

	Academy	Junior Development	County	Regional	National Age	National Youth	Masters	Club 1	Club 2	Club 3	Notes/alternative sessions
Spring Timetable in operation from 4 <sup>th</sup> January.											
Sunday 4 <sup>th</sup> January					+ UoB 07.00 – 08.30 i Wyndley 14.00 – 15.30	+ UoB 07.00 – 08.30					<b>Long Course Training:</b> Additional long course training sessions will be held on Sunday 4 <sup>th</sup> January and Saturday 10 <sup>th</sup> January. Advance booking is essential. On Sunday 4 <sup>th</sup> January the normal Wyndley session will continue as normal. On Saturday 10 <sup>th</sup> January National Age and Youth are able to join the CV session.
10 <sup>th</sup> January	i CV 08.30 – 09.30 + Alan Higgs 11.30 – 13.00	i CV 08.30 – 09.30 + Alan Higgs 11.30 – 13.00		+ Alan Higgs 10.00 – 11.30	i CV 08.30 – 09.30 + Alan Higgs 10.00 – 11.30	i CV 08.30 – 09.30 + Alan Higgs 10.00 – 11.30					
23 <sup>rd</sup> January				i CV 19.00- 20.30		i CV 19.00- 20.30	i Wyndley 20.00- 21.30				<b>Warwickshire County Championships:</b> Anybody swimming Saturday morning at County Championships shouldn't train on the Friday/Saturday. Anyone swimming Saturday afternoon can train on Friday night (please note for Weekend 1 the SnowDome session is cancelled but swimmers are able to train at either CV or Wyndley).
24 <sup>th</sup> January	i CV 08.30 – 09.30	i CV 08.30 – 09.30		i CV 08.30 – 09.30	i CV 08.30 – 09.30						Anyone swimming just Sunday in National Youth/Junior Development can continue to train Friday night, and anyone in National Age/National Youth may also train on Saturday morning (moved to CV).
25 <sup>th</sup> January	i Wyndley 15.30- 17.00	i Wyndley 15.30- 17.00		i Wyndley 15.30- 17.00							On Sunday the National Age and Academy sessions are combined with other sessions at 3.30pm. Otherwise, if anyone is not swimming at County Championships then they can train as normal all weekend.
6 <sup>th</sup> February				i SnowDome 19.00 - 21.30		i SnowDome 19.00 - 21.30	i SnowDome 19.00 - 21.30				
7 <sup>th</sup> February	i CV 08.30 – 09.30	i CV 08.30 – 09.30		i CV 08.30 – 09.30	i CV 08.30 – 09.30						
8 <sup>th</sup> February	i Wyndley	i Wyndley		i Wyndley							

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	15.30-17.00	15.30-17.00			15.30-17.00						
20 <sup>th</sup> February				i SnowDome 19.00 - 21.30	+	i SnowDome 19.00 - 21.30	i SnowDome 19.00 - 21.30	i SnowDome 19.00 - 21.30			<b>Junior Invitational Meet:</b> All sessions at Wyndley are cancelled on the Sunday. National Age swimmers may join the SnowDome session on the Friday (subject to availability).
22 <sup>nd</sup> February	🚫 Wyndley 14.00-15.30	🚫 Wyndley 15.30-17.00	🚫 Wyndley 15.30-17.00		🚫 Wyndley 14.00-15.30			🚫 Wyndley 15.30-16.30			
6 <sup>th</sup> March				i CV 19.00- 20.30		🚫 SnowDome 19.00 - 21.30	i Wyndley 20.00- 21.30				<b>NOVA L1:</b> Anybody not swimming at NOVA should train as normal. Regional and Masters swimmers are relocated to CV/Wyndley on Friday evening. On Saturday morning any National Age or National Youth swimmers not at NOVA may go to CV from 07.30 to 09.30. JD/Academy continue at CV from 08.30-09.30.
7 <sup>th</sup> March	i CV 08.30-09.30	i CV 08.30-09.30			i CV 07.30-09.30	i CV 07.30-09.30					
8 <sup>th</sup> March					i Wyndley 14.00- 15.30						
20 <sup>th</sup> March				i SnowDome 19.00 - 21.30		i SnowDome 19.00 - 21.30	i SnowDome 19.00 - 21.30				<b>Sandwell L3 (Target) &amp; Junior League:</b> Friday night and Sunday afternoon for anybody not at Sandwell L3 will continue as normal. Saturday morning session will be moved to CV from 07.30-09.30 for National Age/National Youth swimmers not at Sandwell L3.
21 <sup>st</sup> March	i CV 08.30-09.30	i CV 08.30-09.30			i CV 07.30-09.30	i CV 07.30-09.30					
22 <sup>nd</sup> March		i Wyndley 15.30- 17.00			i Wyndley 14.00- 15.30						
3 <sup>rd</sup> April		+		+	+	+	+	🚫 SnowDome 19.00 - 21.30			<b>Easter Bank Holiday:</b> All sessions are cancelled over the bank holiday weekend. Additional sessions are planned for regional qualifiers only on the 3 <sup>rd</sup> and 4 <sup>th</sup> April.

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				19.00 – 21.30		19.00 – 21.30					
4 <sup>th</sup> April	🚫 CV 08.30 – 09.30	➕ CV 08.00 – 10.00		➕ CV 08.00 – 10.00	➕ CV 08.00 – 10.00	➕ CV 08.00 – 10.00					
5 <sup>th</sup> April	🚫 Wyndley 14.00- 15.30	🚫 Wyndley 15.30- 17.00	🚫 Wyndley 15.30- 17.00		🚫 Wyndley 14.00- 15.30			🚫 Wyndley 15.30- 16.30			
6 <sup>th</sup> April	🚫 Erdington 19.00- 19.45	🚫 CV 17.00- 19.30	🚫 Erdington 19.45- 20.45	🚫 Erdington 19.30- 22.00	🚫 CV 18.30- 21.30	🚫 CV 18.30- 21.30	🚫 Erdington 20.45- 22.00	🚫 Erdington 19.00- 19.45	🚫 Erdington 19.45- 20.45	🚫 Erdington 19.45- 20.45	
9 <sup>th</sup> April				ℹ️ SnowDome 19.00 - 21.30		ℹ️ SnowDome 19.00 - 21.30	ℹ️ SnowDome 19.00 - 21.30				<b>Sandwell L1 (Target):</b> For anybody targetting Sandwell L1, there is no swimming over this weekend. For all other swimmers sessions continue as normal.
10 <sup>th</sup> April	ℹ️ CV 08.30- 09.30	ℹ️ CV 08.30- 09.30			ℹ️ CV 07.30- 09.30	ℹ️ CV 07.30- 09.30					
11 <sup>th</sup> April		ℹ️ Wyndley 15.30- 17.00			ℹ️ Wyndley 14.00- 15.30						