

## **WATFORD SWIMMING CLUB**

## Regional Qualifier - Licence 3ER250120

Saturday 15<sup>th</sup> & Sunday 16<sup>th</sup> March 2025

## PROGRAMME OF EVENTS

SATURDAY 15 <sup>th</sup> MARCH 2025			
SESSION 1 Warm Up 1pm Start 2.00pm	Event No.	Event	
	1	Boys 400m Freestyle	
	2	Girls 200m Individual Medley	
	3	Boys 200m Butterfly	
	4	Girls 100m Freestyle	
	5	Boys 100m Breaststroke	
	6	Girls 50m Backstroke	
	7	Boys 50m Butterfly	
SESSION 2  Warm up no earlier than tbc  Start no earlier than tbc	8	Girls 400 IM	
	9	Boys 200m Freestyle	
	10	Girls 200m Breaststroke	
	11	Boys 100m Butterfly	
	12	Girls 100m Backstroke	
	13	Boys 200m Backstroke	
	14	Girls 50m Breaststroke	
	15	Boys 50m Freestyle	

SUNDAY 16 <sup>TH</sup> MARCH 2025			
SESSION 3 Warm Up 9.00 am Start 10.00 am	Event No.	Event	
	16	Girls 400m Freestyle	
	17	Boys 200m Individual Medley	
	18	Girls 200m Butterfly	
	19	Boys 100m Freestyle	
	20	Girls 100m Breaststroke	
	21	Boys 50m Backstroke	
	22	Girls 50m Butterfly	
SESSION 4 Warm up no earlier than tbc Start no earlier than tbc	23	Boys 400 IM	
	24	Girls 200m Freestyle	
	25	Boys 200m Breaststroke	
	26	Girls 100m Butterfly	
	27	Boys 100m Backstroke	
	28	Girls 200m Backstroke	
	29	Boys 50m Breaststroke	
	30	Girls 50m Freestyle	