



INSURED & EXCLUDED ACTIVITIES CLUB POLICY DOCUMENT

The Scottish Swimming civil liability insurance provides cover for club members for the following activities:

- Training for competitive Swimming
- Competitive Swimming
- Learn to Swim
- Swimming Development activities
- Social activities
- Fund-raising activities
- Administrative, teaching and coaching activities
- Recreational Swimming

Excluded Sports include:

Abseiling	Archery	Boxing
Fencing	Flying & Gliding Other forms of aerial activity	Judo
Martial Arts	Motor Racing	Mountaineering
Horse Riding	Parachuting	Potholing
Rugby Football	Rock Climbing	Roller Hockey
Skating	Sand Dune training	Shooting
Sub – Aqua	Skiing and other winter sports	Wrestling
Water Skiing	Trampolining (on-line / virtual training)	Weightlifting

Excluded Recreational Activities:

- Ballooning
- Bungee Jumping Para – Gliding
- Cliff Diving
- Survival and Assault Course activities
- Paint Ball Games

The personal accident policy provides cover for members under the age of 85 years of age (restricted cover for those aged between 70 and 85 years of age) providing they are participating in activity approved by the SASA.

This list is not exhaustive and if you intend on taking part in any activity which is outside the core activities covered then please call Scottish Swimming to check if the activity is covered under the policy.

Note 1 The policy DOES NOT offer travel insurance, this must be separately arranged.

Note 2 If any member of an affiliated club (who has been with the club for longer than 14 days and who attends the club on more than 2 occasions per annum) is not a member of Scottish Swimming then the insurance for the ENTIRE CLUB is void. This includes executive members, helpers, teachers and coaches.