

AMERSHAM SWIMMING & DIVING CLUB NEWS

NOTE FROM THE CHAIR

ANDY PRESS



Happy new year!

I hope you all had a wonderful Christmas break.

As a club, let's make 2026 our most successful year to date, whether it is improving PBs in the pool or on the diving boards, whilst maintaining the club's reputation for being a welcoming, well behaved and friendly environment for all.

Andy

NOTE FROM THE HEAD SWIMMING COACH

DAVID CUMMINGS



Hi All,

I hope you're all well and have had a good Christmas and New Year's break. In the pool we're straight into action this weekend 10th-11th January with the first of two weekends of county championships. Good luck to all swimmers competing in both individual and relay events. Make sure we're wearing the Amersham red with pride and supporting our team loudly over the weekend.

David

NOTE FROM THE HEAD DIVE COACH

SHIRAZ SHAMSHUDIN

Happy New Year and welcome back to our fantastic diving community!

We ended last year on a real high with our first Club Championships, a wonderful event that brought the whole club together. It was fantastic to celebrate diving at Amersham and to see just how much our divers have progressed and achieved over the year. Events like this simply wouldn't be possible without our dedicated coaches and brilliant support team — thank you all once again for everything you do.

The new year has already got off to a great start. We are delighted to be:

- Welcoming new adults into our Learn to Dive programme on Wednesdays
- Offering trial sessions for children who have been waiting to start diving (where space and age groups allow)
- Preparing for an exciting run of competitions in January and February for our Level 1 and Level 3 divers

Looking Ahead to 2026

This year, our focus is on progression — supporting divers as they move from Lessons into Squads and helping all squad divers develop towards Regional and National competitions. To support this, there will be some changes during the year to create new opportunities for progression and, where possible, to welcome new divers into the club.

Competitions

Several of our Squad and Development Lessons divers have been invited to attend the Surrey Skills Competition in Guildford. This long-running, high-quality event is one that ASC has proudly taken part in for many years, and it will challenge our divers to perform at their best.

We are also excited to see four of our divers attending the Armada Cup for the first time, competing at Level 3 (Age Group) in early February — a fantastic milestone in their diving journeys.

Competition Calendar 2026

- 24 January – Surrey Skills Competition (Guildford)
- 14–17 February – Armada Cup – Age Group (Plymouth, L3/L4)
- 7 March – London Regional Skills (L2)
- 21 March – East Region Skills (Southend)
- 17–19 April – Sandwell Showdown – Skills & Age Group (Birmingham, L2/L3)
- 25–26 April – East Regional Age Group (Southend)
- 25–26 May – South East Region Skills (Reading)
- 25–28 June – National Age Group Finals (Sandwell)
- 18–19 July – National Skills Finals (Southampton)

Known Pool Closure Dates 2025 / 2026

- 28–29 March – ASC Level 3 Meet
- 4–5 April – Easter Weekend (TBC)

SWIM EVENTS

Jan 10th-11th - County Championships

Jan 24th-25th - County Championships

Feb 7th-8th - Chalfont Otters Valentines L3 Meet

March 7th-8th - Watford Regional Qualifier L3 Meet



SWIM ENGLAND MEMBERSHIPS

Swim England membership renewals are now due.

If you are a masters swimmer and want to change from Swim Compete to Swim Train or vice versa please contact engagement@amershamswimmingclub.co.uk by Friday 16th January.

