



PARENTAL INVOLVEMENT FORM

CLUB POLICY DOCUMENT

Volunteers are the life blood of aquatics in Scotland. Unlike other sports/activities which your child/young person may participate in, swimming requires a heavy ratio of helpers to athletes – from coaching the children/young people to being a timekeeper at competitions. If the club is to continue to grow and provide the level of coaching, club activities and competition for our athletes, we need the continued involvement of new parents.

To keep the fees at a minimum the club relies heavily on volunteers. UOAPS **asks for at least one parent helper per new athlete** to volunteer within the club where at all possible. There are several areas within the club in which a parent can help, such as:

- Coach/poolside helper – no prior knowledge is required as you can start with a Squad and shadow the existing coach, this can also be supplemented by attending a coaching course in due course.
- Support by becoming a technical official.
- Committee member and fundraising roles available.
- Chaperone for travelling to competitions and training camps.

Please indicate which area you would be willing to help within the club and a committee member will be in touch with you shortly. If you have any questions about volunteering within the club, please contact uoacubsecretary@gmail.com in the first instance or speak to any committee members.

Areas requiring additional parental assistance	Indicate which areas you would be willing to support in
Coach/Poolside Helper	
Timekeeper/Judge	
Committee Member	
Fundraising	
Chaperone	
Help with the running of competitions	

Your Name:			
Contact Number:		Contact Email Address:	
What squad is your child in?			

Days/Times you would be available:	
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