



STUDENT CONNECT SQUAD POLICY & GUIDELINES

This document outlines the squad policies and guidelines of the Student Connect Squad. The coaching team meet regularly to review athlete progression. Coaches operate full discretion when implementing the Policy below. All decisions made will be communicated to athletes/parents as appropriate and within a suitable timeframe. Any queries regarding the content below may be directed to the coaching team.

AIM

Provide a Performance environment designed to cater for swimming training focused at District & National level competition. Create a training environment focused upon progression towards high level achievements at Senior level swimming.

OBJECTIVES

To develop swimmers into independent, focused and professional athletes focused on performance in swimming. To develop a training group that focuses on periodisation training appropriate to District & National Level success.

ENTRY CRITERIA

Consideration for selection is based on any of the following criteria:

- A University or College student studying in Aberdeen who has competed at Scottish National Level, BUCS or equivalent within the last season
- Non-student athletes (aged 18+) who has competed at Scottish National Level or equivalent within the last season
- Para-athletes with a formal classification (aged 18+) who has competed at Scottish National Level or equivalent within the last season
- Any athlete (aged 18+) who has competed who has competed at SASA North District Level competition or is tracking towards Scottish National Level competitions will be considered
- Athletes selected onto Scottish Swimming Senior Academy Squad will be considered

COMMITMENT CRITERIA

- Full commitment to training is required
- Full commitment to attending agreed key competitions each season
- Being focused and prepared for all training sessions and competitions is essential
- 100% attendance at agreed swimming sessions is required (illness and injury or personal reasons for non-attendance will be considered on a case-by-case basis)
- Proper and appropriate swimming attire will be worn during all club activities. No poolside changing will be permitted
- Athletes should comply with all the relevant policies and procedures
- Full season commitment is required; training from September right through to the summer "key meets" at the end of each season
- A "Team First" attitude is required and role model behaviour for the younger swimmers in the sport
- The attitude of an SC swimmer must be consistent, respectful of the programme and the coaches, and athletes involved
- Respect and full support for the training programme is required by all athletes
- Any queries regarding disqualifications at meets should be directed to the referees via the coach or alternate and not to the individual judges. Respect should be shown at all times



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DESELECTION CRITERIA

Consideration for deselection is based on any of the following criteria:

- Anticipated performance criteria and competition qualification detailed above not being met
- Non-compliance with the training programme set out by the SC Coaches or requirements detailed above
- If non-compliance is not in line with the Student Connect criteria, then a request to move to a UOA Member Club training environment can be made
- Disciplinary issues may lead to an athlete exiting the SC training programme; SC Coaches will make this decision where necessary, in line with disciplinary procedures

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