/Male 11 & Under 200 SC Meter Medley Relay

Inter Insul: 2:29.15 R 2018		Jersey	
S Sterry, F Nowacki, M Deffains, I Thompson			
Team	Relay	Finals Time	
1 JSY		2:38.61	
1) Bertie Brennan 11	2) Archie Parris 11		
3) Freddy Picot 11	4) Jonty Ellis 11		
38.45	1:25.04	2:03.57	2:38.61
2 GSY		2:40.47	
1) Aaron Beak 10	2) Albie Sarre 10		
3) Cameron Le Tissier 10	4) James Hamilton 10		
40.65	1:25.66	2:05.27	2:40.47

Event 45 Female 12-13 200 SC Meter Freestyle Relay

Inter Insul: 1:58.02 R 2009		Jersey	
M Kocot, B Cumming, E Bashforth, E Dias			
Team	Relay	Finals Time	
1 GSY		2:01.28	
1) Charlotte Miller 13	2) Charlotte Holland 13		
3) Phoebe Harradine 13	4) Charlotte Bolton 12		
30.84	1:03.14	1:31.78	2:01.28
2 JSY		2:04.14	
1) Jessica Sulit 13	2) Orla Goodbody 13		
3) Pheebbs Assiter 13	4) Julia Strzezek 13		
30.63	1:01.69	1:33.65	2:04.14

Event 46 Open/Male 12-13 200 SC Meter Freestyle Relay

Inter Insul: 1:53.53 R 2011		Jersey	
A Johnson, T Cairns, H Shalamon, G Jackson			
Team	Relay	Finals Time	
1 JSY		1:58.54	
1) Joseph Barrett 13	2) Philip Zakrzewski 13		
3) Spencer Smith 13	4) Zac Howell 12		
29.82	59.78	1:30.61	1:58.54
2 GSY		2:06.78	
1) Freddie Moherndl 12	2) Caelan Osborough 12		
3) Kobe Robinson 12	4) Luke Adcock 13		
32.16	1:04.40	1:37.54	2:06.78

Event 47 Female 14-15 200 SC Meter Medley Relay

Inter Insul: 2:06.67 R 2018		Guernsey	
T Tostevin, L Le Cras, M Staples, A Rabey			
Team	Relay	Finals Time	
1 JSY		2:09.41	
1) Elsa Dodds 15	2) Ellie Grant 14		
3) Lia Romero 14	4) Niamh Church 14		
32.35	1:08.46	1:41.21	2:09.41
2 GSY		2:09.53	
1) Megan Carter 14	2) Grace King 14		
3) Scarlett-Rose Foss 15	4) Jess Boyle 15		
32.74	1:09.67	1:41.40	2:09.53

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Event 48 Open/Male 14-15 200 SC Meter Medley Relay

Inter Insul: 1:57.33 R 2009

Guernsey

O Nightingale, J Salmon, J Ogier, D Hall

Team	Relay	Finals Time
1 GSY		1:54.57R
1) Zachary Maiden 14	2) Samuel Cann 15	
3) Cooper Robinson 14	4) Henry Bolton 14	
29.67 1:01.57	1:30.04 1:54.57	
2 JSY		2:05.52
1) Jack Militis 14	2) Barnaby Watson 14	
3) Ibrahim Khan 14	4) Archie Brydon 15	
29.73 1:05.43	1:36.40 2:05.52	

Event 49 Female 16 & Over 200 SC Meter Freestyle Relay

Inter Insul: 1:51.31 R 2024

Guernsey

C Brown, T Kennedy, M Staples, O Rabey

Team	Relay	Finals Time
1 GSY		1:49.20R
1) Emma Bourgaize 16	2) Emily Hyland 16	
3) Elodie Riley 17	4) Chloe Bown 19	
27.59 55.56	1:22.50 1:49.20	
2 JSY		1:53.62
1) Gemma Atherley 28	2) Georgie Corrigan 16	
3) Erin Goodbody 17	4) Hannah Sterry 16	
27.39 55.61	1:24.32 1:53.62	

Event 50 Open/Male 16 & Over 200 SC Meter Freestyle Relay

Inter Insul: 1:37.26 R 2009

Guernsey

I Hubert, J Jurkiewicz, B Lowndes, J Osborne

Team	Relay	Finals Time
1 JSY		1:39.49
1) Luke Fleming 18	2) Sam Sterry 18	
3) Callum Smith 16	4) Daniel Papworth 18	
25.08 49.39	1:14.20 1:39.49	
2 GSY		1:40.88
1) Luke Le Cras 20	2) Spike Jinks 16	
3) Cameron Lee 17	4) Joshua Dunning 19	
25.65 50.88	1:16.10 1:40.88	