



CLUB CONNECT

SQUAD POLICY & GUIDELINES

This document outlines the squad policies and guidelines of the Club Connect Squad. The coaching team meet regularly to review athlete progression. Coaches operate full discretion when implementing the Policy below. All decisions made will be communicated to athletes/parents as appropriate and within a suitable timeframe. Any queries regarding the content below may be directed to the coaching team.

AIM

Provide an introduction to the Performance Development environment designed to cater for athletes training at District and National Age Group level competitions. Creating a training environment that is focused upon developing athletes towards achievements at Junior and Youth level swimming.

OBJECTIVES

To develop swimmers to become independent, focused, and professional athletes focused on high level performance in swimming. To develop a training group which will act as a link between club level swimming and that of the performance development environment.

ENTRY CRITERIA

Consideration for selection is based on any of the following criteria:

- A school aged athlete at SASA North District Age Group Level standard
- A school aged athlete at or tracking for Scottish National age group level competition
- Athletes tracking for SASA North District Age Group level competition
- Athletes selected onto the Scottish Junior Academy Squad are eligible for automatic entry
- Para-athletes with/seeking a formal classification and tracking towards British Para International Meet qualification times
- Recommendation by a UOAPS partnership club coach considering: attendance, consistency, attitude, aptitude and performance

COMMITMENT CRITERIA

- Full commitment to training is required
- Full commitment to attending agreed key competitions each season within the home programme
- Being focused and prepared for all training sessions and competitions is essential
- 100% attendance at agreed swimming sessions is required (illness and injury or personal reasons for non-attendance will be considered on a case-by-case basis)
- Athletes should comply with all the relevant policies and procedures
- A "Team First" attitude is required
- The attitude of a CC swimmer must be consistent, respectful of the programme and the coaches, and athletes involved
- Respect and full support for the training programme is required by all athletes

DESELECTION CRITERIA

Consideration for deselection is based on any of the following criteria:

- Anticipated performance criteria and competition qualification detailed above not being met
- Non-compliance with the training programme set out by the PDS Coach or requirements detailed above
- Disciplinary issues may lead to an athlete exiting the PDS training programme; PDS Coach will make this decision where necessary, in line with disciplinary procedures

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